

SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae

University of Pittsburgh
Department of Psychology
Sennott Square, 210 S. Bouquet St.
Pittsburgh, PA 15260

Email: scb.1@pitt.edu; schoukas@gmail.com
Website: www.sophiachoukasbradley.com
Lab: Teen and Young Adult Lab (TAYA Lab)
Twitter: @TAYA_Lab

EDUCATION & TRAINING

University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA

Western Psychiatric Hospital, University of Pittsburgh Medical Center

2016–2017 T32 Postdoctoral Fellowship: Clinical Research Training for
Psychologists (MH018269-30, PI: Goldstein)
2015–2016 Pre-Doctoral Clinical Internship

University of North Carolina, Department of Psychology & Neuroscience, Chapel Hill, NC

2016 Ph.D. in Clinical Psychology
2011 M.A. in Psychology

Brown University, Providence, RI

2008 A.B. in Psychology (*magna cum laude*, Departmental Honors)

POSITIONS & LICENSURE

University of Pittsburgh, Pittsburgh, PA

Department of Psychology: Developmental, Clinical, & Social Programs

2022-Present Assistant Professor
2020-2022 Adjunct Professor
2017-2020 Assistant Professor

University of Delaware, Newark, DE

Department of Psychological & Brain Sciences: Clinical Science Program

2020-2022 Assistant Professor

Licensed Psychologist in Pennsylvania

2018-Present License #PS018622

AWARDS & HONORS

2021 **Women's Studies Faculty Research Award**, University of Delaware Department of Women & Gender Studies (one award per year)
2020 **APS Rising Star**, Association for Psychological Science
2018 **APA Division 7 Early Career Grant in Developmental Psychology**, American Psychological Association (one award per year)
2017 **Full Member**, International Academy of Sex Research
2015 **Martin S. Wallach Award**, for outstanding doctoral candidate in clinical psychology, University of North Carolina

- 2015 **SSCP Outstanding Student Teacher Award**, Society for a Science of Clinical Psychology
- 2014 **Psi Chi Teaching Award**, University of North Carolina Department of Psychology
- 2014 **Rosa Swanson Award**, for creating a supportive professional environment, University of North Carolina Department of Psychology
- 2013 **SRA/EARA Junior Scholar**, selected for training program, Society for Research on Adolescence & European Association for Research on Adolescence
- 2012–2014 **Three Letters of Commendation for Excellence in Teaching**, for student evaluations in top 10% of instructors and faculty, University of North Carolina

GRANTS FUNDED

- Investigator **Susan Crown Exchange**
6/22 – 5/23
HX Grant: Intervention to Support Adolescents' Positive Social Media Use
Principal Investigator: Dr. Emily Weinstein (Harvard School of Education)
Other Collaborators: Drs. Carrie James (Harvard School of Education), Jacqueline Nesi (Brown Dept. of Psychiatry), Brian Thoma (Pitt School of Education)
- Co-Investigator **NIH R21 – MH125256**
2/22 – 1/24
\$435,948
Social Media as a Predictor of Proximal Risk in Youth Suicide Attempters
Principal Investigator: Dr. Jamie Zelazny (Pitt School of Nursing)
- Co-Investigator **Lesbian Health Fund Grant**
11/21 – 10/22
\$30,000*
Psychosocial Factors and Depressive Symptoms Over Time Among Gender Minority Adolescents: A Longitudinal Pilot Study
Lesbian Health Fund
Principal Investigator: Dr. Brian Thoma (Pitt Dept. of Psychiatry)
*\$10,000 from Lesbian Health Fund, supplemented with \$20,000 from the University of Pittsburgh First star Program, awarded to Brian Thoma.
- Principal Investigator **Women's Studies Faculty Research Award**
9/21 – 5/22
\$4,972
Understanding Gendered Racial Identity Among Black Young Women: Qualitative Interviews Exploring Body Image, Sexuality, & Mental Health
University of Delaware Department of Women & Gender Studies and the Mae & Robert Carter Endowment in Women's Studies
Other Collaborators: Brianna Ladd, Anne Maheux, Savannah Roberts, Dr. Jioni Lewis (University of Maryland School of Education), Rowan Hunt (University of Louisville)
- Co-Investigator **NIH R01 – MH124866**
8/21 – 7/26
\$4,128,586
Effort: 10%
Neural Sensitivity to Social Evaluation and Daily Online and In-Person Social Experience with Peers: Predicting Fluctuations in Suicidality, Self-Harm, and Depressive Symptoms in Adolescent Girls
Principal Investigators: Drs. Jennifer Silk & Cecile Ladouceur

Other Collaborators: Drs. Erika Forbes, Lori Scott, Aidan Wright, David Brent, Nicholas Allen, Jacqueline Nesi (Brown University), Caroline Oppenheimer (RTI International)

Co-Investigator

2/21 – 7/21

\$31,800

BRIDGE Center Seed Grant

TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis

BRIDGE Center of Carnegie Mellon University and University of Pittsburgh

Principal Investigator: Dr. Caroline Oppenheimer

Other Collaborators: Drs. Jamie Hanson, Jennifer Silk, Helmet Karim

Co-Investigator

10/19 – 10/20

\$25,000

Pitt Innovation Challenge (PInCh)

TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis

Clinical and Translational Science Institute, University of Pittsburgh

Principal Investigator: Dr. Caroline Oppenheimer

Other Collaborators: Drs. Jennifer Silk, Helmet Karim, Jamie Hanson, Mary Phillips

Consultant

8/19 – 8/20

\$75,000

ETUDES Center Pilot Award (\$25,000, with \$50,000 matched funds)

Developing and Assessing the Acceptability of a Social Media-Delivered Intervention to Optimize Social Media Use and Reduce Social Isolation Among Rural Sexual and Gender Minority Youth

National Institute of Mental Health; ALACRITY Center (P50); University of Pittsburgh's Center for Enhancing Treatment & Utilization for Depression & Emergent Suicidality (ETUDES)

Principal Investigator: Dr. César Escobar-Viera (University of Pittsburgh Department of Psychiatry)

Principal Investigator

8/18 – 8/20

\$1,000

APA Division 7 Early Career Research Grant in Developmental Psychology

Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology

Division 7, American Psychological Association

Principal Investigator

8/18 – 8/20

\$17,924

University Research Council Grant: Central Research Development Fund

Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women's Gaze Toward Social Media Images

University Research Council Foundation, University of Pittsburgh

Principal Investigator

7/18 – 7/19

\$25,000

Clinical and Translational Science Institute (CTSI) Research Initiative for Special Populations

The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide

Clinical and Translational Science Institute, University of Pittsburgh, supported by the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program, grant UL1 TR001857

Other investigators: Drs. Tina Goldstein, Michael Marshal, Rachel Salk, Brian Thoma

Co-Investigator

7/17 – 7/18

\$2,300

University Research Council Grant for Research in Diversity

Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents

University Research Council Foundation, University of Pittsburgh

PI: Dr. Rachel Salk; Other Co-I: Dr. Brian Thoma

Principal Investigator

1/15 – 12/15

\$750

Doug Kirby Adolescent Sexual Health Research Grant

Peer Influences on Adolescents' Development of Sexual Behavior

Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)

Principal Investigator

6/14 – 6/15

\$1,500

Henry David Research Grant

Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design

American Psychological Foundation

Co-Investigator

7/12 – 7/13

\$20,000

Center for AIDS Research Developmental Award

Peer Influence Susceptibility and Adolescent HIV Risk Behavior

University of North Carolina Center for AIDS Research (P30 AI50410)

PI: Dr. Mitch Prinstein; Co-PI: Dr. Laura Widman

MENTORED STUDENT GRANTS, AWARDS, AND FELLOWSHIPS

National grants, awards, and fellowships received by graduate students in Choukas-Bradley lab

2021 **National Science Foundation Graduate Research Fellowship:** Savannah Roberts

2021 **Academy for Eating Disorders RSH Scholarship:** Savannah Roberts

2020 **Psi Chi Mamie Phipps Clark Diversity Research Grant:** Anne Maheux

2020 **APAGS/Psi Chi Junior Scientist Fellowship:** Savannah Roberts

2020 **National Science Foundation Graduate Research Fellowship:** Anne Maheux

2019 **APAGS/Psi Chi Junior Scientist Fellowship:** Anne Maheux

ACADEMIC PUBLICATIONS

(Publications in peer-reviewed journals & invited book chapters)

h-index = 25 • i10-index = 35 • total citations > 2,450

* indicates graduate student and ** indicates undergraduate student or bachelor's level post-baccalaureate trainee in Choukas-Bradley lab at the time work was conducted

