

CURRICULUM VITAE

BIOGRAPHICAL

Name: Tina R. Goldstein, Ph.D.

Business Address: Western Psychiatric Hospital
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EDUCATION AND TRAINING

UNDERGRADUATE:

1991-1995 Washington University, St. Louis, MO B.A., 1995 Psychology

GRADUATE:

1998-2000 University of Colorado, Boulder, CO M.A., 2000 Clinical Psychology
Advisor: David Miklowitz, Ph.D.

2000-2003 University of Colorado, Boulder, CO Ph.D., 2003 Clinical Psychology
Advisor: David Miklowitz, Ph.D.

2002-2003 University of Pittsburgh School of Medicine Pre-Doctoral Clinical Psychology
Western Psychiatric Institute and Clinic Internship
Pittsburgh, PA

POSTGRADUATE:

2003-2006 University of Pittsburgh School of Medicine NIMH T32 Post-Doctoral Fellow
Western Psychiatric Institute and Clinic Pediatric Mood Disorders
Pittsburgh, PA Mentors: David Brent, M.D.
Boris Birmaher, M.D.

APPOINTMENTS AND POSITIONS

ACADEMIC:

Sept 2006-Jun 2012 University of Pittsburgh School of Medicine Assistant Professor
Western Psychiatric Institute and Clinic
Pittsburgh, PA

Jul 2012-present University of Pittsburgh School of Medicine Associate Professor
Western Psychiatric Institute and Clinic
Pittsburgh, PA

Jan 2014-present University of Pittsburgh School of Medicine Director of Psychotherapy,
Western Psychiatric Institute and Clinic Pediatric Mood Disorders
Pittsburgh, PA

Jun 2014-present University of Pittsburgh School of Medicine Co-Director,
Western Psychiatric Institute and Clinic Predoctoral Psychology Internship
Pittsburgh, PA Training Program

Jan 2015-present University of Pittsburgh School of Medicine Co-Director,
Western Psychiatric Institute and Clinic Child and Adolescent Bipolar Spectrum
Pittsburgh, PA Services (CABS) Clinic

May 2017-present	University of Pittsburgh School of Medicine Western Psychiatric Institute and Clinic Pittsburgh, PA	Co-Director, Services for Teens at Risk (STAR) Center
Feb 2018-present	University of Pittsburgh Department of Psychology (Joint) Pittsburgh, PA	Associate Professor

CERTIFICATION AND LICENSURE

PROFESSIONAL LICENSURE:

Licensed Psychologist Commonwealth of Pennsylvania	2005-present
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MEMBERSHIP in PROFESSIONAL AND SCIENTIFIC SOCIETIES

American Psychological Association Division 53, Society of Clinical Child and Adolescent Psychology	2000-present
Association for Behavioral and Cognitive Therapies	2001-present
American Foundation for Suicide Prevention	2004-present
International Society for the Improvement and Teaching of Dialectical Behavior Therapy	2004-present
Pennsylvania Psychological Association	2005-present
International Society for Research in Child and Adolescent Psychopathology	2010
International Society for Bipolar Disorder	2011-present
Society for a Science of Clinical Psychology	2015-present

HONORS

Graduate School Fellowship, University of Colorado	1998-2002
Dissertation Award, University of Colorado Graduate School	2001
Dean's Student Grant Award, University of Colorado Graduate School	2001
Dissertation Grant Award, American Psychological Association	2001
Career Development Institute (CDI) for Bipolar Disorder	2007
New Clinical Drug Evaluation Unit (NCDEU) New Investigator Award	2008
Mental Health Research Award, Mental Health America Allegheny County	2012
Klerman Young Investigator Award, The Depression and Bipolar Support Alliance	2012
Presidential Early Career Award for Scientists and Engineers	2016
Emerging Mentor Award, University of Pittsburgh Medical Center	2017
Postdoctoral Mentor Award, University of Pittsburgh Postdoctoral Association	2018

PUBLICATIONS

Peer Reviewed Articles

1. **Goldstein TR**, Frye MA, Denicoff KD, Smith-Jackson E, Leverich GS, Bryan AL, Ali SO, Post RM. Antidepressant discontinuation-related mania: Critical prospective observation and theoretical implications in bipolar disorder. *J Clin Psychiatry*. 1999 Aug;60(8):563-567. PMID: 10485646
2. **Goldstein TR**, Miklowitz DJ, Richards JA. Expressed emotion attitudes and individual psychopathology among relatives of bipolar patients. *Fam Process*. 2002 Winter;41(4):647-657. PMID: 12613122
3. **Goldstein TR**, Birmaher B, Axelson D, Ryan ND, Keller M, Strober MA, Gill MK, Valeri S, Chiappetta L, Leonard H, Hunt J, Bridge JA, Brent DA, Keller M. History of suicide attempts in pediatric bipolar disorder: Factors associated with increased risk. *Bipolar Disord*. 2005 Dec;7(6):525-535. PMID: 16403178
4. Bridge JA, **Goldstein TR**, Brent DA. Adolescent suicide and suicidal behavior. *J Child Psychol Psychiatry*. 2006 Mar-Apr;47(3-4):372-394. PMID: 16492264
5. **Goldstein TR**, Miklowitz DJ, Mullen KL. Social skills knowledge and performance among adolescents with bipolar disorder. *Bipolar Disord*. 2006 Aug;8(4):350-361. PMID: 16879136
6. **Goldstein TR**, Axelson DA, Birmaher B, Brent DA. Dialectical behavior therapy for adolescents with bipolar disorder: A 1-year open trial. *J Am Acad Child Adolesc Psychiatry*. 2007 Jul;46(7):820-830. PMID: 17581446
7. **Goldstein TR**, Bridge JA, Brent DA. Sleep disturbance preceding completed suicide in adolescents. *J Consult Clin Psychol*. 2008 Feb;76(1):84-91. PMID: 18229986
8. Goldstein BI, Strober MA, Birmaher B, Axelson DA, Esposito-Smythers C, **Goldstein TR**, Leonard H, Hunt J, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Substance use disorders among adolescents with bipolar spectrum disorders. *Bipolar Disord*. 2008 Jun;10(4):469-478. PMID: 18452443
9. Goldstein BI, Birmaher B, Axelson DA, **Goldstein TR**, Esposito-Smythers C, Strober MA, Hunt J, Leonard H, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Significance of cigarette smoking among youths with bipolar disorder. *Am J Addict*. 2008 Sep-Oct;17(5):364-371. PMID: 18770078
10. Goldstein BI, Birmaher B, Axelson DA, **Goldstein TR**, Esposito-Smythers C, Strober MA, Hunt J, Leonard H, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Preliminary findings regarding overweight and obesity in pediatric bipolar disorder. *J Clin Psychiatry*. 2008 Dec;69(12):1953-1959. PMID: 19026266
11. Romero S, Birmaher B, Axelson D, **Goldstein TR**, Goldstein BI, Gill MK, Iosif AM, Strober MA, Hunt J, Esposito-Smythers C, Ryan ND, Leonard H, Keller M. Prevalence and correlates of physical and sexual abuse in children and adolescents with bipolar disorder. *J Affect Disord*. 2009 Jan;112(1-3):144-150. PMID: 18538857
12. Diler RS, Birmaher B, Axelson D, Goldstein B, Gill M, Strober M, Kolko DJ, **Goldstein TR**, Hunt J, Yang M, Ryan ND, Iyengar S, Dahl RE, Dorn LD, Keller MB. The Child Behavior Checklist (CBCL) and the CBCL-bipolar phenotype are not useful in diagnosing pediatric bipolar disorder. *J Child Adolesc Psychopharmacol*. 2009 Feb;19(1):23-30. PMID: 19232020
13. Birmaher B, Axelson D, Strober M, Gill MK, Yang M, Ryan N, Goldstein B, Hunt J, Esposito-Smythers C, Iyengar S, **Goldstein TR**, Chiappetta L, Keller M, Leonard H. Comparison of manic and depressive symptoms between children and adolescents with bipolar spectrum disorders. *Bipolar Disord*. 2009 Feb;11(1):52-62. PMID: 19133966
14. **Goldstein TR**, Birmaher B, Axelson D, Goldstein BI, Gill MK, Esposito-Smythers C, Ryan ND, Strober MA, Hunt J, Keller M. Psychosocial functioning among bipolar youth. *J Affect Disord*. 2009 Apr;114(1-3):174-183. PMID: 18715651
15. **Goldstein TR**. Suicidality in pediatric bipolar disorder. *Child Adolesc Psychiatr Clin N Am*. 2009 Apr;18(2):339-352. PMID: 19264267
16. Fagiolini A, Frank E, Axelson DA, Birmaher B, Cheng Y, Curet DE, Friedman ES, Gildengers AG, **Goldstein TR**, Grochocinski VJ, Houck PR, Stofko MG, Thase ME, Thompson WK, Turkin SR, Kupfer DJ. Enhancing outcomes in patients with bipolar disorder: Results from the Bipolar Disorder Center for Pennsylvanians study. *Bipolar Disord*. 2009 Jun;11(4):382-390. PMID: 19500091

