

SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae

University of Pittsburgh
Department of Psychology
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Pittsburgh, PA 15260

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POSITIONS

2017-Present **Assistant Professor of Psychology**
University of Pittsburgh, Department of Psychology, Pittsburgh, PA
Core Faculty Member: Developmental, Clinical, & Social Psychology Programs
Affiliated Faculty Member: Gender, Sexuality, & Women's Studies Program

EDUCATION & TRAINING

2004-2008 **A.B. in Psychology**
magna cum laude, Departmental Honors in Psychology
Brown University, Providence, RI
Honors Thesis Advisor: Jack Wright, Ph.D.
Thesis: Alternative approaches to the study of change: When syndromal assessments conflict with adults' and children's impressions of improvement

2009-2011 **M.A. in Psychology**
University of North Carolina, Chapel Hill, NC
Advisor: Mitchell Prinstein, Ph.D.
Thesis: Longitudinal associations among popularity, likeability, and drinking across the adolescent transition: A multivariate latent growth curve analysis

2009-2016 **Ph.D. in Clinical Psychology**
University of North Carolina, Chapel Hill, NC
Advisor: Mitchell Prinstein, Ph.D.
Dissertation: Examining the roles of peer norms, peer influence susceptibility, and gender in early adolescents' numbers of sexual partners over time: An innovative experimental paradigm and longitudinal study design

2015-2016 **Pre-Doctoral Clinical Internship**
Western Psychiatric Institute & Clinic
University of Pittsburgh School of Medicine, Pittsburgh, PA
Program Directors: Michele Levine, Ph.D., & Tina Goldstein, Ph.D.

2016-2017 **T32 Postdoctoral Fellowship**
University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA
Western Psychiatric Institute & Clinic
Clinical Research Training for Psychologists (MH018269-30, PI: Goldstein)
Advisor: Stephanie Stepp, Ph.D.

AWARDS & HONORS

- 2018 **APA Division 7 (Developmental Psychology) Early Career Grant**, American Psychological Association
- 2017 **Full Member**, International Academy of Sex Research
- 2015 **Martin S. Wallach Award**, for outstanding doctoral candidate in clinical psychology, University of North Carolina
- 2015 **SSCP Outstanding Student Teacher Award**, Society for a Science of Clinical Psychology
- 2014 **Letter of Commendation for Excellence in Teaching**, for student evaluations in top 10% of instructors and faculty, University of North Carolina
- 2014 **Doug Kirby Adolescent Sexual Health Research Grant**, Rural Center for AIDS/STD Prevention
- 2014 **APF Henry David Research Grant**, American Psychological Foundation
- 2014 **Psi Chi Teaching Award**, University of North Carolina
- 2014 **Rosa Swanson Award**, for creating a supportive professional environment, University of North Carolina Department of Psychology
- 2013 **Letter of Commendation for Excellence in Teaching**, University of North Carolina
- 2013 **SRA/EARA Junior Scholar**, Summer Research Training Program, Society for Research on Adolescence & European Association for Research on Adolescence, funded by the Jacobs Foundation
- 2012 **Letter of Commendation for Excellence in Teaching**, University of North Carolina
- 2008 **Muriel Fen Sher Award**, for outstanding undergraduate work in psychology, Brown University
- 2008 **Davids Book Prize**, for promise in clinical psychology, Brown University

GRANTS FUNDED

- Principal Investigator **Clinical and Translational Science Institute (CTSI) Research Initiative for Special Populations**
9/18 - 9/19
\$25,000
The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide
Clinical and Translational Science Institute, University of Pittsburgh, supported by the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program, grant UL1 TR001857.
Co-investigators: Tina Goldstein, Ph.D.; Michael Marshal, Ph.D.; Rachel Salk, Ph.D.; Brian Thoma, Ph.D.
- Principal Investigator **APA Division 7 Early Career Research Grant in Developmental Psychology**
8/18 - 8/20
\$1,000
Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology
Division 7, American Psychological Association

