

SHANNON D. DONOFRY, PHD

CURRICULUM VITAE

Mailing Address:

Department of Psychology
University Pittsburgh
4315 Sennott Square
210 South Bouquet Street
Pittsburgh, PA 15260

Office phone: (412) 213 – 8467

E-Mail: sdd14@pitt.edu ;
shannon.donofry@gmail.com

[Google Scholar Profile](#)

APPOINTMENTS & POSITIONS

Academic Positions:

2020 – Present Research Assistant Professor, Department of Psychology
University of Pittsburgh **PITTSBURGH, PA**

Non-academic Positions:

2020 – Present Clinical Psychologist, Department of Psychiatry
University of Pittsburgh School of Medicine **PITTSBURGH, PA**

EDUCATION & TRAINING

POSTDOCTORAL:

2018 – 2020 **UNIVERSITY OF PITTSBURGH DEPARTMENT OF PSYCHIATRY** **PITTSBURGH, PA**
NIH/NHLBI T32 Postdoctoral Fellowship
Cardiovascular Behavioral Medicine Research Training Program
Director: Karen A. Matthews, PhD
Supervisor: Kirk I. Erickson, PhD (primary), Michele D. Levine, PhD (secondary)

GRADUATE:

2017 – 2018 **VA ANN ARBOR HEALTHCARE SYSTEM/UNIVERSITY OF MICHIGAN** **ANN ARBOR, MI**
Predoctoral Clinical Psychology Internship, Health Psychology Track
APA Accredited
Directors: Jamie Winters, PhD, Minden Sexton, PhD

2011 – 2018 **UNIVERSITY OF PITTSBURGH** **PITTSBURGH, PA**
Joint Clinical/Biological & Health Psychology PhD program
APA and PCSAS Accredited

DOCTORAL DISSERTATION (2017): *Functional Network Architecture in Obesity: Comparison of Task-Evoked and Resting State Connectivity.*

Committee: Kathryn A. Roecklein, PhD (chair), Kirk I. Erickson, PhD, Timothy Verstynen, PhD, Jennifer E. Wildes, PhD, & Stephen B. Manuck, PhD

SPECIALTY EXAMINATION (2015): *Structural and Functional Abnormalities in the Emotion Processing and Regulation Neurocircuitry in Depression and Eating Disorders.*

MASTERS OF SCIENCE (2014): *Multilocus Dopamine Gene Variation, Reward Sensitivity, and Aberrant Eating.*

UNDERGRADUATE:

2008 – 2011 **UNIVERSITY OF PITTSBURGH** **PITTSBURGH, PA**

B.S., Psychology, Neuroscience minor
GPA: 3.94
Psi Chi National Honor Society member
Summa Cum Laude

2007– 2008 **DREXEL UNIVERSITY**
GPA: 3.88

PHILADELPHIA, PA

CERTIFICATIONS & LICENSURE

2020 – Present Licensed Clinical Psychologist, License # PS019127
State Board of Psychology
Commonwealth of Pennsylvania

RESEARCH FELLOWSHIPS

- 2016 **Andrew K. Mellon Predoctoral Fellowship**
Institution: University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences
Funding: \$24,000 (stipend and full tuition scholarship)
Duration: September 2016 – July 2017
Description: Supporting doctoral dissertation research
- 2015 **National Science Foundation Graduate Research Opportunities Worldwide (GROW)**
Institution: Maastricht University, Maastricht, the Netherlands
Sponsor: Anne Roefs, PhD, Faculty of Psychology and Neuroscience
Funding: \$11,750
Duration: January 2016 – May 2016
Description: Supporting international collaboration and training in experimental and behavioral research methods
- 2013 **National Science Foundation Graduate Research Fellowship Program**
Institution: University of Pittsburgh
Funding: \$138,000 (stipend and full tuition scholarship for three-year duration)
Duration: September 2013 – September 2016
Description: Supporting cross-disciplinary graduate research in health and clinical psychology

