

Katherine A. Hails

Department of Psychology
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Education

University of Pittsburgh, Pittsburgh, PA

Doctoral Student in Clinical and Developmental Psychology

Advisor: Daniel Shaw, Ph.D.

Hamilton College, Clinton, NY

Bachelor of Arts, May 2010, *Summa cum Laude*

Major: Psychology; Minor: Hispanic Studies

Cumulative GPA: 3.88/4.0; Concentration GPA: 3.93/4.0

School for International Training (SIT), Valparaíso, Chile; February-June 2009

Field-based study abroad program with theme of Culture, Development, and Social Justice

Independent Study Project *The Psychological Repercussions and Mental Health Needs of the Victims of the*

Chilean Dictatorship: A Qualitative Evaluation of PRAIS Services chosen to be part of SIT's digital collection

Honors and Awards:

University of Pittsburgh Graduate Arts and Sciences Fellowship: 2013-2014

Phi Beta Kappa: Inducted May 2010

Sigma Xi: Inducted into the Scientific Research Society; May 2010

Psi Chi: Inducted into the Psychology National Honor Society; October 2008

Deans List: 2006-2010

NESCAC All-Academic Team: Fall 2008-Fall, 2009

US Track & Field and Cross Country Coaches Association All-Academic Team: Fall 2008

Research Experience

Pitt Parents and Children Laboratory: Pittsburgh, PA

Graduate Research Assistant (August 2014 – Present)

- Perform home assessments on children ages 9-14 and their caregivers for the Safe Keeping Youth (SKY) and Early Steps studies

PRISM Study, Boston Children's Hospital: Boston, MA

Research Assistant (June 2012 – May 2014)

- Assisted on the PRogramming of Intergenerational Stress Mechanisms (PRISM) study, which examined the pathways by which maternal trauma exposure impacts infant stress regulation and child health outcomes
- Conducted home visits with study participants (included consenting mothers, conducting interviews about the behaviors and health of their infant, and explaining infant saliva sample collection)
- Coded videos for maternal sensitivity and infant activity
- Assisted with administration of lab visit protocol, including managing audio-visual equipment and monitoring physiological data collection
- Processed and edited maternal and infant cardiac and respiratory data

Depression Clinical and Research Program, Massachusetts General Hospital: Boston, MA

Research Coordinator (June 2010 – June 2012)

- Independently managed recruitment, regulatory materials, and data collection for clinical research studies in depression, including NIH-funded and industry-sponsored studies investigating neural correlates of psychodynamic psychotherapy, group therapy treatment for suicidal ideation, culturally focused psychiatric interventions for minority patients in primary care (including interviews and assessments in Spanish), an augmentative medication treatment for anger and irritability, and a medication treatment for mixed depression
- Conducted initial screening for Major Depressive Disorder and study placement
- Performed phlebotomy and monitoring of vital signs, administered electrocardiograms and quantitative electroencephalograms
- Assisted with data management, analysis, and manuscript preparation
- Prepared Internal Review Board submissions and managed regulatory aspects of studies

Hamilton Senior Thesis in Psychology: Clinton, NY, Fall 2009 – Spring 2010*Reading with Distraction: An Eye Movement Analysis of ADHD Symptomatology in College Students*

- Performed a literature review
- Collected data from participants using an eye-tracking device
- Analyzed data
- Presented findings in thesis paper and oral presentation

Hamilton Psychology Department: Clinton, NY*Research Assistant* (Fall 2007 – Spring 2008)

- Conducted experiments for two research projects studying gender stereotypes and ADHD
- Collected and analyzed data using an eye-tracking device

Clinical Experience

Boston Children's Hospital Schoolwork Assistant Team (SWAT): Boston, MA*Tutor* (September 2012 – Present) and *Lead Tutor* (July 2013 – Present);