- Principal Investigator **University Research Council Grant: Central Research Development Fund**
8/18 - 8/20
\$17,924
Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women's Gaze Toward Social Media Images
University Research Council Foundation, University of Pittsburgh
- Co-Investigator **University Research Council Grant for Research in Diversity**
7/17 - 7/18
\$2,300
Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents
University Research Council Foundation, University of Pittsburgh
PI: Rachel Salk, Ph.D.; Co-I: Brian Thoma, Ph.D.
- Principal Investigator **Doug Kirby Adolescent Sexual Health Research Grant**
1/15 - 12/15
\$750
Peer Influences on Adolescents' Development of Sexual Behavior
Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)
- Principal Investigator **Henry David Research Grant**
6/14 - 6/15
\$1,500
Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design
American Psychological Foundation
- Co-Investigator **Center for AIDS Research Developmental Award**
7/12 - 7/13
\$20,000
Peer Influence Susceptibility and Adolescent HIV Risk Behavior
University of North Carolina Center for AIDS Research (P30 AI50410)
PI: Mitch Prinstein, Ph.D.; Co-PI: Laura Widman, Ph.D.

PUBLICATIONS

- Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (in press). Camera-ready: Young women's appearance-related social media consciousness. *Psychology of Popular Media Culture*.
- Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.,** & Stewart, J. L. (in press). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health*.
- Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (in press). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*.
<https://doi.org/10.1007/s10567-018-0261-x>
- Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (in press). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*.
<https://doi.org/10.1007/s10567-018-0262-9>

- Choukas-Bradley, S.,** Nesi, J., Widman, L., & Noar, S. M. (in press). Examining the role of self-objectification and appearance expectations in young women's indoor tanning behavior. *Sex Roles*.
- Trinh, S., & **Choukas-Bradley, S.** (2017). "No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications. *Psychology of Men and Masculinity*. <https://doi.org/10.1037/men0000113>
- Eckstrand, K. L., **Choukas-Bradley, S.,** Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience*, 27, 1-9. <https://doi.org/10.1016/j.dcn.2017.07.004>
- Widman, L., **Choukas-Bradley, S.,** Noar, S. M., Nesi, J., & Garrett, K. P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics*, 170(1), 52-61. doi: 10.1001/jamapediatrics.2015.2731
- Nesi, J., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2017). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence*, 27(2), 471-477. doi:<http://dx.doi.org/10.1111/jora.12274>.
- Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2016). Adolescent susceptibility to peer influence in sexual situations. *Journal of Adolescent Health*, 58(3), 323-329. doi:10.1016/j.jadohealth.2015.10.253
- Choukas-Bradley, S.,** Giletta, M., Cohen, G. L., & Prinstein, M. J. (2015). Peer influence, peer status, and prosocial behavior: An experimental investigation of peer socialization of adolescents' intentions to volunteer. *Journal of Youth and Adolescence*, 44(12), 2197-2210. doi:10.1007/s10964-015-0373-2
- Helms, S. W., Gallagher, M., Calhoun, C. D., **Choukas-Bradley, S.,** Dawson, G. C., & Prinstein, M. J. (2015). Intrinsic religiosity buffers the longitudinal effects of peer victimization on adolescent depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*, 44, 471-479. doi: 10.1080/15374416.2013.865195
- Choukas-Bradley, S.,** Goldberg, S. K., Widman, L., Reese, B. M., & Halpern, C. T. (2015). Demographic and developmental differences in the content and sequence of adolescents' ideal romantic relationship behaviors. *Journal of Adolescence*, 45, 112-126. doi:10.1016/j.adolescence.2015.08.019
- Higgins, M. K., **Choukas-Bradley, S.,** Crowder, E. E., & Bardone-Cone, A. M. (2015). Examining moderators of the relation between body consciousness during sexual activity and disordered eating. *Advances in Eating Disorders*. doi: <http://dx.doi.org/10.1080/21662630.2015.1081074>
- Youngstrom, E. A., **Choukas-Bradley, S.,** Calhoun, C. D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice*, 22, 20-35. doi:10.1016/j.cbpra.2013.12.005