17. Birmaher B, Axelson D, Goldstein B, Strober M, Gill MK, Hunt J, Houck P, Ha W, Iyengar S, Kim E, Yen S, Esposito-Smythers C, **Goldstein TR**, Ryan N, Keller M. Four-year longitudinal course of children and adolescents with bipolar spectrum disorder: The Course and Outcome of Bipolar Youth (COBY) study. *Am J Psychiatry*. 2009 Jul;166(7):795-804. PMID: 19448190
18. Hunt J, Birmaher B, Leonard H, Strober M, Axelson D, Ryan N, Yang M, Gill M, Dyl J, Esposito-Smythers C, Swenson L, Goldstein B, **Goldstein TR**, Stout, R, Keller M. Irritability without elation in a large bipolar youth sample: frequency and clinical description. *J Am Acad Child Adolesc Psychiatry*. 2009 Jul;48(7):730-739. PMID: 19465878
19. **Goldstein TR**, Birmaher B, Axelson D, Goldstein BI, Gill MK, Esposito-Smythers C, Ryan ND, Strober MA, Hunt J, Keller M. Family environment and suicidal ideation among bipolar youth. *Arch Suicide Res*. 2009;13(4):378-388. PMID: 19813115
20. Brent DA, Greenhill LL, Compton S, Emslie G, Wells K, Walkup JT, Vitiello B, Bukstein O, Stanley B, Posner K, Kennard BD, Cwik MF, Wagner A, Coffey B, March JS, Riddle M, **Goldstein TR**, Curry J, Barnett S, Capasso L, Zelazny J, Hughes J, Shen S, Gugga SS, Turner JB. The treatment of adolescent suicide attempters study (TASA): Predictors of suicidal events in an open treatment trial. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):987-996. PMID: 19730274
21. Vitiello B, Brent D, Greenhill LL, Emslie G, Wells K, Walkup JT, Stanley B, Bukstein O, Kennard BD, Compton S, Coffey B, Cwik MF, Posner K, Wagner A, March JS, Riddle M, **Goldstein TR**, Curry J, Capasso L, Mayes T, Shen S, Gugga SS, Turner BJ, Barnett S, Zelazny J. Depressive symptoms and clinical status during the treatment of adolescent suicide attempters study. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):997-1004. PMID: 20854770
22. Stanley B, Brown G, Brent DA, Wells K, Poling K, Curry J, Kennard BD, Wagner A, Cwik MF, Klomek AB, **Goldstein TR**, Vitiello B, Barnett S, Daniel S, Hughes J. Cognitive-behavioral therapy for suicide prevention (CBT-SP): Treatment model, feasibility and acceptability. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):1005-1013. PMID: 19730273
23. Romero S, Birmaher B, Axelson DA, Iosif AM, Williamson DE, Gill MK, Goldstein BI, Strober MA, Hunt J, **Goldstein TR**, Esposito-Smythers C, Iyengar S, Ryan ND, Keller M. Negative life events in children and adolescents with bipolar disorder. *J Clin Psychiatry*. 2009 Oct;70(10):1452-1460. PMID: 19906349
24. Esposito-Smythers C, **Goldstein TR**, Birmaher B, Goldstein B, Hunt J, Ryan N, Axelson D, Strober M, Gill MK, Hanley A, Keller M. Clinical and psychosocial correlates of non-suicidal self-injury within a sample of children and adolescents with bipolar disorder. *J Affect Disord*. 2010 Sep;125(1-3):89-97. PMID: 20089313
25. Sala R, Axelson DA, Castro-Fornieles J, **Goldstein TR**, Ha W, Liao F, Gill MK, Iyengar S, Strober MA, Goldstein BI, Yen S, Hower H, Hunt J, Ryan ND, Dickstein D, Keller MB, Birmaher B. Comorbid anxiety in children and adolescents with bipolar spectrum disorders: Prevalence and clinical correlates. *J Clin Psychiatry*. 2010 Oct;71(10):1344-1350. PMID: 20868643
26. Woldu H, Porta G, **Goldstein TR**, Sakolsky D, Perel J, Emslie G, Mayes T, Clarke G, Ryan ND, Birmaher B, Wagner K, Asarnow J, Keller M, Brent, DA. Pharmacokinetically and clinician-determined adherence to an antidepressant regimen and clinical outcome in the Treatment of SSRI-Resistant Depression in Adolescents (TORDIA) clinical trial. *J Am Acad Child Adolesc Psychiatry*. 2011 May;50(5):490-498. PMID: 21515198
27. **Goldstein TR**, Goldstein BI, Mantz MB, Bailey B, Douaihy A. A brief motivational intervention for preventing medication-associated weight gain among youth with bipolar disorder: Treatment development and case report. *J Child Adolesc Psychopharmacol*. 2011 Jun;21(3):275-280. PMID: 21663430
28. **Goldstein TR**, Obreja M, Shamseddeen W, Iyengar S, Axelson DA, Goldstein BI, Monk K, Hickey MB, Sakolsky D, Kupfer DJ, Brent DA, Birmaher B. Risk for suicidal ideation among the offspring of bipolar parents: Results from the Bipolar Offspring Study (BIOS). *Arch Suicide Res*. 2011 Jul;15(3):207-222. PMID: 21827311
29. Axelson DA, Birmaher B, Findling R, Fristad M, Kowatch R, Youngstrom E, Arnold L, Goldstein BI, **Goldstein TR**, Chang K, DelBello M, Ryan ND, Diler R. Concerns regarding the inclusion of Temper Dysregulation Disorder with Dysphoria in the DSM-5. *J Clin Psychiatry*. 2011 Sept;72(9):1257-1262. PMID: 21672494
30. Bella T, **Goldstein TR**, Obreja E, Monk K, Axelson D, Goldstein B, Hickey M, Brent D, Kupfer D, Sakolsky D, Birmaher B. Psychosocial functioning in offspring of parents with bipolar disorder. *J Affect Disord*. 2011 Sept;133(1-2):204-211. PMID: 21463899

31. Axelson DA, Birmaher B, Strober MA, Goldstein BI, Ha W, Gill MK, **Goldstein TR**, Yen S, Hower H, Hunt J, Liao F, Iyengar S, Dickstein D, Kim E, Ryan ND, Frankel E, Keller MB. Course of subthreshold bipolar disorder in youth: diagnostic progression from bipolar disorder not otherwise specified. *J Am Acad Child Adolesc Psychiatry*. 2011 Oct;50(10):1001-1016. PMID: 21961775
32. Diler RS, Birmaher B, Axelson DA, Obreja M, Monk K, Hickey MB, Goldstein BI, **Goldstein TR**, Sakolsky D, Iyengar S, Brent D, Kupfer D. Dimensional psychopathology in offspring of parents with bipolar disorder. *Bipolar Disord*. 2011 Nov-Dec;13(7-8):670-678. PMID: 22085480
33. Sala R, Axelson DA, Castro-Fornieles J, **Goldstein TR**, Goldstein BI, Ha W, Liao F, Gill MK, Iyengar S, Strober M, Yen S, Hower H, Hunt J, Dickstein D, Ryan N, Keller M, Birmaher B. Factors associated with the persistence and the onset of new anxiety disorders in youth with bipolar spectrum disorders. *J Clin Psychiatry*. 2012 Jan;73(1):87-94. PMID: 22226375
34. Ballester J, **Goldstein TR**, Goldstein BI, Obreja E, Axelson DA, Monk K, Hickey MB, Iyengar S, Farchione T, Kupfer DJ, Brent D, Birmaher B. Is bipolar disorder specifically associated with aggression? *Bipolar Disord*. 2012 May;14:283-290. PMID: 2254890
35. **Goldstein TR**, Ha W, Axelson DA, Goldstein BI, Liao F, Gill MK, Ryan ND, Yen S, Hunt J, Hower H, Keller M, Strober M, Birmaher B. Predictors of prospectively observed suicide attempts among youth with bipolar disorder. *Arch Gen Psychiatry*. 2012 Nov;69(11):1113-1122. PMID: 22752079
36. Hunt J, Case B, Birmaher B, Stout R, Dickstein D, Yen S, **Goldstein TR**, Goldstein B, Axelson DA, Hower H, Strober M, Ryan N, Swenson L, Topor D, Gill MK, Weinstock L, Keller M. Irritability and elation in a large bipolar youth sample: Relative symptom severity and clinical outcomes over four years. *J Clin Psychiatry*. 2013 Jan;74(1):e110-e117. PMID: 23419232
37. Topor D, Swenson L, Hunt J, Birmaher B, Strober M, Yen S, Hoepfner B, Case B, Hower H, Weinstock L, Ryan N, Goldstein B, **Goldstein TR**, Gill MK, Axelson D, Keller M. Manic symptoms in youth with bipolar disorder: Factor analysis by age of symptom onset and current age. *J Affect Disord*. 2013 Mar;145(3):409-412. PMID: 23021377
38. Birmaher B, Goldstein BI, Axelson DA, Monk K, Hickey MB, Fan J, Iyengar S, Ha W, Diler RS, **Goldstein TR**, Brent D, Ladoceur C, Sakolsky D, Kupfer DJ. Mood lability among offspring of parents with bipolar disorder and community controls. *Bipolar Disord*. 2013 May;15(3):253-263. PMID: 23551755
39. Goldstein BI, Strober M, Axelson D, **Goldstein TR**, Gill MK, Hower H, Dickstein D, Hunt J, Yen S, Kim E, Ha W, Liao F, Fan J, Iyengar S, Ryan ND, Keller MB, Birmaher B. Predictors of first-onset substance use disorders during the prospective course of bipolar spectrum disorders in adolescence. *J Am Acad Child Adolesc Psychiatry*. 2013 Oct;52(10):1026-1037. PMID: 24074469
40. Hower H, Case B, Hoepfner B, Yen S, **Goldstein TR**, Goldstein B, Birmaher B, Weinstock W, Topor D, Hunt J, Strober M, Ryan N, Axelson D, Gill MK, Keller MB. Use of mental health services in transition age youth with bipolar disorder. *J Psychiatr Pract*. 2013 Nov;19(6):464-476. PMID: 24241500
41. Brent DA, McMakin DL, Kennard B, **Goldstein TR**, Mayes T, Douaihy A. Protecting adolescents from self-harm: A critical review of intervention studies. *J Am Acad Child Adolesc Psychiatry*. 2013 Dec;52(12):1260-1271. PMID: 24290459
42. Sala R, Strober MA, Axelson DA, Gill MK, Castro-Fornieles J, **Goldstein TR**, Goldstein BI, Ha W, Liao F, Iyengar S, Yen S, Hower H, Hunt J, Dickstein D, Ryan ND, Keller M, Birmaher B. Effects of comorbid anxiety disorders on the longitudinal course of pediatric bipolar disorders. *J Am Acad Child Adolesc Psychiatry*. 2014 Jan;53(1):72-81. PMID: 24342387
43. Maoz H, **Goldstein TR**, Axelson DA, Goldstein BI, Fan J, Hickey MB, Monk K, Sakolsky D, Diler R, Brent DA, Iyengar S, Kupfer DJ, Birmaher B. Dimensional psychopathology in preschool offspring of parents with bipolar disorder. *J Child Psychol Psychiatry*. 2014 Feb;55(2):144-153. PMID: 24372351
44. **Goldstein TR**, Fersch-Podrat RK, Axelson DA, Gilbert A, Hlastala S, Birmaher B, Frank E. Early Intervention for adolescents at high risk for the development of bipolar disorder: Pilot study of Interpersonal and Social Rhythm Therapy (IPSRT). *Psychotherapy*. 2014 Mar;51(1):180-18. PMID: 24377402
45. Sparks G, Axelson D, Yu H, Ha W, Ballester J, Diler R, Goldstein B, **Goldstein TR**, Hickey M, Ladoceur C, Monk K, Sakolsky D, Birmaher B. Disruptive mood dysregulation disorder and chronic irritability in youth at familial risk for bipolar disorder. *J Am Acad Child Adolesc Psychiatry*. 2014 Apr;53(4):408-416. PMID: 24655650