^ indicates Sophia Choukas-Bradley served as mentoring author

2022 and In Press

70. Escobar-Viera C. G., **Choukas-Bradley, S.**, Sidani J., Maheux A. J., Roberts, S. R., Rollman, B. L. (in press). Examining social media experiences and attitudes toward technology-based interventions for reducing social isolation among LGBTQ youth living in rural United States: An online qualitative study. *Frontiers Digital Health*.
69. *Roberts, S. R., *Maheux, A. J., Watson, R. J., Puhl, R., & **Choukas-Bradley, S.** (in press). Sexual and gender minority (SGM) adolescents' disordered eating: Understanding general and SGM-specific risk and protective factors. *International Journal of Eating Disorders*. Advanced online publication. <https://doi.org/10.1002/eat.23727>
68. *Roberts, S. R., *Maheux, A. J., Hunt, R. A., **Ladd, B. A., & **Choukas-Bradley, S.** (2022). Incorporating social media and muscular ideal internalization into the tripartite influence model of body image: Towards a modern understanding of adolescent girls' body dissatisfaction. *Body Image*, 41, 239–247. <https://doi.org/10.1016/j.bodyim.2022.03.002>
67. **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (2022). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in U.S. adolescent girls during the COVID-19 lockdown. *Journal of Children and Media*. Advanced online publication. <https://doi.org/10.1080/17482798.2022.2039255>
66. *Maheux, A. J., *Roberts, S. R., Nesi, J., Widman, L., & **Choukas-Bradley, S.** (2022). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*, 1-6. <http://doi.org/10.1002/jad.12009>
65. **Carrino, E. A., **Bryen, C. P., *Maheux, A. J., Stewart, J. L., *Roberts, S. R., Widman, L., & **Choukas-Bradley, S.** (in press). Are feminists empowered activists or entitled whiners? An investigation of U.S. adolescents' definitions of "feminist" in a diverse, mixed-gender sample. *Sex Roles*. Advanced online publication. <http://doi.org/10.1007/s11199-021-01260-3>
64. Nesi, J., Dredge, R., *Maheux, A.J., *Roberts, S.R., Fox, K.A., & **Choukas-Bradley, S.** (in press). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
- ◆ Author version: <https://psyarxiv.com/s8mru/>
63. *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & **Choukas-Bradley, S.** (in press). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press.
62. **Choukas-Bradley, S.** & Thoma, B. C. (in press). Mental health among LGBT youth. In W. I. Wong & D. VanderLaan (Eds.), *Gender and Sexuality Development: Contemporary Theory and Research*. New York: Springer.
61. Hamilton, J. L., Nesi, J., & **Choukas-Bradley, S.** (2022). Re-examining adolescent social media and socioemotional well-being through the lens of the COVID-19 pandemic: A theoretical review and directions for future research. *Perspectives on Psychological Science*, 17: 662-679. <https://doi.org/10.1177/17456916211014189>
- ◆ An earlier pre-print version of this manuscript has been read over 55,000 times across ResearchGate and PsyArXiv (preprint published in April 2020; <https://psyarxiv.com/5stx4/>).

2021

60. *Maheux, A. J., & **Choukas-Bradley, S.** (2021). Sexuality and mental health in emerging

adulthood. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in emerging adulthood* (pp. 452-470). Oxford University Press.

59. Widman, L., Javidi, H., *Maheux, A. J., Evans, R., Nesi, J., & **Choukas-Bradley, S.** (2021). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, pornography, and starting relationships online. *Sexuality & Culture, 25*, 2092-2109. <https://doi.org/10.1007/s12119-021-09866-1>
58. †Giletta, M., †**Choukas-Bradley, S.**, Maes, M., Linthicum, K. P., Card, N. A., & Prinstein, M. J. (2021). A meta-analysis of longitudinal peer influence effects in childhood and adolescence. *Psychological Bulletin, 147*(7), 719-747. <https://doi.org/10.1037/bul0000329>.
†First authorship for this paper is shared.
- ◆ Author version: <https://psyarxiv.com/j6cdz/>
57. Galla, B. M., **Choukas-Bradley, S.**, Fiore, H. M., & Esposito, M. V. (2021). Values-alignment messaging boosts adolescents' motivation to control social media use. *Child Development, 92*, 1717-1734. <https://doi.org/10.1111/cdev.13553>
56. Ma, J., Korpak, A. K., **Choukas-Bradley, S.**, & Macapagal, K. (2021). Patterns of online relationship seeking among transgender and gender diverse adolescents: Advice for others and common inquiries. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000482>
55. Rezeppa, T. L., *Roberts, S. R., *Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls. *Body Image, 39*, 184-193. <https://doi.org/10.1016/j.bodyim.2021.08.007>.
54. Evans-Paulson, R., Widman, L., Brasileiro, J., *Maheux, A. J., & **Choukas-Bradley, S.** (2021). Examining the link between sexual self-concept and sexual communication among adolescents. *Communication Quarterly*. Advance online publication. <https://doi.org/10.1080/01463373.2021.1969585>
53. *Maheux, A. J., Nesi, J., Galla, B. M., *Roberts, S. R., & **Choukas-Bradley, S.** (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence, 31*, 734-747. <https://doi.org/10.1111/jora.12650>
52. *Roberts, S. R., Salk, R. H., Thoma, B. C., **Romito, M., Levine, M. D., & **Choukas-Bradley, S.** (2021). Disparities in disordered eating between gender minority and cisgender adolescents. *International Journal of Eating Disorders, 54*, 1135-1146. <https://doi.org/10.1002/eat.23494>
51. *Maheux, A. J., *Roberts, S. R., Evans, R., Widman, L., & **Choukas-Bradley, S.** (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image, 37*, 89-93. <https://doi.org/10.1016/j.bodyim.2021.01.014>
50. **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., Levine, M. D., & **Choukas-Bradley, S.** (2021). Exploring transgender adolescents' body image concerns and disordered eating: Semi-structured interviews with nine gender minority youth. *Body Image, 37*, 50-62. <https://doi.org/10.1016/j.bodyim.2021.01.008>

49. Thoma, B. C., Rezeppa, T. L., **Choukas-Bradley, S.**, Salk, R. H., & Marshal, M. P. (2021). Disparities in childhood abuse between transgender and cisgender adolescents. *Pediatrics*, *148*, e2020016907. <https://doi.org/10.1542/peds.2020-016907>
48. Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multimethod investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*, *10*(4), 488-499. <https://doi.org/10.1037/ppm0000342>
47. Hamilton, J. L., Do, Q., Ladouceur, C. D., **Choukas-Bradley, S.**, & Silk, J. S. (2021). Where it hurts the most: Peer interactions on social media and in person are differentially associated with emotional reactivity and sustained affect among adolescent girls. *Research on Child and Adolescent Psychopathology*, *49*(2). <https://doi.org/10.1007/s10802-020-00725-5>
46. *Maheux, A. J., **Zhou, Y., Thoma, B. C., Salk, R. H., & **Choukas-Bradley, S.** (2021). Examining sexual behavior among U.S. transgender adolescents. *Journal of Sex Research*, *58*, 1050-1060. Advance online publication. <https://doi.org/10.1080/00224499.2020.1855408>
45. *†Maheux, A. J., **†Bryen, C. P., **Carrino, E. A., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (2021). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay & Lesbian Mental Health*, *25*, 317-332. <https://doi.org/10.1080/19359705.2020.1843583>
†First authorship for this paper is shared.
44. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2021). Sleep among gender minority adolescents. *SLEEP*, *44*, 1-9. <https://doi.org/10.1093/sleep/zsaa185>
- 2020**
43. **Choukas-Bradley, S.** & Nesi, J. (2020). Applying developmental theory to adolescent peer influence processes in the social media context. In N. van Zalk & C. Monks (Eds.), *Online Peer Engagement in Adolescence: Positive and Negative Aspects of Online Social Interaction*. Abingdon, UK: Routledge. <https://doi.org/10.4324/9780429468360>
42. Thoma, B. C., & **Choukas-Bradley, S.** (2020). Mental health of transgender adolescents around the globe: A call for comprehensive assessment of gender identity. *JAMA Network Open*, *3*, e2023412. <https://doi.org/10.1001/jamanetworkopen.2020.23412>
41. Widman, L., Evans, R., & **Choukas-Bradley, S.** (2020). More meta-analytical explorations on adolescent sexual health interventions are needed—A reply. *JAMA Pediatrics*, *174*, 390-391. <https://doi.org/10.1001/jamapediatrics.2019.5894>
40. Espinosa-Hernandez, G., **Choukas-Bradley, S.**, van de Bongardt, D., & Van Dulmen, M. (2020). Romantic relationships and sexuality in diverse adolescent populations: Introduction to the special issue. *Journal of Adolescence*, *83*, 95-99. <https://doi.org/10.1016/j.adolescence.2020.07.002>
39. **Choukas-Bradley, S.**, Hipwell, A. E., *Roberts, S. R., *Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology*, *48*, 1649-1658. <https://doi.org/10.1007/s10802-020-00699-4>
38. †Salk, R. H., †Thoma, B. C., & †**Choukas-Bradley, S.** (2020). The Gender Minority Youth Study: Overview of methods and social media recruitment of a nationwide sample of U.S. cisgender

and transgender adolescents. *Archives of Sexual Behavior*, 49, 2601-2610.