- Choukas-Bradley, S.,** Giletta, M., Neblett, E. W., & Prinstein, M. J. (2015). Ethnic differences in associations among popularity, likeability, and trajectories of adolescents' alcohol use and frequency. *Child Development, 86*, 519-535. doi: 10.1111/cdev.12333
- Helms, S. W., **Choukas-Bradley, S.,** Widman, L., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2014). Adolescents misperceive and are influenced by high-status peers' health risk, deviant, and adaptive behavior. *Developmental Psychology, 50*, 2697-2714. doi:10.1037/a0038178
- Reese, B. M., **Choukas-Bradley, S.,** Herring, A. H., & Halpern, C. T. (2014). Correlates of adolescent and young adult sexual initiation patterns. *Perspectives on Sexual and Reproductive Health, 46*, 211-221. doi: 10.1363/46e2214
- Choukas-Bradley, S.,** Giletta, M., Widman, L., Cohen, G. L., & Prinstein, M. J. (2014). Experimentally measured susceptibility to peer influence and adolescent sexual behavior trajectories: A preliminary study. *Developmental Psychology, 50*, 2221-2227. doi:10.1037/a0037300
- Widman, L., **Choukas-Bradley, S.,** Helms, S. W., Golin, C. E., & Prinstein, M. J. (2014). Sexual communication between early adolescents and their dating partners, parents, and best friends. *Journal of Sex Research, 51*, 731-741. doi: 10.1080/00224499.2013.843148
- Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. B. (2014). Adolescent sexual health communication and condom use: A meta-analysis. *Health Psychology, 33*, 1113-1124. doi:10.1037/hea0000112
- Choukas-Bradley, S.,** & Prinstein, M. J. (2014). Peer relations and the development of psychopathology. In M. Lewis & K. D. Rudolph (Eds.), *Handbook of Developmental Psychopathology* (3rd ed.). New York: Springer.
- Rancourt, D., **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2014). An experimental examination of peers' influence on adolescent girls' intent to engage in maladaptive weight-related behaviors. *International Journal of Eating Disorders, 47*, 437-447. doi:10.1002/eat.22258
- Widman, L., Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health, 54*, 612-614. doi:10.1016/j.jadohealth.2013.12.009
- Prinstein, M. J., **Choukas-Bradley, S.,** & Guan, K. (2012). Deciding to apply and successfully gaining admission to graduate schools in psychology. In M. J. Prinstein (Ed.), *The portable mentor: Expert guide to a successful career in psychology* (2nd ed.) New York: Springer.
- Prinstein, M. J., **Choukas-Bradley, S.,** Helms, S. W., Brechwald, W. A., & Rancourt, D. (2011). High peer popularity longitudinally predicts adolescent health risk behavior, or does it? An examination of linear and quadratic associations. *Journal of Pediatric Psychology, 36*, 980-990. doi:10.1093/jpepsy/jsr053

RESEARCH PRESENTATIONS & CHAIRED SYMPOSIA

- Choukas-Bradley, S.,** Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18.* Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.

- Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and Tech: Spill-over of Adolescents' Digital Technology Use to Offline behaviors and Wellbeing*. Symposium presented at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
- Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2018, April). *Social media and self-objectification in adolescent girls and young women*. Oral presentation at the Playing with Childhood in the Twenty-First Century conference at the University of Pittsburgh, Pittsburgh, PA.
- Nesi, J., & **Choukas-Bradley, S.** (2017, October). *Social media as a unique context for adolescent sexual behavior*. Paper presented at annual meeting of American Academy of Child and Adolescent Psychiatry, Washington, DC.
- Choukas-Bradley, S.,** Hipwell, A. E., & Stepp, S. D. (2017, June). *Symptoms of depression increase girls' trajectories of sexual risk behavior from ages 14 to 18 (but not the reverse)*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.
- Choukas-Bradley, S.,** & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms*. Symposium presented at biannual meeting of Society for Research on Child Development, Austin, TX.
- Choukas-Bradley, S.** (2017, April). Discussant. In M. K. Bookhout (Chair): *The positive and negative roles of peer relations in childhood obesity*. Symposium presented at biannual meeting of Society for Research on Child Development, Austin, TX.
- Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women*. Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Rofey, D., **Choukas-Bradley, S.,** & Sequeira, G. (2016, September). *Weight concerns in transgender youth*. Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA.
- Choukas-Bradley, S.,** Hipwell, A. E., & Stepp, S. D. (2016, June). *Adolescent girls' borderline personality disorder symptoms increase rate of sexual risk behavior from ages 14 to 18*. Poster presented at annual local research conference of University of Pittsburgh Department of Psychiatry, Pittsburgh, PA.
- Choukas-Bradley, S.,** Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.