- Tutored hospital inpatients ages 2-18 in reading and language skills or other school subjects
- Communicated with hospital staff and patient families to determine appropriate and helpful ways to engage with children
- Scheduled and coordinated tutoring sessions and served as a liaison between tutors, hospital staff, and patient families
- Provided support and training to volunteer tutors

Horizons for Homeless Children: Somerville, MA*Volunteer, "Playspace Activity Leader"* (April 2011 – Present)

- Organized and led activities with children at Just-A-Start House, a shelter for young mothers
- Fostered healthy development through interactions and play
- Maintained communication with shelter staff

Depression Clinical and Research Program, Massachusetts General Hospital: Boston, MA*Phone Intake Interviewer* (December 2012 – Present)

- Performed initial phone screening interviews (including psychiatric and medical history) for patients interested in participating in studies on Major Depressive Disorder

The Herkimer Area Resource Center (HARC): Herkimer, NY*Intern* (Spring 2010)

- Developed, organized, and programmed a project for HARC consumers (mentally retarded adults)
- Assisted with project aimed to improve consumers' positive outlook and self-esteem

Clinton Elementary School: Clinton, NY*Volunteer* (Fall 2009 – Spring 2010)

- Performed behavioral observations for elementary school student with autism
- Researched ABA-based interventions to improve students' behavior
- Worked individually with student struggling with behavior problems

Project HOME: House of Hope and Peace: Philadelphia, PA*Volunteer* (December 2006 – January 2010)

- Assisted in program designed to help at-risk children in Philadelphia cope with grief and violence
- Led discussion groups
- Designed creative projects and activities

The Wanna Play Program: Upper Darby, PA*Intern and Summer Program Assistant* (Summer 2009)

- Assisted with social skills summer program for children with autism and other developmental disabilities
- Assessed children's progress and administered evaluations

Other Work Experience

Hamilton College Hispanic Studies Department: Clinton, NY*Teaching Assistant* (Fall 2009 – Spring 2010)

- Led weekly teaching sessions with college students in an introductory Spanish class
- Designed and implemented lesson plans and tutored students individually

Project SHINE (Students Helping in the Naturalization of Elders): Utica, NY*Volunteer* (Spring 2007 – Spring 2008) and *SHINE Intern* (Fall 2008)

- Taught English as a second language once a week in Utica, NY to immigrants and refugees
- Supervised 50 Project SHINE coaches
- Trained coaches in ESOL tutoring
- Organized events and generated publicity

BuildaBridge International: Philadelphia, PA

Create! Discovery Intern (Summer 2008)

- Performed assessments for the Create! Discovery program, which provides arts-integrated classes to children in homeless shelters in the Philadelphia area
- Developed child pre- and post-assessment materials to be used to gauge progress for BuildaBridge programs
- Designed program to instruct teachers in the implementation of assessments

Publications

Published Manuscripts:

Trinh, N.H., Hagan, P.N., Flaherty, K., Traeger, L.N., Inamori, A., Brill, C.D., **Hails, K.**, Chang, T.E., Bedoya, C.A., Fava, M., & Yeung, A. (2013). Evaluating patient acceptability of a culturally focused psychiatric consultation intervention for Latino Americans with Depression. *Journal of Immigrant and Minority Health*, October 2013.

Dording, C., LaRocca, R., **Hails, K.**, Vitolo, O., Wisniewski, S., Balasubramani, G., Trivedi, M., Fava, M., & Mischoulon, D. (2013). The effect of sildenafil on quality of life. *Annals of Clinical Psychiatry*, 25, 3-10.

Hails, K., Brill, C., Chang, T., Yeung, A., Fava, M., & Trinh, N.H. (2012). Cross-cultural aspects of depression management in primary care. *Current Psychiatry Reports*, 14, 336-344.

Yeung, A., Feldman, F., Pedrelli, P., **Hails, K.**, Fava, M., Reyes, T., & Mundt, J. (2012). The Quick Inventory of Depressive Symptomatology, clinician rated (QIDS-C) and self-report (QIDS-SR): A psychometric assessment in Chinese Americans with major depressive disorder. *Journal of Nervous and Mental Disease*, 200, 712-715.