<https://doi.org/10.1007/s10508-020-01695-x>.

†First authorship for this paper is shared.

37. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Galla, B. M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body Image*, 33, 164-174. <https://doi.org/10.1016/j.bodyim.2020.02.017>
36. Fox, K., **Choukas-Bradley, S.**, Salk, R. H., Marshal, M. P., & Thoma, B. C. (2020). Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity. *Journal of Consulting and Clinical Psychology*, 88, 402-415. <https://doi.org/10.1037/ccp0000486>
35. †Javidi, H., *†Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research*, 57, 1100-1107. <https://doi.org/10.1080/00224499.2019.1711009>
- †First authorship for this paper is shared.
34. Shensa, A., Sidani, J. E., Escobar-Viera, C. G., Switzer, G. E., Primack, B., & **Choukas-Bradley, S.** (2020). Emotional support from social media and in-person relationships: Associations with depressive symptoms among young adults. *Journal of Affective Disorders*, 260, 38-44. <https://doi.org/10.1016/j.jad.2019.08.092>
33. Widman, L., Kamke, K., Evans, R., Stewart, J. L., **Choukas-Bradley, S.**, & Golin, C. E. (2020). Feasibility, acceptability, and preliminary efficacy of an online sexual health program for adolescents. *Journal of Sex Research*, 57, 145-154. <https://doi.org/10.1080/00224499.2019.1630800>
32. *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **Choukas-Bradley, S.** (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence*, 78, 62-66. <https://doi.org/10.1016/j.adolescence.2019.12.002>

2019

31. Thoma, B. C., Salk, R. H., **Choukas-Bradley, S.**, Levine, M. D., Goldstein, T. R., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. *Pediatrics*, 144, e20191183. <https://doi.org/10.1542/peds.2019-1183>
30. **Choukas-Bradley, S.**, Sheppard, C. S., Prinstein, M. J., & Abela, J. R. Z. (2019). A cross-cultural examination of peer status and social correlates in the United States and China. *Merrill-Palmer Quarterly*, 65, 423-446. <https://doi.org/10.13110/merrpalmquar1982.65.4.0423>
29. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. *Journal of Adolescence*, 77, 90-97. <https://doi.org/10.1016/j.adolescence.2019.10.006>
28. †Lazarus, S. A., †**Choukas-Bradley, S.**, Beeney, J., Byrd, A., Vine, V., & Stepp, S. D. (2019). Too much too soon? Borderline personality disorder symptoms and romantic relationship functioning in adolescence. *Journal of Abnormal Child Psychology*, 47, 1995-2005. <https://doi.org/10.1007/s10802-019-00570-1>. †First authorship for this manuscript is shared.
27. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2019). Camera-ready: Young

women's appearance-related social media consciousness. *Psychology of Popular Media Culture*, 8(4), 473-481. <https://doi.org/10.1037/ppm0000196>

26. Widman, L., Evans, R., Javidi, H., & **Choukas-Bradley, S.** (2019). Assessment of parent-based interventions for adolescent sexual health: A systematic review and meta-analysis. *JAMA Pediatrics*, 73, 866-877. <https://doi.org/10.1001/jamapediatrics.2019.2324>
25. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Noar, S. M. (2019). Examining the role of self-objectification and appearance expectations in young women's indoor tanning behavior. *Sex Roles*, 80, 52-62. <https://doi.org/10.1007/s11199-018-0913-9>

2018

24. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health*, 62, 651-660. <https://doi.org/10.1016/j.jadohealth.2018.02.007>
23. Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*, 21, 267-294. <https://doi.org/10.1007/s10567-018-0261-x>
22. Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*, 21, 295-319. <https://doi.org/10.1007/s10567-018-0262-9>
21. Trinh, S., & **Choukas-Bradley, S.** (2018). "No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications. *Psychology of Men and Masculinity*, 19, 430-438. <https://doi.org/10.1037/men0000113>

2011-2017

(graduate school, internship, & post-doctoral training years)

20. Eckstrand, K. L., **Choukas-Bradley, S.**, Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience*, 27, 1-9. <https://doi.org/10.1016/j.dcn.2017.07.004>
19. Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2017). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence*, 27(2), 471-477. <http://dx.doi.org/10.1111/jora.12274>.
18. Widman, L., **Choukas-Bradley, S.**, Noar, S. M., Nesi, J., & Garrett, K. P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics*, 170(1), 52-61. <https://doi.org/10.1001/jamapediatrics.2015.2731>
17. Higgins, M. K., **Choukas-Bradley, S.**, Crowder, E. E., & Bardone-Cone, A. M. (2016). Examining moderators of the relation between body consciousness during sexual activity and disordered eating. *Advances in Eating Disorders*, 4(1), 31-46, <https://doi.org/10.1080/21662630.2015.1081074>

16. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2016). Adolescent susceptibility to peer influence in sexual situations. *Journal of Adolescent Health, 58*(3), 323-329. <https://doi.org/10.1016/j.jadohealth.2015.10.253>
15. **Choukas-Bradley, S.**, Giletta, M., Cohen, G. L., & Prinstein, M. J. (2015). Peer influence, peer status, and prosocial behavior: An experimental investigation of peer socialization of adolescents' intentions to volunteer. *Journal of Youth and Adolescence, 44*(12), 2197-2210. <https://doi.org/10.1007/s10964-015-0373-2>
14. Helms, S. W., Gallagher, M., Calhoun, C. D., **Choukas-Bradley, S.**, Dawson, G. C., & Prinstein, M. J. (2015). Intrinsic religiosity buffers the longitudinal effects of peer victimization on adolescent depressive symptoms. *Journal of Clinical Child and Adolescent Psychology, 44*, 471-479. <https://doi.org/10.1080/15374416.2013.865195>
13. **Choukas-Bradley, S.**, Goldberg, S. K., Widman, L., Reese, B. M., & Halpern, C. T. (2015). Demographic and developmental differences in the content and sequence of adolescents' ideal romantic relationship behaviors. *Journal of Adolescence, 45*, 112-126. <https://doi.org/10.1016/j.adolescence.2015.08.019>
12. Youngstrom, E. A., **Choukas-Bradley, S.**, Calhoun, C. D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice, 22*, 20-35. <https://doi.org/10.1016/j.cbpra.2013.12.005>
11. **Choukas-Bradley, S.**, Giletta, M., Neblett, E. W., & Prinstein, M. J. (2015). Ethnic differences in associations among popularity, likeability, and trajectories of adolescents' alcohol use and frequency. *Child Development, 86*, 519-535. <https://doi.org/10.1111/cdev.12333>
10. Helms, S. W., **Choukas-Bradley, S.**, Widman, L., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2014). Adolescents misperceive and are influenced by high-status peers' health risk, deviant, and adaptive behavior. *Developmental Psychology, 50*, 2697-2714. <https://doi.org/10.1037/a0038178>
9. **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Peer relations and the development of psychopathology. In M. Lewis & K. D. Rudolph (Eds.), *Handbook of Developmental Psychopathology* (3rd ed.). New York: Springer.
8. Reese, B. M., **Choukas-Bradley, S.**, Herring, A. H., & Halpern, C. T. (2014). Correlates of adolescent and young adult sexual initiation patterns. *Perspectives on Sexual and Reproductive Health, 46*, 211-221. <https://doi.org/10.1363/46e2214>
7. **Choukas-Bradley, S.**, Giletta, M., Widman, L., Cohen, G. L., & Prinstein, M. J. (2014). Experimentally measured susceptibility to peer influence and adolescent sexual behavior trajectories: A preliminary study. *Developmental Psychology, 50*, 2221-2227. <https://doi.org/10.1037/a0037300>
6. Widman, L., **Choukas-Bradley, S.**, Helms, S. W., Golin, C. E., & Prinstein, M. J. (2014). Sexual communication between early adolescents and their dating partners, parents, and best friends. *Journal of Sex Research, 51*, 731-741. <https://doi.org/10.1080/00224499.2013.843148>
5. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. B. (2014). Adolescent sexual health communication and condom use: A meta-analysis. *Health Psychology, 33*, 1113-1124. <https://doi.org/10.1037/hea0000112>

4. Rancourt, D., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2014). An experimental examination of peers' influence on adolescent girls' intent to engage in maladaptive weight-related behaviors. *International Journal of Eating Disorders*, *47*, 437-447. <https://doi.org/10.1002/eat.22258>
3. Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health*, *54*, 612-614. <https://doi.org/10.1016/j.jadohealth.2013.12.009>
2. Prinstein, M. J., **Choukas-Bradley, S.**, & Guan, K. (2012). Deciding to apply and successfully gaining admission to graduate schools in psychology. In M. J. Prinstein (Ed.), *The portable mentor: Expert guide to a successful career in psychology* (2nd ed.) New York: Springer.
1. Prinstein, M. J., **Choukas-Bradley, S.**, Helms, S. W., Brechwald, W. A., & Rancourt, D. (2011). High peer popularity longitudinally predicts adolescent health risk behavior, or does it? An examination of linear and quadratic associations. *Journal of Pediatric Psychology*, *36*, 980-990. <https://doi.org/10.1093/jpepsy/jsr053>