- Nesi, J., Giletta, M., **Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Trinh, S., & **Choukas-Bradley, S.** (2016, April). "No messages needed – just pats on the back": Exploring young men's reports of male and female friends' sexual communications. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- Widman, L., **Choukas-Bradley, S.**, Prinstein, M. J. (2015, August). *Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach.* Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.
- Widman, L., Noar, S. M., **Choukas-Bradley, S.**, & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis.* Paper presented at annual meeting of International Academy of Sex Research, Dubrovnik, Croatia.
- Widman, L., Nesi, J., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, April). *Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners.* Paper presented at annual meeting of Society of Behavioral Medicine, Philadelphia, PA.
- Choukas-Bradley, S.** (Chair, 2014, March). *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Chair of symposium, conducted at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Choukas-Bradley, S.**, Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Giletta, M., **Choukas-Bradley, S.**, & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors.* Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- Choukas-Bradley, S.**, Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action.* Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.
- Widman, L., **Choukas-Bradley, S.**, Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best

friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors*. Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, Washington.

Reese, B. M., **Choukas-Bradley, S.**, & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns*. Paper presented at annual meeting of Population Association of America, New Orleans, LA.

Choukas-Bradley, S., Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence*. Symposium presented at biannual meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.

Choukas-Bradley, S., Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression*. Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.

Choukas-Bradley, S., Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The moderating role of impulsivity*. Poster presented at biannual meeting of Society for Research in Child Development, Montreal, Canada.

Choukas-Bradley, S., Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories*. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Brechwald, W. A., **Choukas-Bradley, S.**, & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts*. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Choukas-Bradley, S., & Prinstein, M. J. (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity*. Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

Choukas-Bradley, S., Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C. (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context*. Poster presented at biannual meeting of Society for Research in Child Development, Denver, CO.

Choukas-Bradley, S., Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L. (2008, March). *Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth*. Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

TEACHING

Instructor of Record

Adolescence, undergraduate level

Spring 2018

University of Pittsburgh

Abnormal Psychology, undergraduate level

Fall 2014, Summer 2014, Summer 2013, Spring 2013, Fall 2012

University of North Carolina at Chapel Hill

Teaching Fellow

Ethics and Practice in Clinical Psychology, graduate level

Spring 2014

University of North Carolina at Chapel Hill

Faculty Instructor: Arlane Margolis, Ph.D.

Clinical Assessment, graduate level

Spring 2013

University of North Carolina at Chapel Hill

Faculty Instructor: Eric Youngstrom, Ph.D.

MENTORING

Undergraduate Advisor (Directed Research), University of Pittsburgh

Emma Stewart: 2018-present

Julia Friedman: 2018-present

Madeline Rushlau: 2017-present

Tori Blazinski: 2017-2018

Post-baccalaureate Trainee Research Advisor, University of Pittsburgh

Madelaine Romito: 2017-present

Yiyao Zhou: 2018-present

Honors Thesis Committees

Danielle Apple, 2018 (University of Pittsburgh)

Caitlin Williams (graduate student mentor), 2012 (University of North Carolina)

Jacqueline Bonsu, 2012 (University of North Carolina)

Kelsi Harris, 2012 (University of North Carolina)

Ashley Mogul, 2012 (University of North Carolina)

Jason Rights, 2012 (University of North Carolina)

Clinical Supervisor

Behavioral Couples Therapy Consultant (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision*: Don Baucom, Ph.D.

Cognitive Behavioral Couples Therapy Supervisor (2014-2015). Primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina Psychology Community Clinic. *Supervisor of supervision:* Don Baucom, Ph.D.

Child & Adult Psychotherapy Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting individual therapy with children and adults. University of North Carolina Psychology Community Clinic. *Supervisor of supervision:* Jennifer Kogos Youngstrom, Ph.D.

Assessment Supervisor (2012-2014). Primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina Psychology Community Clinic. *Supervisor of supervision:* Jennifer Kogos Youngstrom, Ph.D.

CLINICAL EXPERIENCE

Postdoctoral Fellow Clinician

2016-2017

Conducted long-term individual therapy and brief behavioral interventions with adults; conducted diagnostic assessments with adolescents and adults in research setting. University of Pittsburgh, Department of Psychiatry.
Supervisor: Stephanie Stepp, Ph.D.