HONORS & AWARDS

- 2020 Young Investigator Colloquium Award, American Psychosomatic Society
2018 Trainee Credentialing Scholarship, National Register of Health Service Psychologists
2018 Dean's Scholarship, Dietrich School of Arts and Sciences, University of Pittsburgh
2017 Bassel Student Publication Award, Department of Psychology, University of Pittsburgh
2016 AAAS/Science Program for Excellence in Science Membership
2016 Student Travel Award, British Feeding and Drinking Group
2015 Top Poster Award, Biobehavioral Research Section, The Obesity Society
2015 Bassel Student Publication Award, Department of Psychology, University of Pittsburgh
2015 Student Travel Award, Society for Light Treatment and Biological Rhythms
2015 Finalist, Top Poster Award, Society of Biological Psychiatry
2014 Lazovik Student Research Grant, Department of Psychology, University of Pittsburgh
2014 Bassel Student Publication Award, Department of Psychology, University of Pittsburgh
2013 Arts & Sciences Alumni Travel Fellowship, Dietrich School of Arts and Sciences, University of Pittsburgh
2012 Honorable Mention, National Science Foundation Graduate Research Fellowship Program

2010 The Ernest Ivaldi, Jr. Memorial Scholarship, University of Pittsburgh
2007 Drexel University Dean's Scholarship, Drexel University

PEER REVIEWED PUBLICATIONS

*denotes an invited submission

1. **Donofry, S. D.**, Emery, R. L., Kolko Conlon, R. P., Germeroth, L. J., Wang, B., Cheng, Y., & Levine, M. D. (In Press). Documenting the course of loss of control over eating prior to, during and after pregnancy among women with overweight and obesity. *International Journal of Eating Disorders*. DOI: 10.1002/eat.23454
2. **Donofry, S. D.**, Erickson, K. I., Levine, M. D., Gianaros, P. J., Muldoon, M. F., & Manuck, S. B. (ePub ahead of print). Depressive symptoms mediate the relationship between dispositional mindfulness and diet quality among healthy midlife adults. *Nutrients*, 12, 3414. DOI:10.3390/nu12113414
3. Peven, J. A., Jackicic, J. M., Rogers, R. J., Lesnovskaya, A., Erickson, K. I., Kang, C., Zhou, X., Porter, A., **Donofry, S. D.**, Watt, J. C., & Stillman, C. M. (ePub ahead of print). The effects of a 12-month weight loss intervention on cognitive outcomes in adults with overweight and obesity. *Nutrients*, 12, 2988. Special Issue on the Role of Physical Activity and Diet in Human Health during Aging.
4. **Donofry, S. D.**, Germeroth, L. J., Conlon, R. P. K., Venditti, E. M., & Levine, M. D. (2020). Correlates of physical activity engagement among pregnant women with overweight and obesity. *Women's Health Issues*, 30, 393-400. PMID: 32646724; DOI: 10.1016/j.whi.2020.06.001
5. **Donofry, S. D.**, Jakicic, J. M., Rogers, R. J., Watt, J. C., Roecklein, K. A., & Erickson, K. I. (2020). Comparison of Food Cue-Evoked and Resting State Connectivity in Obesity. *Psychosomatic Medicine*, 82, 261-271. DOI: 10.1097/PSY.0000000000000769
6. ***Donofry, S. D.**, Stillman, C. M., & Erickson, K. I. (In press). Functional connectivity, obesity, and eating behavior. *Social, Cognitive, and Affective Neuroscience: Special Issue on Health Neuroscience*. DOI: 10.1093/scan/nsz085
7. Valentine, L., **Donofry, S. D.**, Broman, R. B., Smith E. R., Rauch, S. A. M., & Sexton, M. B. (2020). Comparing PTSD treatment retention among survivors of military sexual trauma utilizing clinical video technology and in-person approaches. *Journal of Telemedicine and Telecare*, 26, 443-451. DOI: [10.1177/1357633X19832419](https://doi.org/10.1177/1357633X19832419)
8. Valentine, L., **Donofry, S. D.**, & Sexton, M. B. (2020). Demographic and psychiatric predictors of engagement in psychotherapy services conducted via clinical video technology. *Journal of Telemedicine and Telecare*, 26, 113-118. DOI: 10.1177/1357633X18801713
9. *Stillman, C. M., **Donofry, S. D.**, & Erickson, K. I. (2019). Exercise, Fitness and the Aging Brain: A Review of Functional Connectivity in Aging. *Archives of Psychology*, 3. DOI: <https://doi.org/10.31296/aop.v3i4.98>
10. **Donofry, S. D.**, van Zoest, W., Moonen, A. W., Sacchetti, S., Nederkoorn, C., & Roefs, A. (2019). Effect of negative mood on attentional processing of food cues. *Journal of Behavior Therapy and Experimental Psychiatry*, 62, 117-124. DOI: doi.org/10.1016/j.jbtep.2018.10.002
11. **Donofry, S. D.**, Roecklein, K. A., Wildes, J. E., Miller, M. A., & Erickson, K. I. (2016). Alterations in Emotion Generation and Regulation Neurocircuitry in Depression and Eating Disorders: A Comparative Review of Structural and Functional Neuroimaging Studies. *Neuroscience and Biobehavioral Reviews*, 68, 911-927. DOI: [10.1016/j.psychres.2014.03.012](https://doi.org/10.1016/j.psychres.2014.03.012)