46. Ballester J, Goldstein B, **Goldstein TR**, Yu H, Axelson D, Monk K, Hickey MB, Diler RS, Sakolsky DJ, Sparks G, Iyengar S, Kupfer DJ, Brent DA, Birmaher B. Prospective longitudinal course of aggression among adults with bipolar disorder. *Bipolar Disord*. 2014 May;16(3):262-269. PMID: 24372913
47. Goldstein BI, **Goldstein TR**, Collinger KA, Axelson DA, Bukstein OG, Birmaher B, Miklowitz DJ. Treatment development and feasibility study of Family-Focused Treatment for adolescents with bipolar disorder and comorbid substance use disorders. *J Psychiatric Pract*. 2014 May;20(3):237-248. PMID: 24847999
48. Boudebesse C, Etain B, **Goldstein TR**, Milhiet V, Germain A, Henry C, Kupfer DJ, Leboyer M. Sleep and circadian profiles of bipolar disorder: From chronobiology to novel therapeutic strategies. *Curr Psychiatry Rev*. Aug 2014;10(3):235-247. PMID: -
49. Birmaher B, Gill MK, Axelson DA, Goldstein BI, **Goldstein TR**, Yu H, Liao F, Iyengar S, Diler RS, Strober M, Hower H, Yen S, Hunt J, Merranko JA, Ryan ND, Keller MB. Longitudinal trajectories and associated baseline predictors in youths with bipolar spectrum disorders. *Am J Psychiatry*. 2014 Sept;171(9):990-999. PMID: 24874203
50. Maoz H, **Goldstein TR**, Goldstein BI, Axelson DA, Fan J, Hickey M, Monk K, Sakolsky D, Diler R, Brent DA, Kupfer DJ, Birmaher B. The effects of parental mood on reports of their children's psychopathology. *J Am Acad Child Adolesc Psychiatry*. 2014 Oct;53(10):1111-1122. PMID: 2524355
51. Frank E, Benadou M, Bentzley B, Bianchi M, **Goldstein TR**, Konopka G, Maywood L, Pritchett D, Sheaves B, Thomas J. Influencing circadian and sleep/wake regulation for prevention and intervention in mood and anxiety disorders: what makes a good homeostat? *Annals NY Acad Sci*. 2014 Dec;1334:1-25. PMID: 25532787
52. Schaffer A, Isometsa E, Tondo L, Moreno D, Turecki G, Reis C, Cassidy F, Sinyor M, Azorin J, Kessing L, Ha K, **Goldstein TR**, Weizman A, Beutrais A, Chou Y, Diazgranados N, Levitt A, Phillips M, Zarate C, Rihmer Z, Yatham L. International Society for Bipolar Disorders task force on suicide: Meta-analyses and meta-regression of correlates of suicide attempts and suicide deaths in bipolar disorder. *Bipolar Disord*. 2015 Feb;17(1):1-16. PMID: 25329791
53. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Merranko J, Yu H, , Brent DA, Birmaher B. Dialectical Behavior Therapy (DBT) for Adolescents with Bipolar Disorder: Results from a Pilot Randomized Trial. *J Child Adol Psychopharmacol*. 2015 Mar;25(2):140-149. PMID: 25010702
54. Siegel R, Hoepfner B, Yen S, Stout RL, Weinstock LM, Hower H, Birmaher B, **Goldstein TR**, Goldstein BI, Hunt JI, Strober M, Axelson DA, Gill MK, Keller MB. Longitudinal associations between interpersonal relationship functioning and mood episode severity in youth with bipolar disorder. *J Nerv Ment Dis*. 2015 Mar;203(3):194-204. PMID: 25668652
55. Kim J, Yu H, Ryan ND, Axelson DA, Goldstein BI, **Goldstein TR**, Diler RS, Monk K, Hickey MB, Sakolsky D, Birmaher B. Longitudinal trajectories of ADHD symptomatology in offspring of parents with bipolar disorder and community controls. *J Clin Psychiatry*. 2015 May;76(5):599-606. PMID: 26035189
56. Seleem M, Merranko J, **Goldstein TR**, Goldstein BI, Axelson DA, Brent DA, Nimgaonkar VL, Diler RS, Sakolsky D, Kupfer DJ, Birmaher B. The longitudinal course of sleep timing and circadian preferences in adults with bipolar disorder. *Bipolar Disord*. 2015 Jun;17(4) :392-402. PMID: 25524085
57. Axelson DA, Goldstein BI, **Goldstein TR**, Monk K, Yu H, Hickey MB, Sakolsky D, Diler R, Hafeman D, Merranko J, Iyengar S, Brent D, Kupfer D, Birmaher B. Diagnostic precursors to bipolar disorder in offspring of parents with bipolar disorder: A longitudinal study. *Am J Psychiatry*. 2015 Jul;172(7):638-646. PMID: 25734353
58. Schaffer A, Isometsa E, Tondo L, Moreno D, Sinyor M, Kessing L, Turecki G, Weizman A, Azorin J, Ha K, Reis C, Cassidy F, **Goldstein TR**, Rihmer Z, Beutrais A, Chou Y, Diazgranados N, Levitt A, Zarate C, Yatham L. Epidemiology, neurobiology and pharmacological interventions related to suicide deaths and suicide attempts in bipolar disorder: Part I of a report of the International Society for Bipolar Disorders Task Force on Suicide in Bipolar Disorder. *Aust N Z J Psychiatry*. 2015 Sept;49(9):785-802. PMID: 26185269
59. Manelis A, Ladouceur C, Graur S, Monk K, Bonar L, Hickey MB, Dwojak A, Axelson D, Goldstein B, **Goldstein TR**, Bebko G, Bertocci M, Hafeman D, Gill MK, Birmaher B, Phillips ML. Altered amygdala-prefrontal response to facial emotion in offspring of parents with bipolar disorder. *Brain*. 2015 Sept;138(9):2777-2790. PMID: 26112339
60. Yen S, Frazier E, Hower H, Weinstock LM, Topor DR, Hunt J, **Goldstein TR**, Goldstein BI, Gill MK, Ryan ND, Strober M, Birmaher B, Keller M. Borderline personality disorder in transition age youth with bipolar disorder. *Acta Psychiatr Scand*. 2015 Oct;132(4):270-280. PMID: 25865120