Papakostas, G., Vitolo, O., Ishak, W., Rapaport, M., Zajecka, J., Kinrys, G., Mischoulon, D., Lipkin, S., **Hails, K.**, Abrams, J., Ward, S., Meisner, A., Schoenfeld, D., Shelton, R., Winokur, A., Okasha, M., Bari, M., & Fava, M. (2012). A 12-week, randomized, double-blind, placebo-controlled, sequential parallel comparison trial of ziprasidone as monotherapy for major depressive disorder. *Journal of Clinical Psychiatry*, 73, 1541-1547.

Yeung, A., **Hails, K.**, Chang, T., Trinh, N.H., & Fava, M. (2011). A study of the effectiveness of telepsychiatry-based culturally sensitive collaborative treatment of depressed Chinese Americans. *BMC Psychiatry*, 11, 154.

Manuscripts under Review:

Trinh, N.H., **Hails, K.**, Flaherty, K., Chang, T., Fava, M., & Yeung, A. (2014). Implementation of a culturally-focused psychiatric consultation service for Latino American and Asian American primary care patients with depression: Opportunities and challenges. Under review at *Journal of Health Care for the Poor and Underserved*.

Presentations:

Bosquet Enlow, M., **Hails, K.**, & Wright, R. (2013). The impact of mothers' trauma histories on their infants' emotional and physiological responses to stress. Poster presented at the 1st annual Boston Children's Hospital Youth Career Advancement and Networking Day, Boston, MA, 2013.

Trinh, N.H., Hagan, P.N., Flaherty, K., Traeger, L.N., Inamori, A., Brill, C., **Hails, K.**, Chang, T., Bedoya, A., Fava, M., & Yeung, A. (2013). Evaluating patient acceptability of a culturally focused psychiatric consultation intervention for Latino Americans with depression. Poster presented at the Massachusetts General Hospital Community Psychiatry Symposium and the Junior Investigators' Poster Session at the Harvard Medical School Annual Meeting in Minority Health Policy, Boston, MA, 2013.

Bedoya, C.A., Traeger, L., Trinh, N.H., Chang, T., Brill, C., **Hails, K.**, Hagan, P., Flaherty, K., & Yeung, A. (2013). Impact of a culturally-focused psychiatric consultation intervention on depressive symptoms among Latino primary care patients. Presented at the 24th annual Society of Behavioral Medicine meeting, San Francisco, CA, 2013.

Yeung, A., Feldman, F., Pedrelli, P., **Hails, K.**, Fava, M., Reyes, T., & Mundt, J. (2011). The quick inventory of depressive symptomatology, clinician rated (QIDS-C) and self-report (QIDS-SR): A psychometric assessment in Chinese Americans with major depressive disorder. Poster presented at the 51st annual NCDEU meeting, Boca Raton, FL, 2011.

Yeung, A., **Hails, K.**, Tien, Y., Chang, T., Trinh, N., & Fava, M. (2011). Under-recognition and under-treatment of depressed Chinese Americans in Primary Care. Presented at the American Psychiatric Association 2011 annual meeting, Honolulu, HI, 2011.

Additional Skills and Activities

Boston Children's Hospital Program for Research Assistant Development and Achievement (PRADA), Member:

June 2012 – May 2014, Executive Committee Member: May 2013 – May 2014

Journal of Emerging Investigators, Review Coach: July 2013 – May 2014

Hamilton College Orchestra, Flute and piccolo player: Fall 2006 – Spring 2010

Women's Varsity Cross Country, Member: Fall 2006 – Fall 2009, Captain: Fall 2009

Women's Varsity Track and Field, Member: Spring 2007 – Spring 2008

- Fluent in oral and written Spanish
- Skilled in Microsoft Word, Excel, and PowerPoint on Windows and Macintosh computer systems
- Statistical/data analysis packages: SPSS; Microsoft Access, VivoSense