12. Miller, M. A., Leckie, R. L., **Donofry, S. D.**, Gianaros, P. J., Erickson, K. I., Manuck, S. B., & Roecklein, K. A. (2015). Photoperiod is associated with hippocampal volume in a large community sample. *Hippocampus*, *25*, 534-543.
13. Miller, M. A., Rothenberger, S. D., Hasler, B. P., **Donofry S. D.**, Wong, P. M., Manuck, S. B., Kamarck, T., & Roecklein, K. (2014). A Chronotype predicts positive affect rhythms measured by ecological momentary assessment. *Chronobiology International* *32*, 376-384. DOI: [10.3109/07420528.2014.983602](https://doi.org/10.3109/07420528.2014.983602)
14. **Donofry, S. D.**, Roecklein, K. A., Wildes, J. E., Miller, M. A., Flory, J. D., & Manuck, S. B. (2014). *COMT* val/met Polymorphism Differentially Predicts Risk vs Severity of Aberrant Eating in a Large Community Sample. *Psychiatry Research*, *220*, 513-518. DOI: [10.1016/j.psychres.2014.08.037](https://doi.org/10.1016/j.psychres.2014.08.037)
15. **Donofry, S. D.**, Roecklein, K. A., Rohan, K. J., Wildes, J. E., & Kamarck, M. L. (2014). Prevalence and correlates of binge eating in seasonal affective disorder. *Psychiatry Research*, *217*, 47-53. DOI: [doi:10.1016/j.psychres.2014.03.012](https://doi.org/10.1016/j.psychres.2014.03.012)
16. Roecklein, K. A., Wong, P. M., Miller, M. A., **Donofry, S. D.**, Kamarck, M. L., Wood-Vasey, W. M., & Frazen, P. L. (2013). The post illumination pupil response is reduced in seasonal affective disorder. *Psychiatry Research*, *210*, 150-158. DOI: [doi:10.1016/j.psychres.2013.05.023](https://doi.org/10.1016/j.psychres.2013.05.023)
17. Roecklein, K. A., Wong, P. M., Miller, M. A., **Donofry, S. D.**, Kamarck, M. L., & Brainard, G. C. (2012). Melanopsin, photosensitive ganglion cells, and seasonal affective disorder. *Neuroscience and Biobehavioral Reviews*, *37*, 229-239. DOI: [doi: 10.1016/j.neubiorev.2012.12.009](https://doi.org/10.1016/j.neubiorev.2012.12.009)

MANUSCRIPTS IN PREPARATION OR UNDER REVIEW

1. **Donofry, S. D.**, Stillman, C. M., Hanson, J. L., Sheridan, M. A., Sun, S., Loucks, E. B., & Erickson, K. I. (In Preparation). Promoting brain health among adults exposed to early life adversity through physical activity: Potential mechanisms and theoretical framework.
2. **Donofry, S. D.**, Lesnovskaya, A., Gilmore, A. D., Drake, J. A., Ripperger, H. S., Donahue, P. T., Crisafio, M. E., Grove, G., Gentry, A. L., Sereika, S. M., Bender, C. M., & Erickson, K. I. (In Preparation). Influence of obesity on resting state connectivity of the hippocampus and amygdala among women newly diagnosed with breast cancer.
3. Hawkins, M. S., Buysse, D. J., Kolko Conlon, R. P., Cheng, Y., **Donofry S. D.**, Venditti, E. M., & Levine, M. D. (In Preparation). Sleep duration and efficiency modify the associations of physical activity during pregnancy and gestation weight gain.
4. Roecklein, K. A., Franzen, P. L., Wescott, D. L., Hasler, B. P., Miller, M. A., **Donofry, S. D.**, Dupont, C. M., Gratzmiller, S. M., Drexler, S. P., Wood-Vasey, M., & Gamlin, P. D. (Under Review). The post-illumination pupil response in summer and winter in unipolar seasonal affective disorder.
5. Sun, S., **Donofry, S. D.**, Sheridan, M. A., Erickson, K. I., & Loucks, E. B. (In Preparation). Potential role of mindfulness-based interventions in promoting health and well-being among adults exposed to early life adversities.