Manuscripts Under Review

9. *Maheux, A. J., Widman, L., Hurst, J. L., Evans-Paulson, R., Craig, E., & **Choukas-Bradley, S.** (manuscript invited for resubmission). *Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies.*
8. Jardas, E., **Ladd, B. A., *Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., & Thoma, B. C. (manuscript under review). *Testing the minority stress model in a racially/ethnically diverse U.S. sample of gender minority adolescents.* Manuscript invited for submission to a special issue in *Journal of Psychopathology and Clinical Science: "Intersectional Approaches to Risk, Resilience, and Mental Health in Marginalized Populations."*
7. Thoma, B. C., Jardas, E., **Choukas-Bradley, S.**, & Salk, R. H. (manuscript under review). *Perceived gender transition progress, gender congruence, and mental health symptoms among transgender adolescents.*
6. Widman, L., *Maheux, A. J., Craig, E., Evans-Paulson, R., & **Choukas-Bradley, S.** (manuscript under resubmission). *Sexual communication between adolescent partners: A scoping review and directions for future research.*
5. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., & **Choukas-Bradley, S.** (manuscript under resubmission). *Black adolescents' appearance concerns, depressive symptoms, and self-objectification: Exploring the roles of gender and ethnic-racial identity commitment.*
4. Karim, S., **Choukas-Bradley, S.**, Radovic, A., *Roberts, S. R., *Maheux, A. J., & Escobar-Viera, C. G. (manuscript under review). *Support-seeking over social media among rural sexual and gender minority youth: Opportunities for intervention research.*
3. **Choukas-Bradley, S.**, *Roberts, S. R., *Maheux, A. J., & Nesi, J. (manuscript under resubmission). *The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health.*
 - ◆ Preprint: <https://psyarxiv.com/ju92a/>
2. *Maheux, A. J., Widman, L., Hurst, J. L., & **Choukas-Bradley, S.** (manuscript under review). *Patterns of parent–adolescent communication about health-related topics: A latent class approach.*

1. *Maheux, A. J., *Roberts, S. R., Nesi, J., Widman, L., & ^Choukas-Bradley, S. (manuscript invited for resubmission). *Psychometric validation and factor structure of the Appearance-Related Social Media Consciousness Scale among emerging adults.*
 - ◆ Pre-print: <https://psyarxiv.com/gja83/>

Selected Manuscripts in Preparation

7. Landor, A. M., Ramseyer Winter, V. L., Binitie Thurston, I., Chan, J., Craddock, N., **Ladd, B. A., Tylka, T. L., Swami, V., Watson, L. B., & Choukas-Bradley, S. (manuscript in preparation). *Redefining body image: Toward an explicitly inclusive and intersectional definition and theory.*
6. *Roberts, S. R., *Maheux, A. J., **Bryen, C. P., **Carrino, E. A., Thoma, B. T., & Salk, R. H. & ^Choukas-Bradley, S. (manuscript in preparation). *Feminist definitions and self-identification among gender minority adolescents.*
5. Choukas-Bradley, S., **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., Thoma, B. C., **Bryen, C. P., **Carrino, E. A., & Goldstein, T. R. (manuscript in preparation). *Exploring sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis.*
4. Hurst, J. L., Widman, L., Brasileiro, J., *Maheux, A. J., Evans-Paulson, R., & Choukas-Bradley, S. (manuscript in preparation). *Parents' attitudes towards the content of sex education: Associations with religiosity and political affiliation.*
3. Choukas-Bradley, S., *Maheux, A. J., **Boyajian, L. E., *Roberts, S. R., Thoma, B. T., Levine, M. D., & Salk, R. H. (manuscript in preparation). *Self-objectification among gender adolescents.*
2. *Maheux, A. J., *Roberts, S. R., Nesi, J., Widman, L., & ^Choukas-Bradley, S. (manuscript in preparation). *Appearance-related social media consciousness and adolescents' depressive symptoms: A growth curve analysis.*
1. Bibby, E. S., Widman, L., Turpyn, C., Choukas-Bradley, S., Nesi, J., Prinstein, M. J., & Telzer, E. H. (manuscript in preparation). *A multi-wave assessment of adolescents' sexual communication with parents, peers, and partners.*

CONFERENCE PRESENTATIONS

* indicates graduate student and ** indicates undergraduate student or bachelor's level post-baccalaureate trainee in Choukas-Bradley lab at the time work was conducted
^ indicates Sophia Choukas-Bradley served as mentoring author

Published Conference Abstracts

10. Levenson, J. C., Thoma, B. C., Hamilton, J. L., Choukas-Bradley, S., & Salk, R. H. (2020). Sleep among transgender and cisgender adolescents. *SLEEP, 43*, A136-A137.
<https://doi.org/10.1093/sleep/zsaa056.355>
9. Choukas-Bradley, S., Marshal, M. P., Thoma, B. C., Salk, R. H., Goldstein, T. R., & Levine, M. D. (2020). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. *Annals of Behavioral Medicine, 54*, S157.
<https://doi.org/10.1093/abm/kaaa009>
8. Choukas-Bradley, S., Escobar-Viera, C. G., Egan, J., Vogel, E. A., Ford, S., & Pagoto, S. (2020). Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing. *Annals of Behavioral Medicine, 54*, S157.
<https://doi.org/10.1093/abm/kaaa009>

7. Escobar-Viera, C. G., Sidani, J. E., Shensa, A., Shaaban, S., **Choukas-Bradley, S.**, & Rollman, B. (2020). A social media intervention to reduce social isolation among rural sexual and gender minority youth: Study design and preliminary acceptability. *Annals of Behavioral Medicine*, 54, S158. <https://doi.org/10.1093/abm/kaa009>
6. Nelson, K. M., **Choukas-Bradley, S.**, Gordon, A. R., & Macapagal, K. (2020). Practical and ethical considerations for conducting online research among sexual and gender minority youth. *Annals of Behavioral Medicine*, 54, S184. <https://doi.org/10.1093/abm/kaa009>
5. Eckstrand, K. L., **Choukas-Bradley, S.**, Cross, M., Silk, J. S., Allen, N. B., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Journal of the American Academy of Child & Adolescent Psychiatry*, 56, S235. <https://doi.org/10.1016/j.jaac.2017.09.236>
4. Widman, L., Nesi, S. M., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Annals of Behavioral Medicine*, 47, S241. <https://doi.org/10.1007/s12160-014-9596-9>
3. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. B. (2014). Meta-analysis of adolescent sexual communication and condom use. *Annals of Behavioral Medicine*, 47, S242. <https://doi.org/10.1007/s12160-014-9596-9>
2. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.**, & Prinstein, M. J. (2011). Peers strongly reinforce engagement in early sexual behavior, or do they? *Annals of Behavioral Medicine*, 41, S231. <https://doi.org/10.1007/s12160-011-9263-3>
1. **Choukas-Bradley, S.**, Helms, S. W., Cole, D. J., & Prinstein, M. J. (2011). Preventing girls' early substance use and sexual intercourse: The role of relational aggression. *Annals of Behavioral Medicine*, 41, S221. <https://doi.org/10.1007/s12160-011-9263-3>

Oral Conference Presentations

51. **Choukas-Bradley, S.**, *Maheux, A. J., Nesi, J., Galla, B. M., & *Roberts, S. R. (2022, March). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. In P. Alt (Chair), *The Impact of the COVID-19 Pandemic on Adolescent Emotional Adjustment*. Virtual symposium at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
50. *Maheux, A. J., Widman, L., Hurst, J. L., Evans-Paulson, R., Craig, E., & **Choukas-Bradley, S.**, (2022, February). *Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies*. Data blitz talk at the Sexuality Preconference at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.
49. *Maheux, A. J. & **Choukas-Bradley, S.** (2022, February). Appearance-related math stereotypes and adolescent girls' and boys' math outcomes. In *A. J. Maheux (Chair), *Diversifying STEM across development*. Symposium at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.
48. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., & **Choukas-Bradley, S.** (2021, November). *Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity*. Flash talk and poster presented

at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).