61. Kennard B, Biernesser C, Wolfe K, Foxwell A, Lee S, Rial K, Patel S, Cheng C, **Goldstein TR**, McMakin D, Blastos B, Douaihy A, Zelazny J, Brent DA. Developing a brief suicide prevention intervention and mobile phone application: A qualitative report. *Journal of Technology in Human Services*. 2015 Oct;33(4):343-357. PMID: 26977137
62. Goldstein BI, Lotrich F, Axelson DA, Gill MK, Hower H, **Goldstein TR**, Fan J, Yen S, Diler RS, Dickstein D, Strober MA, Iyengar S, Ryan ND, Keller MB, Birmaher B. Inflammatory markers among adolescents and young adults with bipolar spectrum disorders. *J Clin Psychiatry*. 2015 Nov;76(11):1556-1563. PMID: 26646032
63. Schaffer A, Isometsa E, Azorin J, Cassidy F, **Goldstein TR**, Sinyor M, Tondo L, Moreno D, Turecki G, Reis C, Kessing L, Ha K, Weizman A, Beautrais A, Chou Y, Diazgranados N, Levitt A, Zarate C, Yatham L. A review of factors associated with greater likelihood of suicide attempts and suicide deaths in bipolar disorder: Part II of a report of the International Society for Bipolar Disorders Task Force on Suicide in Bipolar Disorder. *Aust N Z J Psychiatry*. 2015 Nov;49(11):1006-1020. PMID: 26175498
64. Levenson J, Axelson D, Merranko J, Angulo M, **Goldstein TR**, Goldstein B, Brent DA, Diler R, Hickey MB, Monk K, Sakolsky D, Birmaher B. Differences in sleep disturbances among offspring of parents with and without bipolar disorder: Association with conversion to bipolar disorder. *Bipolar Disord*. 2015 Dec;17(8):836-848. PMID: 26547512
65. Manelis A, Ladouceur CD, Graur S, Monk K, Bonar LK., Hickey MB, Dwojak AC, Axelson D, Goldstein BI, **Goldstein TR**, Bebko G, Bertocci MA, Hafeman DM, Gill MK, Birmaher B, Phillips ML. Altered functioning of reward circuitry in youth offspring of parents with bipolar disorder. *Psychol Med*. 2016 Jan;46(1):197-208. PMID: 26373895
66. Yen S, Killam M, Stout R, Weinstock L, Topor D, Dickstein D, Hunt J, Gill MK, **Goldstein TR**, Goldstein B, Ryan M, Strober M, Sala R, Birmaher B, and Keller M. The influence of comorbid disorders on the episodicity of bipolar disorder in youth. *Acta Psychiatr Scand*. 2016 Apr;133(4):324-334. PMID: 26475572
67. Dickstein D, Axelson D, Weissman AB, Yen S, Hunt J, Goldstein BI, **Goldstein TR**, Liao F, Gill MK, Hower H, Frazier T, Diler RS, Youngstrom EA, Fristad MA, Arnold LE, Findling RL, Horwitz SM, Kowatch RA, Ryan ND, Strober M, Birmaher B, Keller MB. Cognitive flexibility and performance in children and adolescents with threshold and sub-threshold bipolar disorder. *Eur Child Adolesc Psychiatry*. 2016 Jun;25(6). PMID: 26438382
68. Hafeman D, Merranko J, Axelson D, Goldstein B, **Goldstein TR**, Monk K, Hickey MB, Sakolsky D, Diler R, Iyengar S, Brent D, Kupfer D, Birmaher B. Toward the definition of a bipolar prodrome: Dimensional predictors of bipolar spectrum disorder in at-risk youth. *Am J Psychiatry*. 2016 Jul;173(7). PMID: 26892940
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102. **Goldstein TR**, Franzen PL. Sleep difficulties and suicidality in youth: current research and future directions. *Curr Opin Psychol*. 2019 Aug 23;34:27-31. PMID: 31539832
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107. Birmaher B, Merranko JA, Gill MK, Hafeman D, **Goldstein TR**, Goldstein B, Hower H, Strober M, Axelson D, Ryan N, Yen S, Diler R, Iyengar S, Kattan MW, Weinstock L, Keller M. Predicting personalized risk of mood recurrences in youths and young adults with bipolar spectrum disorder. *J Am Acad Child Adolesc Psychiatry*. 2020 Jan. PMID: 31978620
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110. Chugani CD, Jones KA, Coulter RWS, Anderson JC, Talis J, **Goldstein TR**, Chung T, Miller E. Increased risk for binge drinking among college students with disability who report sexual violence. *J Am Coll Health*. 2020 May 14:1-7. PMID: 32407169
111. Lee EJ, Hower H, Jones RN, Birmaher B, Strober M, Goldstein BI, Merranko J, Keller MB, **Goldstein TR**, Weinstock LM, Dickstein DP, Hunt JI, Diler RS, Ryan ND, Gill MK, Axelson D, Yen S. Course of longitudinal psychosocial functioning in bipolar youth transitioning to adults. *J Affect Disord*. 2020 May 1;268:109-117. PMID: 32158000
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114. Brent DA, **Goldstein TR**, Benton TD. Bridging gaps in follow-up appointments after hospitalization and youth suicide: Mental health care disparities matter. *JAMA Netw Open*. 2020 Aug 3;3(8):e2012100. PMID: 32780119
115. **Goldstein TR**, Franzen PL. Sleep difficulties and suicidality in youth: current research and future directions. *Curr Opin Psychol*. 2020 Aug;34:27-31. PMID: 31539832
116. Pascual MA, Levenson J, Merranko J, Gill MK, Hower H, Yen S, Strober M, **Goldstein TR**, Ryan N, Goldstein BI, Weinstock LM, Keller MB, Axelson DA, Birmaher B. The effect of traumatic events on the longitudinal course of youth with bipolar disorder. *J Affect Disord*. 2020 Sep 1;274:126-135. PMID: 32469795
117. Kaufman E, Douaihy A, **Goldstein TR**. Dialectical Behavior Therapy and Motivational Interviewing: Conceptual convergence, compatibility, and strategies for integration. 2020 In Press, *Cogn and Behav Pract*.
118. Mitchell R, Hower H, Birmaher B, Strober M, Merranko J, Rooks B, **Goldstein TR**, Hunt JI, Dickstein DP, Diler R, Ryan N, Gill MK, Axelson D, Keller MB, Yen S, Goldstein BI. Sex differences in the longitudinal course and outcome of bipolar disorders in youth. 2020 In Press, *J Clin Psychiatry*.
119. **Goldstein TR**, Hafeman DL. Psychotherapy for Bipolar Disorder: Beyond Efficacy and Toward Dissemination and Personalization 2020 In Press, *JAMA Psychiatry*.

Books and Book Chapters

1. **Goldstein TR**, Brent DA (2008). Youth Suicide. In M Dulcan (Ed.), *The American Psychiatric Publishing Textbook of Child and Adolescent Psychiatry* (4th ed.). Arlington, VA: American Psychiatric Publishing.
2. **Goldstein TR** (2009). Bipolar Disorder. In I Weiner & WE Craighead (Eds.), *Corsini's Encyclopedia of Psychology* (4th ed.). New York: Wiley.
3. Miklowitz DJ, **Goldstein TR** (2009). Psychosocial approaches to adolescence. In D Cicchetti & DJ Miklowitz (Eds.), *Bipolar Disorder: A Developmental Psychopathology Approach*.
4. Brent DA, Poling KD, **Goldstein TR** (2011). *Treating depressed and suicidal adolescents: A clinician's guide*. New York: Guilford Press.
5. **Goldstein TR**, Bridge JA, Brent DA (2013). Childhood and Adolescence. In S Koslow, C Nemeroff & P Ruiz (Eds.), *A Concise Guide to Understanding Suicide*. Cambridge: Cambridge University Press.

Selected Poster Presentations

1. **Goldstein TR**, Frye MA, Denicoff KD, Smith-Jackson E, Leverich GS, Bryan AL, Ali SO, Post RM (1997). Antidepressant withdrawal-related mania? Critical prospective observations and theoretical implications in bipolar disorder. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Ontario, Canada.
2. **Goldstein TR**, Miklowitz DJ, Richards JA (1999). The relationship between expressed emotion attitudes and individual psychopathology among relatives of bipolar patients. Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Quebec, Canada.
3. **Goldstein TR**, Miklowitz DJ, Richards JA (2000). The relationship between psychopathology in relatives and the outcome of psychosocial treatment among families coping with bipolar disorder. Poster presented at the annual meeting of the Society for Research in Psychopathology, Boulder, CO.
4. **Goldstein TR**, Miklowitz DJ (2002). Social skills deficits among adolescents with bipolar disorder. Poster session presented at the annual meeting of the Society for Research in Psychopathology, San Francisco, CA.
5. **Goldstein TR**, Miklowitz DJ, Mullen KA (2004). Social skill knowledge and performance among adolescents with bipolar disorder. Poster presented at the annual NIMH Pediatric Bipolar Disorder Conference, Boston, MA.
6. Taylor DO, Miklowitz DJ, George EL, Mullen KL, Biuckians A, **Goldstein TR**, Wardlaw W (2005). Developmental pathways to adolescent bipolar disorder. Poster presented at the sixth annual meeting of the International Conference on Bipolar Disorder, Pittsburgh, PA.
7. **Goldstein TR**, Bridge JA, Birmaher B, Axelson DA, Ryan ND, Keller M, Strober MA, Gill MK, Valeri S, Chiappetta L, Leonard H, Hunt J, Brent DA (2005). Suicide attempts in pediatric bipolar disorder: Factors associated with increased risk. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
8. Ladouceur CD, Axelson DA, Conway AM, Birmaher B, **Goldstein TR**, Dahl RE, Ryan ND (2007). Decreased error-related positivity in pediatric bipolar disorder. Poster presented at the annual Society of Biological Psychiatry Conference, San Diego, California.
9. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Leonard H, Hunt J, Keller M (2007). Psychosocial functioning among youth with bipolar disorder. Poster presented at the annual NIMH Pediatric Bipolar Disorder Conference, Bethesda, MD.
10. Goldstein BI, Birmaher B, Axelson D, **Goldstein TR**, Strober M, Esposito-Smythers C, Hunt J, Leonard H, Ryan ND, Keller MB (2007). Prevalence and correlates of overweight and obesity in pediatric bipolar disorder. Poster presented at the Seventh International Conference on Bipolar Disorder, Pittsburgh, PA.
11. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Leonard H, Hunt J, Keller M (2007). Psychosocial functioning among youth with bipolar disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
12. **Goldstein TR**, Sinwell N, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Hunt J, Keller M (2008). Family environment and suicidality among bipolar youth. Poster presented at the annual Pediatric Bipolar Disorder Conference, Cambridge, MA.
13. Goldstein BI, **Goldstein TR**, Miklowitz DJ, Collinger K, Axelson DA, Birmaher B (2008). Development of integrated Family-Focused Treatment for adolescents with bipolar disorder and comorbid substance use disorders. Poster presented at the annual meeting of the New Clinical Drug Evaluation Unit, Phoenix, AZ.
14. **Goldstein TR**, Gilbert AM, Axelson D, Birmaher B, Hlastala S, Frank E (March, 2009). A pilot study of preventive Interpersonal and Social Rhythm Therapy for Adolescents (IPSRT-A): Early intervention for youth at high risk for the development of bipolar disorder. Poster presented at the 3rd International Conference on Interpersonal Psychotherapy, New York, NY.
15. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein B, Gill M, Ryan N, Hunt J, Keller M, Strober M. (June, 2009). Prospective predictors of suicide attempts in youth with bipolar disorder. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
16. Axelson DA, Birmaher B, Strober M, Hunt J, Ha W, Houck PR, Goldstein BI, **Goldstein TR**, Dickstein D, Gill MK, Hower H, Ryan N, Keller M (June, 2009). Bipolar disorder not otherwise specified in youth and conversion to bipolar I and II disorder: Results from longitudinal follow-up in the Course and Outcome of Bipolar Youth Study. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.