PRESENTATIONS

*denotes a published abstract

Oral

1. **Donofry, S. D.**, Lesnovskaya, A., Gilmore, A. D., Drake, J. A., Ripperger, H. S., Donahue, P. T., Crisafio, M. E., Grove, G., Gentry, A. L., Sereika, S. M., Bender, C. M., & Erickson, K. I. (2021, April). Body mass index is associated with resting state functional connectivity of the hippocampus and amygdala among women newly diagnosed with breast cancer. Paper accepted for a virtual presentation at the annual meeting of the Society for Behavioral Medicine. [virtual conference]
2. **Donofry, S. D.**, Erickson, K. I., Gianaros, P. J., Muldoon, M. F., & Manuck, S. B. (2020, April). Dispositional mindfulness is related to caloric intake and negative affect among healthy midlife adults. Paper accepted for presentation at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA. [conference cancelled]
3. **Donofry, S. D.**, Erickson, K. I., Levine, M. D., Gianaros, P. J., Muldoon, M. F., & Manuck, S. B. (2020, March). Depressive symptoms mediate the relationship between dispositional mindfulness and dietary quality among healthy midlife adults. Paper accepted for presentation at the annual meeting of the American Psychosomatic Society, Long Beach, CA. [conference cancelled]
4. **Donofry, S. D.**, Erickson, K. I., Levine, M. D., Gianaros, P. J., Muldoon, M. F., & Manuck, S. B. (2020, March). Depressive symptoms mediate the relationship between dispositional mindfulness and dietary quality among healthy midlife adults. Paper presented at the NHLBI Cardiovascular Epidemiology, Biostatistics and Prevention Trainee Session during the annual American Heart Association EPI/Lifestyle Scientific Sessions, Phoenix, AZ.
5. ***Donofry, S. D.**, Gianaros, P. J., Wright, A. G. C., Muldoon, M. F., & Manuck, S. B. (2016, April). The relationship of cardiometabolic risk to basal ganglia volume in midlife adults. Paper presented at the annual meeting of the British Feeding and Drinking Group, London, United Kingdom.

Poster

1. ***Donofry, S. D.**, Erickson, K. I., Levine, M. D., Gianaros, P. J., Muldoon, M. F., & Manuck, S. B. (2020, March). Depressive symptoms mediate the relationship between dispositional mindfulness and dietary quality among healthy midlife adults. Poster to be presented at the annual American Heart Association EPI/Lifestyle Scientific Sessions, Phoenix, AZ.
2. **Donofry, S. D.**, Germeroth, L. J., Conlon, R. P. K., Venditti, E. M., & Levine, M. D. (2019, November). Correlates of physical activity engagement among pregnant women with overweight and obesity. Poster presented at the annual meeting of the Obesity Society, Las Vegas, NV.
3. **Donofry, S. D.**, Germeroth, L. J., Conlon, R. P. K., Venditti, E. M., & Levine, M. D. (2019, September). Relationship between eating disorder pathology and physical activity in pregnant women with overweight and obesity. Poster presented at the annual meeting of the Eating Disorders Research Society, Chicago, IL.
4. Peven, J. C., **Donofry S. D.**, Jakicic, J. M., Rogers, R. J., Watt, J. C., & Erickson, K. I. (2019, June). Corticostriatal Reward sensitivity predicts weight loss following a 12-month intervention. Poster presented at the annual meeting for the Organization for Human Brain Mapping, Rome, Italy.