47. *Roberts, S. R., *Maheux, A. J., & ^**Choukas-Bradley, S.** (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity*. Flash talk and poster presented at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).
- ◆ **Received the Best Poster Award from the Obesity and Eating Disorders Special Interest Group**
46. Evans, R., Widman, L., Dodson, C., Scull, T., Javidi, H., *Maheux, A. J., Nesi, J., & **Choukas-Bradley, S.** (2021, November). *Promoting adolescent sexual health in the digital age through media literacy and sexual communication*. Symposium at the Society for the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.
45. *Roberts, S. R., *Maheux, A. J., Watson, R. J., Puhl, R., & ^**Choukas-Bradley, S.** (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents' disordered eating. In A. Convertino (Chair), *Disordered eating among sexual and gender minority populations*. Symposium at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).
44. Karim, S., *Maheux, A. J., *Roberts, S. R., **Choukas-Bradley, S.**, & Escobar-Viera, C. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents*. Roundtable presentation at the annual meeting of the American Public Health Association, Denver, CO.
43. *Roberts, S. R., *Maheux, A. J., Salk, R., **Romito, M., Thoma, B. C., Levine, M. D., & ^**Choukas-Bradley, S.** (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents*. Paper at the International Conference of Eating Disorders (virtual conference).
- ◆ **Selected for Best Paper category.**
42. Ma, J., Korpak, K. A., **Choukas-Bradley, S.**, & Macapagal, R. K. (2021, April). *Online relationship seeking among transgender and gender diverse adolescents*. Paper presented at the Midwestern Psychological Association 2021 Meeting.
41. *Maheux, A. J., *Roberts, S. R., Nesi, J., Galla, B. M., & ^**Choukas-Bradley, S.** (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: advances in gendered nature of children's and adolescents' peer relationships*. Symposium at biannual meeting of Society for Research in Child Development (virtual conference).
40. Galla, B. M., **Choukas-Bradley, S.**, Fiore, H., & Esposito, M. (2021, April). Values-alignment messaging boosts adolescents' motivation to control social media use. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives*. Symposium at biannual meeting of Society for Research in Child Development (virtual conference).
39. **Choukas-Bradley, S.**, *Roberts, S. R., *Maheux, A. J., & Nesi, J. (2021, April). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives*. Symposium at biannual meeting of Society for Research in Child Development (virtual conference).

38. *Maheux, A. J., Nesi, J., *Roberts, S. R., Galla, B. M., & ^**Choukas-Bradley, S.** (2021, April). *The new normal: Adolescent social media use and well-being during the COVID-19 pandemic*. Invited talk at the Peer Relations Pre-Conference at the biannual meeting of the Society for Research in Child Development (virtual conference).
37. *Maheux, A. J., **Zhou, Y., Thoma, B. C., Salk, R. H., & ^**Choukas-Bradley, S.** (2021, February). *Examining sexual behavior among U.S. transgender adolescents*. Data blitz presentation at the Sexuality Preconference of the Society for Personality and Social Psychology annual convention (virtual conference).
36. *Maheux, A. J., & ^**Choukas-Bradley, S.** (2021, February). *What's cool about math?: Gender differences in math motivation relating to adolescents' perceptions of friends', popular peers', and unknown peers' math abilities and beliefs*. Data blitz presentation at the Gender Preconference of the Society for Personality and Social Psychology annual convention (virtual conference).
35. Evans, R., Widman, L., Brasileiro, J., *Maheux, A., Spiva, S., & **Choukas-Bradley, S.** (2020, November). *Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents*. Brief presentation at the Society for the Scientific Study of Sexuality (virtual conference).
34. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020, June). *Sleep among transgender and cisgender adolescents*. Presented at the annual meeting of the Associated Professional Sleep Societies (virtual conference).
33. **Choukas-Bradley, S.**, Thoma, B. C., Salk, R. H., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2020, April). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing*. Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
32. Escobar-Viera, C., Sidani, J., Shensa, A., Shaaban, S., **Choukas-Bradley, S.**, & Rollman, B. (2020, April). Optimizing social media use and reducing social isolation among rural sexual and gender minority adolescents: Study design and preliminary acceptability results. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing*. Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
31. **Choukas-Bradley, S.**, **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D. (2020, March). Exploring transgender adolescents' body image concerns: Semi-structured interviews with nine gender minority youth. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
30. *Roberts, S. R., Salk, R. H., **Romito, M., Thoma, B. C., Levine, M. D., & ^**Choukas-Bradley, S.** (2020, March). Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).

29. Thoma, B. C., **Choukas-Bradley, S.**, Rezeppa, T., Salk, R. H., & Marshal, M. P. (2020, March). Disparities in childhood emotional, physical, and sexual abuse between transgender and cisgender adolescents in the United States. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
28. Nesi, J., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck (Chair), *Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health*. Symposium at annual meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
27. Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (2020, March). *Adolescent sexual communication and behavior in the digital age: Sexting, porn, and using social media to meet partners*. Paper presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
26. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2019, November). *Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years*. Oral presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
25. Javidi, H., *Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.**, & Peterson, Z. D. (2019, November). *Understanding adolescents' attitudes toward affirmative consent*. Brief presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
24. Thoma, B.C., Salk, R.H., **Choukas-Bradley S.**, Goldstein, T.R., Levine, M.D., & Marshal, M.P. (July 2019). *Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey*. Oral presentation at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
23. Widman, L., Javidi, H., **Choukas-Bradley, S.**, & Nesi, J. (July, 2019). *Adolescent sexual behavior and communication in the digital age: Sexting, porn, and using social media to meet partners*. Brief communication talk at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
22. **Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2019, March). Social media and self-objectification: Examining the implications for adolescents' body image and mental health. In K. Burnell (Chair), *Social media use and adolescent adjustment: Considering quality over quantity*. Symposium at biannual meeting of Society for Research in Child Development, Baltimore, MD.
21. **Choukas-Bradley, S.**, Nesi, J., & Widman, L. (2018, October). *Social media self-objectification: Associations with adolescents' body image and mental health*. Flash talk and poster presented at the second Digital Media and Developing Minds conference of Children and Screens, Long Island, NY.
20. Giletta, M., **Choukas-Bradley, S.**, Maes, M., Linthicum, R, Card, N.A., & Prinstein, M.J. (2018, September). When and to what extent do peers influence youth behavior? A review and meta-analysis of peer influence effects in childhood and adolescence. In Schultz, S. (Chair),

Meta-analytic approaches to social relationships and interactions in adolescence. Symposium at the European Association for Research on Adolescence, Ghent, Belgium.

19. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and tech: Spill-over of adolescents' digital technology use to offline behaviors and wellbeing.* Symposium at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
18. Nesi, J., & **Choukas-Bradley, S.** (2017, October). Social media as a unique context for adolescent sexual behavior. In C. Catarozoli (Chair), *Sexting and social media: Risk-taking behavior in the 21st century.* Symposium at annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.
17. **Choukas-Bradley, S.**, & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms.* Symposium at biannual meeting of Society for Research on Child Development, Austin, TX.
16. Rofey, D., **Choukas-Bradley, S.**, & Sequeira, G. (2016, September). *Weight concerns in transgender youth.* Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA. +Presenting authors
15. **Choukas-Bradley, S.**, Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
14. Nesi, J., Giletta, M., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
13. Widman, L., **Choukas-Bradley, S.**, Prinstein, M. J. (2015, August). *Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach.* Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.
12. Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, November). *Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach.* Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.
11. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis.* Paper presented at annual meeting of International Academy of Sex Research, Dubrovnik, Croatia.
10. Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.
9. Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.

8. **Choukas-Bradley, S.,** Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
7. Giletta, M., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
6. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors*. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
5. **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, WA.
4. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, WA.
3. Reese, B. M., **Choukas-Bradley, S.,** & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns*. Paper presented at annual meeting of Population Association of America, New Orleans, LA.
2. **Choukas-Bradley, S.,** Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence*. Symposium presented at biannual meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.
1. Brechwald, W. A., **Choukas-Bradley, S.,** & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts*. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Poster Presentations

37. Thoma, B. C., Jardas, E., **Choukas-Bradley, S.,** & Salk, R. H. (2022, July). *Gender transition progress, gender congruence, and mental health symptoms among transgender adolescents*. Poster at the annual conference of the International Academy of Sex Research, Reykjavik, Iceland.