17. **Goldstein TR**, Gilbert A, Birmaher B, Axelson DA, Fersch RK, Monk K, Frank E (June, 2009). Sleep actigraphy among adolescents at risk for bipolar disorder. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
18. **Goldstein TR**, Fersch RK, Rivera M, Axelson D, Birmaher B, Brent, D (November, 2009). Dialectical Behavior Therapy for adolescents with bipolar disorder. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY.
19. Rivera M, **Goldstein TR**, Goldstein BI, Birmaher B, Axelson DA, Gill MK, Ryan ND, Strober MA, Keller M (November, 2009). Substance use and emotional dysregulation in adolescents with bipolar disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
20. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (March, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Poster presented at the annual Pediatric Bipolar Disorder Conference, Boston, MA.
21. **Goldstein TR**, Axelson DA, Ha W, Goldstein BI, Gill MK, Liao F, Yen S, Hunt J, Keller M, Strober M, Birmaher B (June, 2011). Prospective predictors of suicide attempts among youth with bipolar disorder. Poster presented at the biennial meeting of the International Society for Bipolar Disorders, Pittsburgh, PA.
22. **Goldstein TR**, Fersch-Podrat, RK, Rivera M, Axelson DA, Goldstein BI, Brent DA, Birmaher B (March, 2012). One year outcomes among adolescents with bipolar disorder receiving Dialectical Behavior Therapy (DBT): A historical case-control study. Poster presented at the annual Pediatric Bipolar Disorder Conference, Boston, MA.
23. O'Rourke F, Sitnick S, Shaw DS, Potersnak R, Scott C, Martin K, Dahl R, Rofey D, Gill A, **Goldstein TR** (April, 2013). Testing an adaptation of the family check-up to promote sleep, physical activity, and emotion regulation skills among emerging adolescents. Poster presented at the biennial meeting of the Society for Research on Child Development, Seattle, WA.
24. **Goldstein TR**, Fersch-Podrat R, Hotkowski NJ, Price R, Garcia M, Sobel L, Axelson DA, Birmaher B, Doaihiy A. (June, 2013). A brief motivational intervention to improve medication adherence in adolescents with bipolar disorder: A pilot study. Poster presented at the biennial meeting of the International Society for Bipolar Disorders, Miami, FL.
25. Sobel L, Krantz M, Fersch-Podrat R, Hotkowski N, Garcia M, Price R, Axelson D, Birmaher B, Douaihy A, **Goldstein TR** (November, 2013). Factors associated with medication adherence in youth with bipolar disorder. Poster presented at the annual meeting of the Academy of Psychosomatic Medicine, Tucson, AZ.
26. **Goldstein TR**, Fersch-Podrat R, Gilbert A, Hlastala S, Axelson D, Birmaher B, Frank E (April 2014). Early intervention for adolescents at high risk for the development of bipolar disorder: Pilot study of Interpersonal and Social Rhythm Therapy (IPSRT). Poster presented at the annual International Scientific Group of Circadian Rhythm Experts meeting, Viareggio, Italy.
27. Krantz M, Garcia M, Birmaher B, **Goldstein TR** (June 2014). Texting and self-reported sleep measures in adolescents at-risk for bipolar disorder. Poster presented at the annual Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.
28. Sakolsky D, **Goldstein TR**, Poling K, Dietz L, McKain B, Brent DA (April, 2015). Development of an adjunctive group intervention for adolescents with mood and anxiety disorders transitioning to college. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
29. Cribbet M, Hall M, Matthews KA, Troxel W, Franzen PL, Reynolds III CF, Nofzinger EA, **Goldstein TR**, Monk T, Buysse DJ. (March, 2016) Sleep health: We can define it and it matters for physical health. Poster presented at the annual meeting of the American Psychosomatic Society, Denver, CO.
30. Levenson, JC, Ford, HA, **Goldstein, TR**, Rofey, D, Miller, EM. (November, 2018). Development of A Smartphone-Based Program for Insufficient Sleep among Adolescents In J.C. Levenson (Chair), *Innovations in Behavioral Interventions for Disturbed Sleep*. Symposium presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Washington, DC.

Selected Oral Presentations

1. Miklowitz DJ, George EL, Kim EY, **Goldstein TR**, Brent DA (2002). A family psychoeducational approach to bipolar disorder in adolescence. Paper presented at the annual meeting of the Society for Research in Psychopathology, San Francisco, CA.

2. **Goldstein TR**, Miklowitz DJ, Mullen KA (2004). Social skill knowledge and performance among adolescents with bipolar disorder. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
3. **Goldstein TR**, Brent DA, Axelson DA, Birmaher B (2005). Dialectical Behavior Therapy for adolescents with bipolar disorder: A pilot study. Paper presented at the annual meeting of the National Institute of Mental Health Pediatric Bipolar Conference, Coral Gables, FL.
4. **Goldstein TR**, Goldstein BI, Birmaher B (2007). Psychotherapeutic approaches to the treatment of pediatric bipolar disorder. Paper presented at the 13th International Congress of the European Society for Child and Adolescent Psychiatry, Florence, Italy.
5. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Gill MK, Ryan ND, Hunt J, Keller M, Strober M (2008). Prospective predictors of suicide attempts in youth with bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Chicago, Illinois.
6. **Goldstein TR**, Axelson DA, Birmaher B, Goldstein BI, Brent DA (July, 2009). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
7. **Goldstein TR**, Gilbert A, Hlastala S, Axelson DA, Birmaher B, Frank E (October, 2009). Pilot study of preventive Interpersonal Social Rhythm Therapy (IPSRT) for adolescents: Early intervention for youth at high risk for the development of bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, HI.
8. **Goldstein TR**, Axelson DA, Fersch RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank, E. (May, 2010). Early intervention for adolescent offspring of parents with bipolar disorder: Pilot study of Interpersonal Social Rhythm Therapy (IPSRT). Paper presented at the annual meeting of the American Psychiatric Association, New Orleans, LA.
9. **Goldstein TR** (June, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
10. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (November, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
11. **Goldstein TR**, Axelson DA, Fersch RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank E (June, 2011). Early intervention for offspring of parents with bipolar disorder. Paper presented at the biennial meeting of the International Society for Research on Child and Adolescent Psychopathology, Chicago, Illinois.
12. **Goldstein TR**, Goldstein BI, Douaihy A, Mantz M, & Bailey B (October, 2011). Toward behavioral prevention of obesity in pediatric bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
13. **Goldstein TR**, Axelson DA, Fersch-Podrat RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank E (November, 2011). Early intervention for offspring of parents with bipolar disorder: Interpersonal Social Rhythm Therapy (IPSRT). Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
14. **Goldstein TR**, Fersch-Podrat RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (November, 2011). Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder: Preliminary findings on suicide-related outcomes. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
15. **Goldstein TR**, Fersch-Podrat RK, Rivera M, Axelson DA, Brent DA, Birmaher B (November, 2012). Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder: Results from a randomized trial. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
16. **Goldstein TR**, Fersch-Podrat RK, Hotkowski NJ, Price RJ, Garcia M, Sobel L, Axelson DA, Birmaher B, Douaihy A (November, 2013). A brief motivational intervention (BMI) to improve medication adherence for adolescents with bipolar disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
17. **Goldstein TR**, Lotz-Wallace M, Birmaher B, Axelson DA, Franzen PL (May, 2014). Substance use as a proximal risk factor for suicidal behavior in adolescents with bipolar disorder. Paper presented at the annual meeting of the American Psychiatric Association, New York, NY.