5. **Donofry, S. D.**, Germeroth, L. J., Conlon, R. P. K., Venditti, E. M., & Levine, M. D. (2019, June). Correlates of physical activity engagement among pregnant women with overweight and obesity. Poster presented at the annual WPIC Research Day of the University of Pittsburgh Department of Psychiatry.
6. Valentine, L. M., **Donofry, S. D.**, Broman, R. B., & Sexton, M. B. (2018, November). Contrasting telemental health and in person approaches to PTSD treatments for military sexual trauma: An examination of attrition status and speed. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
7. *Hampstead, B. M., Ma, S., **Donofry, S. D.**, & Bhaumik, A. (2018, July). Task-related fMRI change after High-Definition transcranial direct current stimulation in cognitively intact older adults and patients with MCI. Oral presentation given at the annual meeting of the Alzheimer's Association International Conference. Chicago, IL.
8. Valentine, L. M., **Donofry, S. D.**, Broman, R. B., & Sexton, M. B. (2018, May). Contrasting telemental health and in person approaches to PTSD treatments for military sexual trauma: An examination of attrition status and speed. Poster presented at the annual Albert J. Silverman Research Conference, Ann Arbor, MI.
9. **Donofry, S. D.**, Watt, J. C., & Erickson, K. I. (2018, May). Enhanced orbitofrontal cortex connectivity during the presentation of high calorie food in obesity. Poster presented at the annual Albert J. Silverman Research Conference, Ann Arbor, MI.
10. **Donofry, S. D.**, Watt, J. C., & Erickson, K. I. (2017, May). Enhanced orbitofrontal cortex connectivity during the presentation of high calorie food in obesity. Poster presented at the annual meeting of the Society for Biological Psychiatry, San Diego, CA.
11. **Donofry, S. D.**, Gianaros, P. J., Wright, A. G. C., Muldoon, M. F., & Manuck, S. B. (2016, May). The relationship of cardiometabolic risk to basal ganglia volume in midlife adults. Poster presented at the annual meeting of the Society for Biological Psychiatry, Atlanta, GA.
12. **Donofry, S. D.**, Watt, J. C., Rogers, R. J., Jakicic, J. M., & Erickson, K. I. (2015, November). Impulsivity and brain responses to visual food stimuli in adults with obesity. Poster presented at the annual meeting of the Obesity Society, Los Angeles, CA.
13. **Donofry, S. D.**, Brinsky, G. A., Miller, M. A., & Roecklein, K. A. (2015, June). Relationship between chronotype, meal timing, and body mass in seasonal affective disorder. Poster presented at the annual meeting of the Society for Light Therapy & Biological Rhythms, San Diego, CA.
14. Miller, M. A., **Donofry, S. D.**, Ferrell, R. E., Marsland, A. L., Manuck, S. B., & Roecklein, K. A. (2015, May). Variation in PER2 associated with processing speed performance in a community sample. Poster presented at the annual meeting of the Society for Biological Psychiatry, Toronto, Québec, Canada.
15. **Donofry, S. D.**, Roecklein, K. A., Miller, M. A., Hasler, B. P., Wright, A. G. C., Franzen, P. L., Wood-Vasey, W. M., & Gamlin, P. D. (2015, May). Melanopsin-specific retinal subsensitivity in seasonal affective disorder. Poster presented at the annual meeting of the Society for Biological Psychiatry, Toronto, Québec, Canada.
16. Roecklein, K.A., Miller, M.A., **Donofry, S.D.**, Hasler, B.P., Franzen, P.L., & Gamlin, P.D. (2014, June). Non-visual effects of light on mood through the melanopsin pathway in seasonal depression. Oral presentation given at the annual meeting of SLEEP in Minneapolis, MN.

