

WHO TO CONTACT IF YOU HAVE BEEN SEXUALLY ASSAULTED, SEXUALLY ABUSED, OR RAPED

ON CAMPUS

University of Pittsburgh Counseling Center
Nordenberg Hall, Wellness Center (2nd floor)
119 University Place
Pittsburgh, PA 15260
Phone number: 412-648-7930
Crisis number: 412-648-7930 (extension 1)
Website: <https://www.studentaffairs.pitt.edu/cc/>
*This is a **confidential** resource; no information will be reported to the University.*

Pitt Police
3412 Forbes Avenue
Pittsburgh, PA 15213
Emergency number: 412-624-2121
Website: <https://www.police.pitt.edu/>
*This is a **non-confidential** resource that is required to report information to the University. Non-confidential resources are still required to keep your information **private**.*

Title IX Office (Office of Diversity and Inclusion)
Webster Hall (2nd floor)
4415 Fifth Avenue
Pittsburgh, PA 15260
Phone number: 412-648-7860
Make a report (may be anonymous):
<https://www.diversity.pitt.edu/civil-rights-title-ix/make-report/report-form>
*This is a **non-confidential** resource.*

Office of Sexual Harassment and Assault Response and Education (SHARE)
<https://www.studentaffairs.pitt.edu/share/>
*This is a **confidential** resource.*

LOCALLY

*Local services are **confidential**.*

Call 911 for **Pittsburgh Police** response

Resolve Crisis Services
333 North Braddock Avenue
Pittsburgh, PA 15208
Crisis number: 1-888-769-8226
Website: <https://www.upmc.com/services/behavioral-health/resolve-crisis-services>

UPMC Magee-Women's Hospital Emergency Room
Craft Avenue (between Forbes and Blvd of the Allies)
Pittsburgh, PA 15213
Phone number: 412-641-1000
Has specially trained nurses for survivors

Pittsburgh Action Against Rape (PAAR)
81 South 19th Street
Pittsburgh, PA 15203
Phone number: 412-431-5665
Crisis number: 1-866-363-7273
Website: <https://paar.net/>

Center for Victims
3433 East Carson Street
Pittsburgh, PA 15203
Phone number: 412-482-3240
Crisis hotline: 1-866-644-2882
Website: <https://www.centerforvictims.org/>

Women's Center & Shelter of Greater Pittsburgh
Hotline: 412-687-8005 (extension 1)
Text hotline: 412-744-8445
Crisis chat: <https://www.wcpittsburgh.org/>
FOR CIS WOMEN

Pennsylvania **ChildLine** for suspected child abuse
Call 1-800-932-0313 (Anonymous tips accepted)

NATIONALLY

*National services are **confidential**.*

National Suicide Prevention Lifeline
Lifeline: 1-800-273-8255
Website: <https://suicidepreventionlifeline.org/>
Crisis chat:
<https://suicidepreventionlifeline.org/chat/>

The Crisis Text Line
Website: <https://www.crisistextline.org/>
Text HOME to 741741

National Domestic Violence Hotline
Hotline: 1-800-799-7233
Website/crisis chat: <https://www.thehotline.org/>

Rape Abuse Incest National Network (RAINN)
Hotline: 1-800-656-4673
<https://www.rainn.org/>
Crisis chat: <https://hotline.rainn.org/online>

1 in 6
Website: <https://1in6.org/>
Crisis chat: <https://1in6.org/helpline/>
FOR MALE-IDENTIFYING INDIVIDUALS

Trans Lifeline
Hotline: 1-877-565-8860
<https://translifeline.org/>
FOR TRANS*-IDENTIFYING INDIVIDUALS

Substance Abuse & Mental Health Services
Helpline: 1-800-662-4357
<https://www.samhsa.gov/>

FOR ALL UNIVERSITY OF PITTSBURGH STUDENTS, STAFF, FACULTY, AND ADMINISTRATION

What should I do if I am a victim of sexual violence?

- **If you are not in a safe place, call 911**
- **Get to a safe place and call PAAR at 1-866-363-7273**
- **Go to a hospital emergency department and ask the hospital staff to contact a PAAR in-person advocate to meet you at the hospital at 1-866-363-7273**
- **Try not to bathe, shower, eat, drink, brush your teeth, or go to the bathroom before going to the emergency room**
- **Try not to change your clothes (if you already have, put your clothes in a clean bag and bring them with you to the emergency department)**

(From <https://paar.net/get-help/get-help-now/>)

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University of Pittsburgh Mental Health and
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The information contained in this brochure is public information and is presented to the Pitt community as the best of our knowledge.

This brochure may be copied & distributed freely.

For a downloadable PDF, go to
<https://is.gd/pittassaultbrochure>

ANYONE can be sexually assaulted, sexually abused, or raped - regardless of gender, size, color, ethnicity, ability, socioeconomic status, or any other qualities or traits people can have. If it happens to you, this brochure can help you figure out who you can contact for help.

**IT IS NOT
YOUR FAULT.
You are a
survivor.
HELP IS
AVAILABLE.**

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