18. **Goldstein TR**, Fersch RK, Rivera M, Axelson D, Brent DA, Birmaher B (October, 2014). Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder: Results from a pilot randomized trial. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, CA.
19. Levenson JL, Axelson DA, Monk K, Hickey MB, Yu H, Mullin BC, **Goldstein TR**, Goldstein BI, Birmaher B. (November 2014). Sleep Disturbances among Offspring of Bipolar Parents: Implications for Early Intervention. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
20. **Goldstein TR**. (November 2014). Working with families of suicidal adolescents: Empirically-based clinical strategies. Dialectical Behavior Therapy (DBT) for Adolescents with Bipolar Disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
21. Soehner, AM, Bertocci M, Ladoceur C, Graur S, Monk K, Bonar L, Hickey MB, Axelson D, Goldstein B, **Goldstein TR**, Bebko G, Hafeman D, Gill MK, Birmaher B, Phillips M. (May 2015). Associations between sleep duration, neural activity and connectivity during an fMRI reward paradigm and emerging manic symptoms in youth at risk for bipolar disorder. Paper presented at the Society of Biological Psychiatry annual meeting, Toronto, ON.
22. **Goldstein TR**. (October 2015). Psychosocial Approaches to the Treatment of Youth with Mood Disorders Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, San Antonio, TX.
23. Cribbet M, Hall M, Matthews K, Troxel W, Franzen PL, Reynolds C, Nofzinger E, **Goldstein TR**, Monk T, Kupfer D, Buysse DJ. (June 2016). Sleep health is associated with physical health. Paper presented at the annual meeting of the Associated Professional Sleep Societies, Denver, CO.
24. Soehner AM, Goldstein TR, Phillips ML, Siegle GJ, Franzen PL. (June 2016). Sleep duration variability predicts altered dorsal anterior cingulate activity during a stressful cognitive interference task in adolescents with bipolar disorder. Paper presented at the annual meeting of the Associated Professional Sleep Societies, Denver, CO.
25. Scott LN, Goldstein TR, Pilkonis PA, Stepp SD (April 2017). Proximal risk factors for suicide and self-harm in young women: A multi-method ecological momentary assessment study. Paper presented at the 5th Annual Conference of the North American Society for the Study of Personality Disorders, New York, NY.
26. Casement M, Goldstein TR, Gratzmiller S, Franzen PL (September 2017). Social threat response in adolescents with bipolar disorder. Paper presented at the annual meeting of the Society for Research in Psychopathology, Denver, CO.
27. Goldstein TR, Abebe K, Silva M, Shoemer P, Suffoletto B, Radovic A, Lindhiem O, Stepp S, Kolko D, George B, Biernesser C, Anderson A, Kirk-Johnson A, Porta G, Rollman B, Brent D. (November 2019). The University of Pittsburgh ALACRITY Center: Enhancing treatment and utilization for depression and emergent suicidality (ETUDES) in adolescents. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
28. Goldstein TR, Gibbons B, Gratzmiller S, Merranko J, Zelazny J, Hamilton J, Sewall C, Rode N, Franzen PL. (November 2019). Last night's sleep predicts today's suicidal ideation among high-risk depressed adolescents and college students: Preliminary results from a longitudinal multi-method investigation of the sleep-suicide association. Paper presented at the biannual meeting of the International Association for Suicide Research, Miami, FL.

PROFESSIONAL ACTIVITIES

Teaching

Course/Lecture Title: Applying for Licensure as a Clinical Psychologist

Description: Invited lecture, Clinical Psychology Internship Program

Date: April 2006, April 2007

Number of times offered: 2

Audience: predoctoral clinical psychology interns

Number of students: 5-7/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Pediatric Bipolar Disorder: Phenomenology and Treatment

Description: Invited lecture, Clinical Psychology Internship Program

Date: April 2007, February 2008, May 2011, June 2011

Number of times offered: 4

Audience: predoctoral clinical psychology interns

Number of students: 5-7/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Introduction to Dialectical Behavior Therapy

Description: Invited annual lecture series, Psychiatry Residency Training Program

Date: March 2009, May 2010, March 2011, March 2012, June 2013, June 2014

Number of times offered: 6

Audience: PGY-1 residents

Number of students: 8-15/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Introduction to Dialectical Behavior Therapy

Description: Invited annual lecture series, Psychiatry Residency Training Program

Date: March 2009, Feb-March 2010, March 2011, March 2012, June 2013, June 2014, May 2015, May-June 2016, May-June 2017, July-Aug 2018

Number of times offered: 10

Audience: PGY-3 residents

Number of students: 10-15/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Helping Teens and Families Manage Self-Injurious Behavior

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2009

Number of times offered: 1

Audience: Community clinicians and educators

Number of students: 100

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Career Development Awards

Description: Invited lecture, Predoctoral Clinical Psychology Internship

Date: July 2009

Number of times offered: 1

Audience: predoctoral clinical psychology interns

Number of students: 6

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy (DBT) for Adolescents

Description: Invited workshop, Adolescent Intensive and Partial Hospitalization Programs

Date: July 2009, February 2017

Number of times offered: 2

Audience: multidisciplinary faculty and staff

Number of students: 50

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Therapeutic Strategies for Intervening with Common Adolescent Problem Behaviors

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2010

Number of times offered: 1

Audience: community clinicians

Number of students: 100

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Career Paths in Mental Health Research

Description: Invited panel, Child Intervention, Prevention, and Services (CHIPS) Research Institute

Date: May 2010

Number of times offered: 1

Audience: post-doctoral fellows and junior faculty

Number of students: 25

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Interpersonal and Social Rhythm Therapy for Adolescents with Bipolar Disorder

Description: Invited workshop, Interpersonal and Social Rhythm Therapy Training Institute

Date: April 2011

Number of times offered: 1

Audience: community clinicians

Number of students: 20

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Learning the Language of Self-Injury

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2011

Number of times offered: 1

Audience: community clinicians

Number of students: 50

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Assessment and Treatment of Pediatric Bipolar Disorder

Description: Invited lecture, Children's Hospital Department of Adolescent Medicine

Date: February 2012

Number of times offered: 1

Audience: community clinicians

Number of students: 20

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Phenomenology, Assessment and Treatment of Pediatric Bipolar Disorder

Description: Invited lecture, Psychiatry/Epidemiology Post-Doctoral Fellowship Program

Date: April 2012

Number of times offered: 1

Audience: post-doctoral fellows

Number of students: 15

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Understanding Non-Suicidal Self-Injury in Teens

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2012, May 2013, May 2014, May 2015

Number of times offered: 4

Audience: community clinicians

Number of students: 100

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy (DBT) for Adolescents: The Basics

Description: Invited workshop, Center for Children and Families

Date: July 2013

Number of times offered: 1

Audience: multidisciplinary faculty and staff

Number of students: 25

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Validation in Clinical Practice

Description: Invited lecture, Resident House Staff

Date: December 2013

Number of times offered: 1

Audience: Psychiatry Residents

Number of students: 30

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy (DBT) for Adolescents with Bipolar Disorder

Description: Invited workshop, Association for Behavioral and Cognitive Therapies Annual Meeting

Date: November 2014

Number of times offered: 1

Audience: multidisciplinary clinicians, researchers and trainees

Number of students: 30

Location: Philadelphia, PA

Course/Lecture Title: Managing Non-Suicidal Self-Injury in Teens

Description: Invited lecture, Non-Pharmacological Approaches in Psychiatry

Date: April 2015, February 2019, February 2020

Number of times offered: 2

Audience: Child Psychiatry Fellows

Number of students: 6

Location: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Psychosocial Treatment for Youth with Bipolar Disorder

Description: Invited lecture, Psychopathology

Date: November 2015

Number of times offered: 1

Audience: Advanced undergraduate psychology majors

Number of students: 30

Location: University of Pittsburgh, Pittsburgh, PA

Clinical Supervision

- | | |
|---------------|---|
| 2004-present | Social workers, nurse clinicians, social work interns and counseling interns (9 total): weekly group clinical supervision for clinicians providing psychotherapy services at the Child and Adolescent Bipolar Services (CABS) program. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA |
| 2006-Aug 2013 | Pre-doctoral clinical psychology interns (1/year; 7 total): 1 year of weekly individual clinical supervision for longitudinal psychotherapy cases. Pre-doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA |
| 2006-present | Pre-doctoral clinical psychology interns (11 total): 3 months of weekly individual clinical supervision during clinical rotation at Child and Adolescent Bipolar Services (CABS). Pre-doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA |

- 2006-present Post-doctoral fellows (18 total): 1-2 years of weekly individual clinical supervision for post-doctoral fellows pursuing clinical hours toward licensure. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- 2006-Aug 2012 Social workers, counselors and clinical psychologists (9 total): weekly group clinical supervision for clinicians providing Dialectical Behavior Therapy (DBT) services for adult outpatients. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- 2006-present Social workers, counselors and clinical psychologists (30 total): weekly group clinical supervision for clinicians providing Dialectical Behavior Therapy (DBT) services for adolescent outpatients. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Mentoring