17. **Donofry, S. D.**, Roecklein, K. A., Wildes, J. E., & Manuck, S. B. (2014, May). COMT val158 SNP Differentially Predicts Risk for and Severity of Eating Disorder Symptomatology. Poster presented at the annual meeting of the Society for Biological Psychiatry, New York, NY.
18. **Donofry, S. D.**, Roecklein, K. A., Rohan, K. J., & Wildes, J. E. (2013, November). Prevalence and Correlates of Binge Eating Disorder in Seasonal Affective Disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
19. **Donofry, S. D.**, Roecklein, K. A., Wong, P. M., & Miller, M. A. (2012, January). Melanopsin gene (*OPN4*) variation and binge eating in seasonal affective disorder. Poster presented at the biennial meeting of the Pineal Cell Biology Gordon Research Conference, Galveston, TX.
20. Miller, M. A., Wong, P. M., **Donofry, S. D.**, & Roecklein, K. A. (2012, January). Melanopsin Gene Variations Interact with Day Length to Predict Chronotype. Poster presented at the biennial meeting of the Pineal Cell Biology Gordon Research Conference, Galveston, TX.
21. Wong, P. M., Roecklein, K. A., Miller, M. A., & **Donofry, S. D.** (2012, January) Melanopsin gene variations interact with day length to predict sleep onset. Poster presented at the biennial meeting of the Pineal Cell Biology Gordon Research Conference, Galveston, TX.
22. ***Donofry, S. D.**, Roecklein, K. A., Miller, M. A., & Wong, P. M. (2011, June). Dopamine related polymorphisms and binge eating in seasonal affective disorder. Poster presented at the annual meeting of the Behavior Genetics Association, Newport, RI.

INVITED LECTURES

1. **[KEYNOTE]** Obesity and Brain Health. (2019, April). Keynote address at the 22nd Annual Laurel Highlands Undergraduate Research Conference, University of Pittsburgh at Johnstown, Johnstown, PA.
2. Differential diagnosis in dementia (2018, June). Presented at the VA Ann Arbor Mental Health Service Case Conference Series, Ann Arbor, MI
3. Treating Panic Disorder with Agoraphobia via home-based telemental health (2018, March). Presented at the VA Ann Arbor Mental Health Service Case Conference Series, Ann Arbor, MI
4. Cognitive Behavioral Therapy for Insomnia in shift work (2017, November). Presented at the VA Ann Arbor Mental Health Service Case Conference Series, Ann Arbor, MI
5. Shared alterations in emotion regulation neurocircuitry in depression and eating disorders (2017, May). Presented at the Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA
6. *COMT* val158 SNP differentially predicts risk for and severity of eating disorder symptomatology (2014, December). Presented at the University of Pittsburgh Psychology Department Clinical Brown Bag Series, Pittsburgh, PA

GRADUATE & POSTDOCTORAL RESEARCH EXPERIENCE

8/18 – present **Brain Aging and Cognitive Health Laboratory—
Department of Psychology**
NIH/NHBLI Postdoctoral Research Fellow

University of Pittsburgh
Pittsburgh, PA

Program Description: A research program investigating neural, genetic, and behavioral predictors of age-related cognitive decline, with a particular focus on the effects of obesity and physical activity on the brain.

Supervisor: Kirk Erickson, PhD (primary); Michele Levine, PhD (secondary)

- 9/17 – 8/18 **Hampstead Lab, Michigan Alzheimer’s Disease Center—** University of Michigan
Department of Psychiatry Ann Arbor, MI
Clinical Psychology Intern
Program Description: A research program investigating neural correlates of cognitive function and decline in aging adults, and nonpharmacological approaches to enhance age-related memory function (e.g., cognitive rehabilitation and direct brain stimulation).
Supervisor: Benjamin Hampstead, PhD, ABPP
- 1/16 – 5/16 **Psychology of Eating Laboratory—** Maastricht University
Faculty of Psychology and Neuroscience Maastricht, the Netherlands
Graduate Fellow
Program Description: A research program investigating neural, psychological, cognitive, and behavioral mechanisms underlying problem eating and obesity, with an emphasis on experimental and laboratory methodologies.
Supervisor: Anne Roefs, PhD
- 9/11 – 8/17 **SAD Lab—** University of Pittsburgh
Department of Psychology Pittsburgh, PA
Graduate Fellow
Project Description: A study investigating genetic, neural, hormonal, and behavioral risk factors underlying risk for or maintenance of seasonal affective disorder.
Supervisor: Kathryn A. Roeklein, PhD