36. *Martino, R. M., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & ^Choukas-Bradley, S. (2022, March). *The role of feminist identity and gender in endorsement of hookup culture among emerging adults*. Poster at the Society for Research on Adolescence Biennial Meeting.
35. *Stout, C. D., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., & ^Choukas-Bradley, S. (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups*. Poster at the Society for Research on Adolescence Biennial Meeting. New Orleans, LA.
34. Escobar-Viera, C. G., **Choukas-Bradley, S.**, Sidani, J., *Maheux, A. J., *Roberts, S. R., & Rollman, B. (2022, March). *Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth*. Poster at the annual meeting of the Society for Adolescent Health and Medicine. San Diego, CA.
33. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., Thoma, B. C., Salk, R. H., & ^Choukas-Bradley, S. (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology*. Poster at the Association for Behavioral and Cognitive Therapies 55th annual convention (virtual conference).
32. *Martino, R. M., *Roberts, S. R., *Maheux, A. J., **Ladd, B. A., *Stout, C. D., & ^Choukas-Bradley, S. (2021, November). *The role of feminist identity and gender in endorsement of hookup culture among emerging adults*. Poster at the Harvard Women in Psychology Trends in Psychology Summit (virtual conference).
31. *Roberts, S. R., *Maheux, A. J., Widman, L., & ^Choukas-Bradley, S. (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents*. Poster at the biennial meeting for the Centre for Appearance Research, virtual conference.
30. Hurst, J. L., Widman, L., Evans, R., & **Choukas-Bradley, S.** (2021, May). *Parents' attitudes towards including information about sexual orientation and gender in adolescent sex education: Associations with religiosity and political affiliation*. Poster at the 7th National LGBTQ Health Conference: Bridging Research & Practice (virtual conference).
29. *Maheux, A. J., *Roberts, S. R., Widman, L., Nesi, J., & ^Choukas-Bradley, S. (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness*. Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
28. *Roberts, S. R., **Ladd, B. A., *Maheux, A. J., & ^Choukas-Bradley, S. (2021, February). *The effect of the thin and muscular ideal on adolescents' body image*. Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
27. Bibby, E. S., Widman, L., Turpyn, C., **Choukas-Bradley, S.**, Nesi, J., Prinstein, M.J., & Telzer, E. H. (2021, February). *A multi-wave assessment of ethnic and gender differences in adolescents' sexual communication with parents, peers, and partners*. Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
26. **Ladd, B. A., *Maheux, A. J., *Roberts, S. R., **Bryen, C. P., **Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & ^Choukas-Bradley, S. (2020, November). *Exploring sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis*. Poster presentation at the Society for the Scientific Study of Sexuality (virtual conference).

25. Rezeppa, T. L., **Choukas-Bradley, S.**, *Maheux, A. J., *Roberts, S. R., Salk, R. H., & Thoma, B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women*. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.
24. **Drexler, S. A., *Maheux, A. J., Widman, L., & **Choukas-Bradley, S.** (2020, March). *Adolescent feminist identification and condom use intentions*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
23. **Romito, M., Salk, R. H., *Roberts, S. R., Thoma, B. C., & Levine, M. D., & **Choukas-Bradley, S.** (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating*. Poster at the annual meeting of the Midwestern Psychological Association, Chicago, IL (Conference canceled).
22. *Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **Choukas-Bradley, S.** (2020, March). *Adolescent sexting: The role of peer influence and perceptions of peer norms*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
21. **Zhou, Y., *Maheux, A. J., Thoma, B. C., Salk, R. H., & **Choukas-Bradley, S.** (2020, March). *Sexual behavior of gender minority adolescents in the United States*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
20. **Henry, H. R., *Maheux, A. J., Thoma, B. C., Salk, R. H., **Ladd, B. A., & **Choukas-Bradley, S.** (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
19. *Maheux, A. J., Widman, L., & **Choukas-Bradley, S.** (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
18. *Roberts, S. R., *Maheux, A. J., **Bryen, C. P., **Carrino, E. A., Salk, R. H., Thoma, B. C., & **Choukas-Bradley, S.** (2020, March). *"Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
 - ◆ ***Received the Student Poster Award (one of three for whole conference)***
17. *Maheux, A. J., **Carrino, E. A., **Bryen, C. P., **Zhou, Y., & **Choukas-Bradley, S.** (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
16. **Bryen, C. P., **Carrino, E. A., *Maheux, A. J., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
15. **Carrino, E. A., **Bryen, C. P., *Maheux, A. J., Stewart, J. L., Widman, L., & **Choukas-Bradley, S.** (2019, March). *"They want equal rights, but...": A mixed methods investigation of adolescents' conceptions of feminism*. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.

14. *Maheux, A. J., Evans, R., Widman, L., Prinstein, M. J., & **Choukas-Bradley, S.** (2019, March). *Sexing in adolescence: The role of peer influence and perceptions of peer norms*. Poster presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
13. **Choukas-Bradley, S.**, Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18*. Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
12. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.**, & Stewart, J. L. (2018, July). *Technology-based interventions to reduce STIs and unintended pregnancy among youth: A meta-analysis*. Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
11. Widman, L., Stewart, J. L., **Choukas-Bradley, S.**, Nesi, J., & Prinstein, M. J. (2017, July). *Having "the talk": A multi-wave assessment of parent-adolescent sexual communication*. Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.
10. **Choukas-Bradley, S.**, Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women*. Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.
9. Trinh, S., & **Choukas-Bradley, S.** (2016, April). *"No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
8. Nesi, J., Widman, L., **Choukas-Bradley, S.**, & Prinstein, M. J. (2016, April). *Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships*. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
7. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.**, & Prinstein, M. J. (2011). *Peers strongly reinforce engagement in early sexual behavior, or do they?* Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
6. **Choukas-Bradley, S.**, Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression*. Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
5. **Choukas-Bradley, S.**, Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The moderating role of impulsivity*. Poster presented at biannual meeting of Society for Research in Child Development, Montreal, Canada.
4. **Choukas-Bradley, S.**, Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories*. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

3. **Choukas-Bradley, S., & Prinstein, M. J.** (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity*. Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
2. **Choukas-Bradley, S., Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C.** (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context*. Poster presented at biannual meeting of Society for Research in Child Development, Denver, CO.
1. **Choukas-Bradley, S., Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L.** (2008, March). *Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth*. Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

CONFERENCE CHAIR, PANELIST, & INVITED DISCUSSANT ROLES

- Panelist in Body Image and Eating Disorder Prevention Across the Lifespan*. Panel at the annual International Conference on Eating Disorders (virtual conference), June 2022.
- Chair of New Advances in the Study of Adolescents' Social Media Use: Theoretical and Empirical Perspectives*. Symposium at biannual meeting of Society for Research in Child Development (virtual conference), April 2021.
- Panelist in K. Nelson (Chair): Practical and Ethical Considerations for Conducting Online Research Among Sexual and Gender Minority Youth*. Panel at annual conference of the Society of Behavioral Medicine, San Francisco, CA, April 2020 (Conference canceled).
- Chair of Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches*. Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California, March 2020 (Conference canceled).
- Discussant in K. Flannery (Chair): #PeerProblems: Examining the Role of Social Media in Transforming Peer Experiences and Influencing Adolescent Adjustment*. Symposium at biannual meeting of Society for Research in Child Development, Baltimore, MD, March 2019.
- Panelist in J. R. Pemberton (Chair): Getting Published as a Student or Early Professional: Tips from Multiple Perspectives*. Professional development panel at annual conference of the Association for Behavioral and Cognitive Therapies, Washington, DC, November 2018.
- Discussant in M. K. Bookhout (Chair): The Positive and Negative Roles of Peer Relations in Childhood Obesity*. Symposium at biannual meeting of Society for Research in Child Development, Austin, TX, April 2017.
- Chair of Messages Early Adolescents Receive About Sex: Parent, Peer, and Media Influences on Sexual Intentions and Behaviors*. Symposium at biannual meeting of Society for Research on Adolescence, Austin, TX, April 2014.

TEACHING

Instructor of Record: Undergraduate Courses

Adolescence

University of Pittsburgh: *Fall 2022 (planned) Spring 2020, Fall 2019, Spring 2019, Fall 2018,*

Spring 2018

University of Delaware: *Fall 2021, Winter 2021, Fall 2020*

Psychopathology (formerly titled Abnormal Psychology)

University of Delaware (Psychopathology), *Fall 2021*

UNC - Chapel Hill (Abnormal Psychology), *Fall 2014, Summer 2014, Summer 2013, Spring 2013, Fall 2012*

Instructor of Record: Graduate Courses

Social Development

University of Pittsburgh: *Fall 2022 (planned; co-teaching with Klaus Libertus)*

Social Influences on Adolescent Development

University of Pittsburgh, *Fall 2019*

Teaching Fellow: Graduate Courses (as Graduate Student)

Ethics and Practice in Clinical Psychology, graduate level

UNC – Chapel Hill, *Spring 2014*; Faculty Instructor: Arlane Margolis

Clinical Assessment, graduate level

UNC – Chapel Hill, *Spring 2013*; Faculty Instructor: Eric Youngstrom

MENTORING & SUPERVISION

Graduate Student Primary Advisor

Anne (Annie) Maheux, M.S: Rising 5th-year doctoral student pursuing an individualized cross-training Ph.D. in Developmental & Social Psychology (University of Pittsburgh from 2018 – 2020; University of Delaware from 2020 – 2022; returning to University of Pittsburgh in September 2022)

Savannah Roberts: Rising 4th-year doctoral student pursuing a joint Ph.D. in Clinical & Developmental Psychology (University of Pittsburgh from 2019 – 2020; University of Delaware from 2020 – 2022; returning to University of Pittsburgh in September 2022)

Claire Stout: Rising 2nd-year doctoral student pursuing a joint Ph.D. in Clinical & Developmental Psychology (University of Delaware from 2021–2022; transferring to University of Pittsburgh in June 2022)

Rachel Martino: Rising 2nd-year Ph.D. student pursuing a Ph.D. in Clinical Science (2021–2022 at University of Delaware; transferring to Harvard University in September 2022)