- Sept 2007-May 2008 Mythili Raghavan MD, Medical Student (MS-3). Research mentor in research methods in youth suicidality. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jan 2008-May 2009 Rebecca Smith BA, Undergraduate psychology major. Directed research mentor in pediatric bipolar disorder and research methods, University of Pittsburgh Department of Psychology, Pittsburgh, PA
- Jan 2008-May 2009 Nicole Sinwell BA, Undergraduate psychology major. Directed research mentor in pediatric bipolar disorder and research methods, University of Pittsburgh Department of Psychology, Pittsburgh, PA
- Jan 2010-Dec 2010 Tolupe Bella MD, Visiting Fellow from University College Hospital Department of Psychiatry, Nigeria. Research mentor in pediatric bipolar disorder and research methods, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- Sept 2011-Apr 2012 Reality Price, Graduate Student in Health Information Management. Research mentor in research methods, University of Pittsburgh, Pittsburgh, PA
- Jan 2012-present Loren Sobel MD, Medical Resident. Research mentor for residency research track in clinical research methods. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jun 2012-Aug 2012 Megan Krantz, Undergraduate neuroscience major at Franklin and Marshall College. Research mentor in research methods, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- July 2013-Sept 2016 Jessica Levenson PhD, Post-Doctoral Fellow. Research mentor for NIMH post-doctoral T32 fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Sept 2013-Aug 2014 Danella Hafeman MD, Medical Resident. Research co-mentor for residency research track in clinical research methods. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jan 2014-May 2016 Leanne Scharr, Undergraduate psychology major. Directed research mentor in pediatric bipolar disorder and research methods, University of Pittsburgh Department of Psychology, Pittsburgh, PA
- May 2014-Sept 2017 Lori Scott PhD, Assistant Professor. Research mentor for American Foundation for Suicide Prevention Young Investigator Award. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Dec 2015-present Danella Hafeman MD, Research mentor for Klingenstein Third Generation Foundation Award. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jan 2016-May 2018 Brittany Atahuene, Medical Student (MS-1). Research mentor for scholarly project in youth suicidality. University of Pittsburgh School of Medicine, Pittsburgh, PA
- July 2016-present Carla Chugani PhD, Postdoctoral Fellow. Secondary research mentor for NICHD post-doctoral T32 fellow/junior faculty (Pediatrics/Psychiatry). University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jan 2017-May 2019 Anika Binner, Medical Student (MS-2). Research mentor for scholarly project in youth psychotropic medication adherence. University of Pittsburgh School of Medicine, Pittsburgh, PA
- May 2017-Aug 2018 Jamie Feldman, Undergraduate psychology major at Dickinson College. Research mentor in research methods, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

- Jun 2017-Aug 2019 Sarah Victor PhD, Postdoctoral Fellow. Secondary research mentor for NIMH post-doctoral T32 fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Sept 2017-May 2018 Jamie Zelazny PhD, Postdoctoral Fellow. Research mentor for NIMH post-doctoral T32 fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Dec 2017-Mar 2019 Rachel Salk PhD, Postdoctoral Fellow, Research mentor for NIMH post-doctoral T32 fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Dec 2017-present Craig Sewall MSW, Research mentor for social work doctoral student. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Sep 2018-present Rachel Vaughn-Coaxum PhD, Research mentor for NIMH postdoctoral fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Sep 2018-Aug 2019 Erin Kaufman PhD, Research co-mentor for NIMH postdoctoral fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Nov 2019-present Sarah Brown PhD, Research co-mentor for postdoctoral scholar. University of Pittsburgh School of Medicine, Pittsburgh, PA
- May-Aug 2020 Emily Gotkiewicz, Undergraduate psychology major, University of Delaware Department of Psychology. Directed research mentor in college mental health promotion and research methods, University of Pittsburgh, Pittsburgh, PA
- Jun-Aug 2020 Esther Kim, Medical Student (MS-2). Research mentor for predoctoral scholar. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jun 2020-present Aliona Tsypes PhD, Postdoctoral Fellow, Research co-mentor for postdoctoral scholar. University of Pittsburgh School of Medicine, Pittsburgh, PA
- Jun 2020-present Candice Biernesser PhD, Postdoctoral Fellow, Research co-mentor for postdoctoral scholar. University of Pittsburgh School of Medicine, Pittsburgh, PA

Other Teaching-Related Activities

- June 2006-present Selection Committee, Pre-Doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- June 2006-present Training Committee Faculty, Pre-Doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- Sept 2007-present Mentor, Undergraduate Psychology Directed Research Elective, Department of Psychology, University of Pittsburgh, Pittsburgh, PA
- Mar 2008- present Training Committee Faculty, NIMH T-32 Post-Doctoral Training Program in Child and Adolescent Mood Disorders (PI: Brent), Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- June 2009 Eli Lilly Fellows Sponsor, International Congress on Bipolar Disorders Meeting, Pittsburgh, PA
- June 2009-present Faculty Member, NIMH Career Development Institute (CDI) for Bipolar Disorder, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- Apr 2010 Honors Thesis Committee, Implementing DBT for local at-risk youth, Michelle Silverman, Bates College, Lewiston, ME
- Jan 2010-present Faculty Interviewer, Psychiatry Residency Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- Aug 2011-present Faculty Member, NIMH Career Development Institute (CDI) for Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
- Aug 2015-Jul 2018 Director, Monthly Seminar on Professional Development, NIMH T-32 Post-Doctoral Training Program in Child and Adolescent Mood Disorders (PI: Brent), Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

RESEARCH

Current Grant Support

R01 MH1000056 5/23/2014-3/31/2021 (NCE)	Dialectical Behavior Therapy for Bipolar Adolescents	Principal Investigator 20%	NIMH \$433,377/\$347,057
3R01 MH1000056 10/20/2014-3/31/2021 (NCE)	Dialectical Behavior Therapy for Bipolar Adolescents: Neuroimaging supplement	Principal Investigator 10%	NIMH \$79,072/\$35,668
R01 MH118312 7/19/19-6/30/24	Adolescent Sleep Duration, Neural Mechanisms, and Internalizing Psychopathology Trajectories	Co-Investigator 10% (PI: Franzen)	NIMH \$484,243 (Annual Direct)
R01 MH059929 5/1/2016-2/28/2021	Course and Outcome of Bipolar Youth	Co-Investigator 10% (PI: Birmaher)	NIMH \$1,032,195
11/1/2017-10/31/2021	CiTech Center	Director, Treatment Development Core 15% (PI: Eack)	University of Pittsburgh
2/01/2018 - 9/30/2021 (NCE)	A Prospective Study of Sleep Health and Suicidal Behavior in Adolescents	Co-Principal Investigator 5%	American Foundation for Suicide Prevention \$99,232
P50 MH115838 7/17/2018-4/30/2022	ETUDES Center	Co-Investigator 12% (PIs: Brent/Rollman)	NIMH \$1,578,000
12/1/2018-09/30/2021	Establishing Efficacy of an Inpatient Intervention and Phone App to Reduce Suicide Risk	Co-Investigator 8% (PI: Brent)	American Foundation for Suicide Prevention \$234,821
R01 MH115922 1/05/2019-10/31/2023	Multimodal Assessment of Near-term Risk Processes for Suicide Ideation and Behavior	Co-Investigator 10% (PI: Scott)	NIMH \$482,837
T32 MH018951 7/1/2019-6/30/2024	Child and Adolescent Mental Health Research	Principal Investigator	NIMH \$517,647

Prior Grant Support

1/1/2004-8/31/2006	Dialectical Behavior Therapy for Adolescents with Bipolar Disorder	Principal Investigator	Pilot Grant, WPIC ACISR for Early-Onset Mood and Anxiety Disorders \$10,000 (Total)
7/1/2004-8/31/2006	Dialectical Behavior Therapy for Adolescents with Bipolar Disorder	Principal Investigator	American Foundation for Suicide Prevention \$20,000
K23 MH074581 2/1/2007-7/31/2012	Dialectical Behavior Therapy for Bipolar Adolescents	Principal Investigator	NIMH \$661,919/\$52,670
10/1/2007-9/30/2009	Intervening with Youth at High Risk for the Development of Bipolar Disorder	Co-Investigator (PI Frank)	The Fine Foundation \$100,000
R01 HD057893 2/15/2009-1/31/2014	Health Promotion in Early Adolescence: Sleep, Activity and Emotion Regulation	Co-Investigator 10% (PI: Shaw)	NICHD \$2,347,836
9/1/2009-9/1/2010	Intervening with Youth at High Risk for the Development of Bipolar Disorder	Co-Principal Investigator	The Ryan Licht Sang Foundation \$20,000
10/13/2010-10/13/2014	Toward the Prevention of Suicide in Youth with Bipolar Disorder: A Prospective Study of the Temporal Association between Sleep Disturbance and Suicidality	Co-Principal Investigator	The Pittsburgh Foundation \$200,000
10/13/2010-10/13/2014	Sleep Disturbance in Youth with Bipolar Disorder at High Risk for Suicide: Effects on Neural Circuitry Underlying Emotion Regulation and Psychological Stress Reactivity	Co-Principal Investigator	The Pittsburgh Foundation \$200,000
R34 MH091177 7/1/2011-4/30/2015	Early Assessment and Intervention for Adolescents at Risk for Bipolar Disorder	Principal Investigator	NIMH \$450,000// \$231,750
R34 MH092424 9/6/2011-6/30/2015	Brief Motivational Intervention to Improve Medication Adherence for Adolescents with Bipolar Disorder	Principal Investigator 30%	NIMH \$449,865/\$231,680
R03 DA032505 9/15/2011-11/25/2014	Mood, Substance Use, and Suicidality in Bipolar Adolescents: A Prospective Study	Principal Investigator	NIDA \$49,931/\$25,714

R34 MH100451 2/1/2014-11/30/2017	Brief Intervention for Suicide Risk Reduction in High Risk Adolescents	Co-Investigator 10% (PI Brent)	NIMH \$100,000
10/1/2015-9/30/2017	Proximal Risk Factors for Suicide and Self-Harm in Young Women	Mentor 5% (PI: Scott)	American Foundation for Suicide Prevention Mentored Young Investigator Grant (Awardee: Scott) \$42,500
09/1/2016-08/31/2018	Sleep Disturbance in Adolescents with and without Bipolar Disorder: Influences on Emotion Regulation and Cognitive Control Neural Circuitry, Suicide and Treatment Response	Co-Investigator 5% (PI: Franzen)	NARSAD Independent Investigator Award \$50,000
2/01/2018-2/15/2019	A prospective study of sleep health and suicidal behavior in college students	Co-Principal Investigator	Clinical and Translational Science Institute, University of Pittsburgh \$25,000
T32 MH018269 7/1/2014-6/30/2019	Clinical Research Training for Psychologists	Principal Investigator	NIMH \$320,986/\$24,911(Indirect)