CLINICAL EXPERIENCE

- 7/20 – Present **New and Expectant Mothers Skills Training (NEST) —** Western Psychiatric Hospital
Outpatient Mindfulness Based Cognitive Therapy Pittsburgh, PA
Clinical Psychologist/Group leader
- 4/19 – 7/20 **New and Expectant Mothers Skills Training (NEST) —** Western Psychiatric Hospital
Intensive Outpatient Program Pittsburgh, PA
Postdoctoral Clinician
Supervisor: Michele Levine, PhD
- 1/19 – Present **Center For Eating Disorders—** Western Psychiatric Hospital
Outpatient Mental Health Services Pittsburgh, PA
Postdoctoral Clinician
Supervisor: Michele Levine, PhD
- 3/18 – 8/18 **Health Psychology Clinic, Mental Health Service—** VA Ann Arbor Healthcare System
Outpatient Health Psychology Services Ann Arbor, MI
Predoctoral Clinical Psychology Intern
Supervisor: Lindsey Bloor, PhD, ABPP
- 3/18 – 8/18 **Neuropsychology Service—** VA Ann Arbor Healthcare System
Outpatient Neuropsychology Services Ann Arbor, MI

	Predocloral Clinical Psychology Intern <i>Supervisor: Robert J. Spencer, PhD</i>	
8/17 – 3/18	Telemental Health Clinic, Mental Health Service— Outpatient Mental Health Services Predocloral Clinical Psychology Intern <i>Supervisors: Lisa Valentine, PhD (primary); Chelsea Cawood, PhD (secondary)</i>	VA Ann Arbor Healthcare System Ann Arbor, MI
10/15 – 12/15 6/16 – 9/16	Department of Neurological Surgery— Outpatient Neuropsychology Services Graduate Psychology Extern <i>Supervisor: Luke Henry, PhD</i>	University of Pittsburgh Medical Center Pittsburgh, PA
9/15 – 10/15	Center for Sports Medicine Concussion Clinic— Outpatient Neuropsychology Services Graduate Psychology Extern <i>Supervisor: Luke Henry, PhD</i>	University of Pittsburgh Medical Center Pittsburgh, PA
8/14 – 8/15	Adolescent & Young Adult Medicine— Outpatient Primary Care Mental Health Services Graduate Psychology Extern Therapeutic Modalities: Cognitive Behavioral Therapy, Motivational Interviewing	Children’s Hospital of Pittsburgh Pittsburgh, PA
5/14 – 9/14	Center for Overcoming Problem Eating— Inpatient Treatment Program Graduate Psychology Extern Therapeutic Modalities: Dialectical Behavioral Therapy, Cognitive Behavioral Therapy	Western Psychiatric Hospital Pittsburgh, PA
5/12 – 5/17	Department of Psychology Clinical Psychology Center— Outpatient Mental Health Services Graduate Student Clinician Therapeutic modalities: Cognitive Behavioral Therapy, Interpersonal Therapy, Group Therapy	University of Pittsburgh Pittsburgh, PA

MENTORING EXPERIENCE

2020-2021	Nicole Eklund	Neuropsychology Research Associate, BACH Lab	Independent Research Mentor
2019-2020	Shannon Hochkeppel	Undergraduate, Psychology University of Pittsburgh	Directed Research Supervisor
2019-2020	Katie McMahon	Undergraduate, Psychology/Gender Studies University of Pittsburgh	Honors Thesis Committee Member
2016	Andrea Moonen	Masters Student, Psychology Maastricht University	Graduate Research Supervisor
2016	Sophia Sacchiatti	Masters Student, Psychology Maastricht University	Graduate Research Supervisor

2015-2016	Alysse Berry	Undergraduate, Psychology University of Pittsburgh	Honors Thesis Committee Member
2014-2015	Megan Schambura	Undergraduate, Psychology/Sociology University of Pittsburgh	Honors Thesis Committee Member

TEACHING EXPERIENCE

Guest Lectures

9/19	Exercise and the Brain: Functional Connectivity— Guest Lecturer	University of Pittsburgh Pittsburgh, PA
11/18 11/19	Population Neuroscience: Genomics and Epigenomics— Guest Lecturer	University of Pittsburgh Pittsburgh, PA
3/15	Behavioral Medicine: Motivational Interviewing module— Group facilitator	University of Pittsburgh Pittsburgh, PA