Post-baccalaureate Trainee Research Advisor

Brianna Ladd (2019 – 2022): *full-time lab manager*, University of Pittsburgh (2019 –2020) & University of Delaware (2020 – 2022); subsequent position: Ph.D. Student in Counseling Psychology, University of Maryland

Yiyao Zhou (2018 – 2020): *part-time research assistant*, University of Pittsburgh; subsequent position: Ph.D. Student in Counseling Psychology, Indiana University

Madelaine Romito (2017 – 2019): *part-time research assistant*, University of Pittsburgh; subsequent position: Masters Student in Counseling, Northeastern Illinois University

Chloe Bryen: (2017 – 2019): *full-time lab manager*, University of Pittsburgh; subsequent position: Ph.D. Student in Clinical Psychology, Florida State University

Emily Carrino: (2017 – 2019): *full-time lab manager*, University of Pittsburgh; subsequent position: Ph.D. Student in Clinical Psychology, University of North Carolina at Chapel Hill

Undergraduate Advisor (Directed Research & Volunteer Students)

University of Delaware:

Rmonte' Smack (2021 – 2022); received the Carrie DePasquale Award for one graduating senior

Emily Gotkiewicz (2021 – 2022); received the PSYC Research Award for one graduating senior

Madeline Kesten (2021 – 2022)

Alexa Rial (2021)

University of Pittsburgh:

Laura Boyajian (2019–2020)

Subsequent postbaccalaureate position: Research Coordinator, Drexel University

Subsequent graduate school position: Ph.D. Student in Clinical Psychology, Florida State University (beginning Fall 2022)

Haley Henry (2019–2020)

Subsequent postbaccalaureate position: Clinical Research Specialist, Duke University

Sarah Drexler (2019–2020)

Subsequent postbaccalaureate position: Research Coordinator, Drexel University

Kendra Plummer (2019–2020)

Subsequent postbaccalaureate position: Intake Coordinator, Child & Family Institute

Subsequent graduate school position: Master's Student in Mental Health Counseling, George Washington University (beginning Fall 2022)

Megan Kundra (2018–2020)

Subsequent postbaccalaureate position: Administrative Assistant, Dartmouth College Fund

Uma Balaji (2018–2020)

Subsequent postbaccalaureate position: Research Associate, Pitt Department of Psychiatry

Emma Stewart (2018–2019)

Subsequent postbaccalaureate position: Lease Analyst, JLL

Julia Friedman (2018–2019)

Subsequent postbaccalaureate position: Clinical Research Specialist, Nationwide Children's Hospital

Evelyn Zamora-Vargas (2018)

Subsequent graduate school position: Master's student, Pitt Graduate School of Public and International Affairs

Madeline Rushlau (2017–2018)

Subsequent postbaccalaureate position: Milieu therapist, Western Psychiatric Hospital

Tori Blazinski (2017–2018)

Subsequent postbaccalaureate position: Research Specialist, Pitt Department of Psychiatry

Honors Thesis Undergraduate Advisor

Emily Gotkiewicz, 2021 – 2022, University of Delaware

Graduate Student Mentor: Savannah Roberts

Laura Boyajian: 2019 – 2020, University of Pittsburgh

Graduate Student Mentor: Annie Maheux

Dissertation Committees

Isaac Cheng (Clinical Psychology Psy.D. Program, Antioch University Seattle), 2022 – Present

Rebecca Meacham (Applied Developmental Psychology Ph.D. Program, U. Pittsburgh), 2019 – 2020

Ariel Shensa (Clinical & Translational Science Ph.D. Program, U. Pittsburgh), 2019 – 2020

Comprehensive Examination Committees

Quyen Do (Clinical & Developmental Psychology, University of Pittsburgh), 2022 – Present

Orma Ravindranath (Clinical Psychology, University of Pittsburgh), 2020 – 2021

Master's Thesis Committees

Sienna Nielsen (Clinical Psychology, University of Pittsburgh), 2022 – Present

Emily Carrino (Clinical Psychology, University of North Carolina at Chapel Hill), 2021 – 2022

Christina Leckfor (Social Psychology, University of Pittsburgh), 2019 – 2020

Kirsten McKone (Clinical & Developmental Psychology, University of Pittsburgh), 2018 – 2019

Honors Thesis Committees

Laura Boyajian, 2020 (Chair, University of Pittsburgh); Jonah Buczewski, 2019 (University of Pittsburgh); Jasmine Pabla, 2019 (University of Pittsburgh); Danielle Apple, 2018 (University of Pittsburgh); Caitlin Williams, 2012 (Co-Chair, UNC); Jason Rights, 2011 (UNC); Jacqueline Bonsu, 2010 (UNC); Kelci Harris, 2010 (UNC); Ashley Mogul, 2010 (UNC)

Clinical Supervisor

Behavioral Couples Therapy Consultant (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision:* Don Baucom

Cognitive Behavioral Couples Therapy Supervisor (2014-2015). Primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina. *Supervisor of supervision:* Don Baucom

Child & Adult Psychotherapy Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting individual therapy with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

Assessment Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

Other Mentorship & Advising

Jacqueline Nesi

K23 Consultant, 2020-2025

K23 MH122669-0; Title: *Social Media Use and Mechanisms of Suicide Risk in Adolescents*

OTHER PROFESSIONAL ACTIVITIES AND SERVICE

Consulting Editor:

January 2022 – Present: *Psychology of Women Quarterly*

Editorial Board Member:

February 2022 – Present: *Body Image*

Guest Editor: 2018-2020: *Journal of Adolescence*

Special Issue: Romantic Relationships & Sexuality in Adolescence. Co-editors: Manfred van Dulmen, Graciela Espinosa-Hernandez, Daphne van de Bongardt

Ad-Hoc Peer Reviewer

Archives of Sexual Behavior

Child Development

Children & Youth Services Review

Computers in Human Behavior

Developmental Psychology

European J. of Developmental Psychology

Gender Issues

International J. of Behavioral Development

International J. of Eating Disorders

Journal of Adolescence

Journal of Adolescent Research

Journal of Applied Developmental Psychology

J. of Clinical Child & Adolescent Psychology

Journal of Child and Family Studies

Journal of Genetic Psychology

Journal of Experimental Child Psychology

Journal of Mental Health

Journal of Personality Disorders

Journal of Research on Adolescence

Pediatrics

PLOS ONE

Psychological Bulletin

Psychology of Popular Media Culture

Reinvention: A Journal of Undergraduate Research

Research on Child & Adolescent

Psychopathology (J. Abnormal Child Psych.)

Sex Roles

Social Development

Social Problems

Social Science & Medicine – Population Health

Departmental & University Service

Departmental Committee Chair & Clinical Representative, BRIDGE program (Building Roads to Inclusion and Diversity in Graduate Education), University of Delaware, 2021 – 2022

Member-at-Large, PRIDE Caucus, University of Delaware, 2020 – 2022

Founder & Faculty Advisor, LGBTQ+ Affinity Group, UD PBS Dept. 2020 – 2022

Member, Equity & Inclusion Committee, UD PBS Dept., 2020 – 2022

Founder & Faculty Advisor, LGBTQ+ Affinity Group, Pitt Psych. Dept., 2018 – 2020

Member, Psychology Equity, Inclusion, & Community Committee, Pitt Psych. Dept., 2018 – 2020

Reviewer, University of Pittsburgh Office of Research Pitt Momentum Funds Grants, 2019

Reviewer, University of Pittsburgh Clinical and Translational Science Institute Grants, 2019

Lecturer, Diversity & Prof. Issues course (clinical psych. trainees), Pitt Psych. Dept., 2019, 2020

Lecturer, Dev. Processes course (PGY-4 psychiatry residents), Pitt Psychiatry Dept., 2019, 2020

Reviewer, Western Psychiatric Institute & Clinic **Research Review Committee**, 2018, 2019

Reviewer, Western Psychiatric Institute & Clinic **pre-doc. clinical internship program**, 2016-2018

Other Service to the Field

Society for Research on Adolescence Conference Submission Reviewer, 2021

APA's Technology, Mind, & Society Conference Submission Reviewer, 2021

Elsevier Book Proposal Reviewer, 2021

National Institute for Child Health and Human Development Grant Reviewer, 2021

American Psychological Foundation Grant Reviewer, 2018, 2019, 2021, 2022

OpenStax Textbook Content Reviewer, 2020

American Psychological Association Division 7 Grant Reviewer, 2019

NSF Graduate Research Fellowship Program Reviewer, 2019

Cengage Textbook Content Reviewer, 2019

Templeton Foundation Grant Reviewer, 2019

Society for Research in Child Development Conference Submission Reviewer, 2018, 2020

Oxford University Press Book Proposal Reviewer, 2018

Professional Memberships

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 35: Society for the Psychology of Women

Section 1: Psychology of Black Women

APA Division 46: Society for Media Psychology & Technology

APA Division 53: Society of Clinical Child and Adolescent Psychology

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Psychological Science (APS)

International Academy of Sex Research (IASR)

Society for Research in Child Development (SRCD)

SRCD Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus

Society for Research on Adolescence (SRA)

Society for a Science of Clinical Psychology (SSCP)

Invited Colloquium and Seminar Series Talks at Universities

(Job talks & talks given within my own departments not listed)

North Carolina State Univ. Social & Behavioral Research Group Speaker Series, Fall 2021

Fordham University Departmental Colloquium, Fall 2021

University of North Carolina Clinical Program Colloquium, Fall 2021

University of Pittsburgh Adolescent Medicine Lecture Series, Spring 2019

Other Invited Talks

Highly-visual social media, social comparison, & body image in adolescence. Invited speaker and panelist in Children and Screens Webinar: *12 to 18: Coming of Age Online*, March 2022.