Pre-doctoral Psychology Intern

2015-2016

Conducted individual therapy, couples therapy, group therapy, and diagnostic assessments with children and adults. University of Pittsburgh, Department of Psychiatry.
Primary Supervisor: Stephanie Stepp, Ph.D.
Directors of internship: Michele Levine, Ph.D., and Tina Goldstein, Ph.D.
Rotations completed: gender coaching for transgender adolescents; assessments of children's and adults' personality disorder symptomatology; assessments of women's perinatal psychopathology; psychotherapy in intensive outpatient program for children with OCD; psychiatric emergency room evaluations; psychotherapy in psychotic disorders inpatient unit; autism spectrum disorder diagnostic assessments; dialectical behavior therapy for women with borderline personality disorder; longitudinal individual and couples therapy in outpatient setting.

Graduate Student Clinician

2010-2015

Conducted individual, couples, family, and group therapy, as well as full diagnostic assessments, with children and adults. University of North Carolina, Departments of Psychology and Psychiatry.
Primary Supervisor: Jennifer Kogos Youngstrom, Ph.D.
Director of training program: Mitchell Prinstein, Ph.D.
Rotations completed: individual and group therapy in inpatient and outpatient eating disorders program; cognitive-behavioral couples therapy; psychodynamic psychotherapy for adults; suicide risk assessments with adolescent girls; psychotherapy in college counseling

center; parent training therapy for children with behavioral disorders; longitudinal individual and family therapy for children and adults in outpatient setting.

OTHER PROFESSIONAL ACTIVITIES AND SERVICE

Guest Editor: 2018-2019

Journal of Adolescence, Special Issue: Romantic Relationships and Sexuality in Adolescence.

Editor: Manfred van Dulmen. Co-editors: Daphne van de Bongardt, Sophia Choukas-Bradley, Graciela Espinosa- Hernandez.

Invited Ad Hoc Reviewer

Archives of Sexual Behavior

Child Development

Children & Youth Services Review

European Journal of Developmental Psychology

Gender Issues

International Journal of Behavioral Development

Journal of Adolescence

Journal of Applied Developmental Psychology

Journal of Child and Family Studies

Journal of Genetic Psychology

Journal of Experimental Child Psychology

Journal of Mental Health

Journal of Research on Adolescence

Pediatrics

Psychology of Women Quarterly

Sex Roles

Social Development

Social Problems

Social Science & Medicine – Population Health

Other Service to the Field

Reviewer, *American Psychological Foundation*

Reviewer, *Oxford University Press*

Professional Memberships

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 35: Society for the Psychology of Women

APA Division 46: Society for Media Psychology & Technology

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Psychological Science (APS)

Association for Women in Psychology (AWP)

International Academy of Sex Research (IASR)

Society for Personality and Social Psychology (SPSP)

Society for Research in Child Development (SRCD)

Society for Research on Adolescence (SRA)
Society for a Science of Clinical Psychology (SSCP)

Invited Talks

Interpersonal influences on risky behaviors in adolescence. Affective Neuroscience and Developmental Psychopathology Laboratory, University of Pittsburgh. November 2017.

Social status, social influence, and social media: Implications for adolescents' mental health and wellbeing. University of Pittsburgh Social Psychology Program Brownbag Series. November 2017.

Media influences on body image, mental health, and wellbeing. UNC W.E.L.L. (Women Experiencing Learning & Leadership community). November 2014.

Eating disorders: Symptoms, impact, and misconceptions. UNC Substance-Free Living Community. October 2014.

A brief introduction to abnormal psychology and clinical psychology. Hillside New Tech High School. September 2014.

Understanding peer influence of adolescent sexual risk behavior. UNC Center for AIDS Research Community Advisory Board Meeting. (Co-presenter: Laura Widman.) May 2014.

Media influences on adolescents' and young adults' body image and disordered eating. UNC Substance-Free Living Community. October 2013.

Mixed messages: Media influences on adolescents' mental health and wellbeing. The Governor School. July 2013.

SELECTED MEDIA COVERAGE

"Talking with both daughters and sons about sex." (2017, January 11). **New York Times**. Retrieved from <https://mobile.nytimes.com/2017/01/11/well/family/talking-about-sex-with-daughters-and-sons.html>

"Internet-addled teens are worse at awkward, necessary dating conversations." (2016, July 1). **New York Magazine**. Retrieved from <http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html>

"The more parents talk to teens about sex, the safer their sex will be." (2015, November 2). **Huffington Post**. Retrieved from http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_us_5637a6dfe4b00aa54a4e4ea

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