Full Courses

5/13 – 7/13	Biopsychology— Graduate Teaching Fellow	University of Pittsburgh Pittsburgh, PA
8/12 – 4/13	Learning and Motivation Laboratory— Graduate Teaching Fellow	University of Pittsburgh Pittsburgh, PA
8/12 – 12/12	Learning and Motivation— Graduate Teaching Assistant	University of Pittsburgh Pittsburgh, PA
1/12 – 4/12	Biopsychology— Graduate Teaching Assistant	University of Pittsburgh Pittsburgh, PA
1/12 – 4/12	Introduction to Social Psychology— Graduate Teaching Assistant	University of Pittsburgh Pittsburgh, PA
8/11 – 12/11	Introduction to Psychology— Graduate Teaching Assistant	University of Pittsburgh Pittsburgh, PA
1/10 – 4/10	Introduction to Psychology— Undergraduate Teaching Assistant	University of Pittsburgh Pittsburgh, PA

PROFESSIONAL SERVICE

Editorial Board Memberships:

2020	Nutrients
2020	Brain Sciences
2020	Frontiers in Human Neuroscience

Ad-hoc Peer Review Services:

Neuroscience & Biobehavioral Reviews • Cerebral Cortex • Journal of Neuroscience • Psychological Medicine • Human Brain Mapping • Nutrients • Psychosomatic Medicine • Social Cognitive & Affective Neuroscience • Psychophysiology • Brain Plasticity • Health Psychology • Behavioral Brain Research • Developmental Psychology • Psychiatry Research • Physiology & Behavior • Neuropsychology • Brain Sciences • Gene • Brain Connectivity • Archives of Women’s Mental Health • BMJ Open • Journal of Telemedicine and Telecare • Public Health Nutrition • Journal of Clinical Medicine • Advances in Rehabilitation • Psychology of Sports & Exercise

Other Review Services:

2019 Society for Behavioral Medicine Conference Abstract Submission Review, Decision Sciences section
 2019 Association for Psychological Science: Student Grant Competition; RISE Research Award

Committee Memberships:

2014 – 2017	Psi Chi International Student Honors Society— Graduate Student Advisor	University of Pittsburgh Pittsburgh, PA
2013 – 2014	Biological and Health Psychology Program— Graduate student Representative	University of Pittsburgh Pittsburgh, PA

SPECIALIZED TRAINING

Advanced statistical training:

1/15 – 5/15 Structural Equation Modeling
Instructor: Aidan G. C. Wright, PhD, University of Pittsburgh Psychology Department

MRI design and analysis:

9/16 – 12/16 Introduction to Computer Programming with Python
Instructor: George Novacky, PhD, University of Pittsburgh Computer Science Department

1/15 fMRI Design and Analysis with SPM and FSL: Week long intensive course offered by Neurometrika at Carnegie Mellon University

8/13 – 12/13 Advanced Laboratory Methods: fMRI
Instructor: Kirk Erickson, PhD, University of Pittsburgh Psychology Department

1/12 – 5/12 Neuroimaging Methods
Instructor: Kirk Erickson, PhD, University of Pittsburgh Psychology Department

Formal clinical training:

9/17 Motivational Interviewing: 2-day intensive instruction in the theory and implementation of MI
Instructors: Erin Bonar, PhD, Daniel T. DeSena, MSW, & Chamisa Mackenzie, LMSW; University of Michigan Department of Psychiatry

1/17 Acceptance and Commitment Therapy for Chronic Pain: 3-hour instruction in the theory and implementation of ACT for treatment of chronic pain syndromes.
Instructor: Susan Jarquin, PhD, University of Pittsburgh Medical Center Pain Medicine Program

1/13 Motivational Interviewing: 8-hour intensive instruction in the theory and implementation of MI
Instructor: Alan Zuckoff, PhD, University of Pittsburgh Department of Psychology

PROFESSIONAL MEMBERSHIPS

American Heart Association, Council on Lifestyle and Cardiometabolic Health	2019 – present
American Psychosomatic Society	2019 – present
Society for Behavioral Medicine	2019 – present
American Psychological Association, Division 38 (Health)	2018 – present
Association for Psychological Science	2018 – present

Society for a Science of Clinical Psychology
American Association for the Advancement of Science/Science
Society for Light Treatment and Biological Rhythms
Association for Behavioral and Cognitive Therapies

2018 – present
2016 – present
2015 – 2016
2013 – 2014