Other Research Related Activities

Journal Referee

2006-present	<i>Cognitive Therapy and Research, Bipolar Disorders, Journal of Consulting and Clinical Psychology</i>
2008-present	<i>Archives of Suicide Research, Behavior Therapy, Journal of Affective Disorders, Journal of Clinical Child and Adolescent Psychology, Journal of Clinical Psychiatry, Journal of Psychiatric Research, Journal of Women's Health</i>
2009-present	<i>Current Psychiatry, Journal of Child and Adolescent Psychopharmacology</i>
2010-present	<i>American Journal of Psychiatry, Sleep</i>
2011-present	<i>Behavioral Sleep Medicine, Suicide and Life-Threatening Behavior</i>
2012-present	<i>Depression and Anxiety, Depression Research and Treatment,</i>
2014-present	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>
2015-present	<i>The Lancet Psychiatry</i>
2016-present	<i>JAMA Psychiatry</i>

Grant reviewer

2004-present	Western Psychiatric Hospital Research Committee Grant Reviewer
May 2013-May 2014	Early Career Reviewer, Center for Scientific Review, National Institute of Health

Research Interests

- Bipolar disorder
- Suicidal behavior
- Psychosocial treatment for youth with mood disorders
- Sleep disturbance

Invited Seminars and Lectureships

- Aug 2007 *Psychosocial treatment for pediatric bipolar disorder.* Invited lecture, European Society for Child and Adolescent Psychiatry, Florence, Italy.
- Sept 2007 *Dialectical Behavior Therapy for adolescents with bipolar disorder.* Invited lecture, Child Depression Consortium, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
- March 2008 *What works? Therapy approaches for children and adolescents.* Invited workshop, Human Services Administration Organization, Family Support Division, Pittsburgh, PA.
- Sept 2008 *Suicidality in pediatric bipolar disorder.* Invited lecture, Bridging Eastern and Western Psychiatry Congress, Antalya, Turkey.
- Sept 2008 *Dialectical Behavior Therapy for adolescents with bipolar disorder.* Invited lecture, Bridging Eastern and Western Psychiatry Congress, Antalya, Turkey.
- May 2009 *Assessment and treatment of emotional dysregulation in adolescents with bipolar disorder.* Invited grand rounds, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
- July 2009 *Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder.* Invited lecture, University of Toronto, Department of Psychiatry, Toronto, Ontario, Canada.
- Nov 2009 *Helping teens and families manage self-injurious behavior.* Invited workshop, Indiana University of Pennsylvania Center for Counselor Services, Monroeville, PA.
- Dec 2009 *Early intervention for offspring of parents with bipolar disorder.* Invited lecture, Adult Mood Disorders Treatment Program, Western Psychiatric Institute and Clinic, University of Pittsburgh.
- April 2010 *Early intervention for offspring of parents with bipolar disorder.* Invited lecture, NARSAD Healthy Minds Across America Meet the Experts Forum, University of Pittsburgh Medical Center, Pittsburgh, PA.
- April 2011 *Assessment of risk factors for suicidal behavior in youth.* Invited symposium, Maine Center for Disease Control and Prevention, Youth Suicide Prevention Program, Portland, ME.
- Oct 2011 *Psychosocial treatment for pediatric bipolar disorder.* Invited workshop, Mental Health America of Franklin County, Columbus, OH.
- Feb 2012 *Assessment and treatment of pediatric bipolar disorder.* Invited lecture, Department of Adolescent Medicine, University of Pittsburgh Medical Center, Pittsburgh, PA.
- March 2012 *Assessment and early intervention for offspring of parents with bipolar disorder.* Invited lecture, Depression and Bipolar Support Alliance (DBSA), Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
- March 2013 *Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.* Invited Psychiatry Grand Rounds, University of Texas Health Science Center at Houston, Houston, TX.
- April 2013 *Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.* Invited Child and Adolescent Psychiatry Grand Rounds, The Zucker Hillside Hospital, New York, NY.
- April 2013 *Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.* Invited lecture, Johns Hopkins Mood Disorders Symposium, Johns Hopkins University Mood Disorders Center, Baltimore, MD.
- March 2015 *Supporting Youth with Bipolar Disorder in the Classroom.* Invited lecture, Plum Borough School District, Plum, PA.
- Sept 2015 *Toward Improved Assessment and Treatment for Suicidal Youth.* Invited Psychiatry Grand Rounds, Mayo Clinic, Rochester, MN.
- Oct 2015 *Psychosocial Approaches for Youth with Bipolar Disorder.* Invited Lecture. Child and Adolescent Bipolar Spectrum Services Community Conference, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
- March 2016 *Dialectical Behavior Therapy for Adolescents with Bipolar Disorder.* Invited Psychiatry Grand Rounds, Allegheny General Hospital, Pittsburgh, PA.
- June 2016 *Navigating Peaks and Valleys: Psychosocial Treatment for Youth with Bipolar Disorder.* Invited Psychiatry Grand Rounds, Sunnybrook Health Sciences Centre, Toronto, Ontario, Canada.

- Sept 2016 *Improving Outcomes for Youth with Bipolar Disorder*. Invited Lecture, National Institute of Mental Health Research Alliance for Research Progress Meeting, Bethesda, MD.
- Sept 2016 *Adolescents and Mental Health Disorders*. Invited Lecture, Center for Health Promotion and Disease Prevention, Pennsylvania Department of Education, Pittsburgh, PA.
- March 2017 *Adolescent Suicidal Behavior*. Invited Lecture, Alaska Psychiatric Association Annual Meeting, Anchorage, AK.
- May 2017 *Toward Decreasing Suicide Risk for Youth with Bipolar Disorder*. Invited lecture, Services for Teens at Risk (STAR) Center 30th Anniversary Research Symposium, Pittsburgh, PA.
- July 2017 *Enhancing Outcomes in Early-Onset Bipolar Disorder*. Invited lecture, NIMH Outreach Partnership Program Meeting, Bethesda, MD.
- Oct 2017 *New Findings on Motivational Interviewing to Enhance Treatment Adherence Among Youth with Bipolar Spectrum Disorders*. Invited lecture, Child and Adolescent Bipolar Spectrum (CABS) Clinic Conference, Pittsburgh, PA.
- Oct 2017 *Assessment and Treatment of Youth with Bipolar Disorder*. Invited webinar, Treatment Implementation Collaborative (TIC).
- Dec 2017 *Enhancing Outcomes in Early-Onset Bipolar Disorder*. Invited lecture, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA.
- March 2018 *Youth Suicide and Suicidal Behavior*. Invited webinar, American Academy of Child and Adolescent Psychiatry (AACAP) Hansen Review Course.
- Sept 2018 *Toward the Prevention of Suicide in Youth with Mood Disorders*. Invited lecture, Martha Claire Loncarevic Memorial Lecture, Hospital for Sick Children, Toronto, Ontario, Canada.
- Oct 2018 *Dialectical Behavior Therapy (DBT) for Youth with Bipolar Disorder: Research Updates*. Invited lecture, Sunnybrook Health Sciences Centre, University of Toronto, Toronto, Ontario, Canada.
- Nov 2018 *Toward Enhanced Outcomes for Youth with Bipolar Disorder*. Invited keynote, Children Come First Annual Conference, Madison, WI.
- Jan 2019 *Intervening with Youth At-Risk for Suicide*. Invited lecture, American Academy of Child and Adolescent Psychiatry Annual Psychopharmacology Update, New York, New York.
- May 2019 *Improving Teen Sleep to Prevent Suicide: Promising Strategy or Impossible Dream?* Invited keynote, Services for Teens at Risk (STAR) Center Annual Meeting, Pittsburgh, PA.
- Feb 2020 *Enhancing Outcomes for Youth with and at-risk for Mood Disorders and Suicide*. Invited Psychiatry Grand Rounds, Boston Children's Hospital, Harvard University, Boston, MA.
- May 2020 *Focus on Virtual Assessment and Treatment for Depressed and Suicidal Youth*. Invited keynote, Services for Teens at Risk (STAR) Center Annual Meeting, Pittsburgh, PA.

Service

University and Medical School

- Jan-Aug 2006 Western Psychiatric Institute and Clinic Suicide Risk Team, Leader, Adult Services
- Jan 2010-present Western Psychiatric Institute and Clinic Psychiatry Residency Program, Faculty Interviewer
- Jul 2013-Aug 2014 Western Psychiatric Institute and Clinic, Faculty Search Committee
- Jul 2014-present Western Psychiatric Institute and Clinic, Psychotherapy Training Committee
- Nov 2015-present Western Psychiatric Institute and Clinic, Faculty Reviewer

Community Activities

- 2005-present Co-leader, Monthly parent support group for parents raising youth with mood disorders
- 2008-present Board of Medical Advisors, The Ryan Licht Sang Foundation
- Sept 2010 Volunteer, American Mental Health Association Willard Suitcase Exhibit
- Nov 2011-present International Society for Bipolar Disorders (ISBD), Task Force on Suicide
- Oct 2016-present Scientific Advisor, American Foundation for Suicide Prevention (AFSP)