Body positivity? Understanding social media & cultural influences on young women's body image. Invited speaker for International Women's Day Event, Yale University Jackson Institute for Global Affairs, March 2022.

Teens and screens: What do we know, and what do we not know? First invited speaker for American Psychological Association's PsycScience Hour series, November 2021.

Camera-Ready: Social media use and body image among girls and women. Invited keynote speaker for University of Delaware Gamma Phi Beta's Women's Week, November 2021.

The perfect storm: Social media use and adolescent girls' body image concerns. Invited speaker at GenCyber retreat for middle school students, George Washington University, October 2021.

Social media, social comparison, and body image in adolescence. Invited speaker/discussant at Children and Screens Research Retreat, May 2021.

Anti-racist allyship: What does it look like? Invited speaker and panelist at University of Delaware Social Justice Coffee Hour, April 2021.

Camera-Ready: A developmental–sociocultural perspective on adolescents' body image in the era of social media. Invited speaker for closing plenary at Children's Hospital of Los Angeles Leadership Education in Adolescent Health Conference, April 2021.

Mental health, COVID, & faith: How do worldview and COVID-19 affect the way we think about mental health? Sponsored by Veritas. Invited speaker and panelist, April 2021.

Camera-ready: Social media, body image, and mental health in teens. Invited speaker and panelist in Children and Screens Webinar: *Picture Perfect? Teens, Media, and Social Comparison*, Nov. 2020.

Fireside chat. Invited speaker, Character Lab Convening, July 2020.

The Power of Grit and Perseverance. Panelist in forum session at the Women in Medicine & Science Forum, University of Pittsburgh, November 2018.

Gender, media, and wellbeing in adolescence. Invited Psi Chi Induction Speaker, University of Pittsburgh, November 2018.

Social media use in adolescence. Invited speaker at the Pitt Psychology Club, October 2018.

Adolescence in 90 seconds. Invited to give YouTube "flash class" for Dietrich School of Arts and Sciences, University of Pittsburgh. October 2018. www.youtube.com/watch?v=kBNiPvMKoI0

Media influences on body image, mental health, and wellbeing. Invited speaker at the UNC Women Experiencing Learning & Leadership community (W.E.L.L.), November 2014.

Eating disorders: Symptoms, impact, and misconceptions. Invited speaker at the UNC Substance-Free Living Community, October 2014.

A brief introduction to abnormal psychology and clinical psychology. Invited speaker at Hillside New Tech High School, September 2014.

Understanding peer influence of adolescent sexual risk behavior. Invited speaker at the UNC Center for AIDS Research Community Advisory Board Meeting, May 2014.

Media influences on adolescents' and young adults' body image and disordered eating. Invited speaker at the UNC Substance-Free Living Community, October 2013.

Mixed messages: Media influences on adolescents' mental health and wellbeing. Invited speaker at the Governor School, July 2013.

RECENT MEDIA COVERAGE

Techno Sapiens (2022, May). “How to talk with your kids about social media.”

<https://technosapiens.substack.com/p/howtotalktokids?s=r>

New York Times (2022, March). “For some teens, as masks come off, anxiety sets in.” By Emily

Sohn. <https://www.nytimes.com/2022/03/17/well/family/teenage-student-mask-anxiety.html>

APA Monitor on Psychology (2022, March). “How can we minimize Instagram’s harmful effects?

Psychologists’ research has shown that Instagram use is associated both with beneficial and detrimental effects—depending on how it’s used.” <https://www.apa.org/monitor/2022/2022-03-monitor.pdf>

Techno Sapiens (2022, February). “Body image and social media: An interview with Dr. Sophia

Choukas-Bradley.” <https://technosapiens.substack.com/p/body-image-and-social-media?s=r>

Delaware Public Media’s Enlighten Me (2021, October). “Can social media help teens?”. Doctoral

student Annie Maheux interviewed regarding our research on teen social media use and gratitude.

<https://www.delawarepublic.org/delaware-headlines/2021-10-01/enlighten-me-can-social-media-help-teens>

WGN-TV Morning News (WGN-9, Chicago) (2021, October). Interview regarding congressional

hearings on Facebook. Live TV interview.

TRT World (Turkish public television broadcast). (2021, July.) “Norway’s law against altered

photos”. <https://www.youtube.com/watch?v=QlXYgcRS3n0>

Huffington Post (2021, July). “Glow up, own up: Should we all be honest about photo filters?”. By

Rachel Moss. https://www.huffingtonpost.co.uk/entry/norway-law-influencer-retouching-labels_uk_60e6c0e3e4b0f28cac98e7a6

The Washington Post (2021, July). “Why experts say Norway’s retouched photo law won’t help

fight body image issues”. By Allyson Chiu. https://www.washingtonpost.com/lifestyle/wellness/photo-edit-social-media-norway/2021/07/08/f30d59ca-df2c-11eb-ae31-6b7c5c34f0d6_story.html

The Lisa Show (2021, July). “Social media likes and teenagers.” <https://www.byuradio.org/LVC-2021-07-08-Social-Media-Likes-and-Teenagers>

The Washington Post (2021, May). “Will hiding likes on Instagram and Facebook improve users’

mental health? We asked experts” (online and print editions,). By Allyson Chiu.

https://www.washingtonpost.com/lifestyle/wellness/likes-facebook-instagram-mental-health/2021/05/27/132073d0-be55-11eb-9c90-731aff7d9a0d_story.html

OTHER SELECTED MEDIA COVERAGE

Top of Mind with Julie Rose. “Measuring the effect of social media on body image” (2020, June).

<http://www.byuradio.org/episode/6e5168ca-cf9a-4ca6-be84-95068613277b/top-of-mind-with-julie-rose-why-some-democracies-have-thrived-during-covid-19-avoid-afternoon-dr-appointments-nps-dive-team?playhead=5390&autoplay=true>

Science Blog. “Study highlights fluid sexual orientation in many teens” (2019, December). <https://scienceblog.com/512398/study-highlights-fluid-sexual-orientation-in-many-teens/>

CBS Pittsburgh (KDKA). “Local psychology experts say removal of Instagram likes is ‘step in the right direction’” (2019, November). <https://pittsburgh.cbslocal.com/2019/11/21/psychology-experts-instagram-likes/>

WESA: Pittsburgh’s NPR News Station. “Pitt study finds large number of transgender teens have suicidal thoughts” (2019, October). <https://www.wesa.fm/post/pitt-study-finds-large-number-transgender-teens-have-suicidal-thoughts#stream/0>

U.S. News and World Report. “What happens when parents talk to kids frankly about sex?” (2019, July). <https://www.usnews.com/news/health-news/articles/2019-07-29/what-happens-when-parents-talk-to-kids-frankly-about-sex>

New York Times. “Talking with both daughters and sons about sex” (2017, January). <https://mobile.nytimes.com/2017/01/11/well/family/talking-about-sex-with-daughters-and-sons.html>

New York Magazine. “Internet-addled teens are worse at awkward, necessary dating conversations” (2016, July). <http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html>

Huffington Post. “The more parents talk to teens about sex, the safer their sex will be” (2015, November). http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_us_5637a6dfe4b00aa54a4eaea

TIME. “Alas, you do have to talk to your teen about sex” (2015, November). <http://time.com/4094495/alas-you-do-have-to-talk-to-your-teen-about-sex>

The Atlantic. “Sex, drugs, and pluralistic ignorance: Why smart groups do dumb things.” (2015, January). <https://www.theatlantic.com/national/archive/2015/01/sex-and-drugs-and-high-school-but-also-social-psychology/384339/>

Business Insider. “The popular crowd is having less sex and doing fewer drugs than high schoolers think.” (2015, January). <http://www.businessinsider.com/the-popular-crowd-is-having-less-sex-and-doing-less-drugs-than-high-schoolers-think-2015-1>

LINKS TO PROFESSIONAL SITES

- ◆ Lab website: <https://www.sophiachoukasbradley.com/>
- ◆ *Psychology Today* blog: <https://www.psychologytoday.com/us/blog/psychology-adolescence>
- ◆ Research Gate profile: <https://www.researchgate.net/profile/Sophia-Choukas-Bradley>
- ◆ Google Scholar profile: <https://scholar.google.com/citations?user=MtxmKhgAAAAJ&hl=en>